



## 2021 Spring Webinar Programme for Trainers

## Supporting Trainees and Managing the Wellbeing of Yourself and Others

12:30pm—1:30pm on Monday, 19 April 2021

Facilitated by: Leona Walsh, Professional Support Manager and Dr Ian Collings, Director of Medic Professional Support and Development, Health Education and Improvement Wales

This webinar will focus on recognising and managing a variety of issues that may affect trainee's progress and practical tools to help trainers manage the wellbeing of themselves and others. The webinar will enable participants to:

- · understand the issues that may have significant impact on training progression and recognise the signs and triggers related to work/training performance
- develop skills in effective supervision of trainees with support needs including the construction of specific educational plans
- learn how to support a trainee with ill health or disability in the workplace and understand the pathways of referrals for trainees with various support needs and where to find information and resources
- · learn to recognise signs of stress, burnout and trauma and develop proactive strategies for prevention and management
- · establish positive self-care as a trainer

Click here to register

## **Providing Effective Remote / Online Teaching**

12:30pm—1:30pm on Wednesday, 26 May 2021

Facilitated by: Professor Phil Newton, Director of Learning and Teaching, Swansea University Medical School

The COVID-19 pandemic sent us all into online learning and teaching, and has likely prompted a long lasting shift wherein many more of our educational activities will be delivered remotely. This webinar will describe the evidence base for what makes effective online learning and teaching, with a focus on practical, pragmatic tips for educators. It will cover all forms of educational practise, from lecture and seminars to practical skills and assessment.

Click here to register

## **Delivering Constructive Feedback**

1:30pm—2:30pm on Tuesday, 22 June 2021

**Facilitator TBC** 

The provision of effective feedback is an essential component of the trainer role. Providing constructive feedback at an appropriate time can drive the development of individuals and spur them on to develop a desire for improvement and continuous learning. This webinar will explore why feedback is important and how to deliver it effectively.

Click here to register