

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

1.	<b>Region (Deanery) Name</b>	Health Education and Improvement Wales (HEIW)
2.	<b>Title of post Duration of post</b>	Dental Specialty Trainee (ST1) in Orthodontics University Dental Hospital, Cardiff & Prince Charles Hospital, Merthyr Tydfil Run-through (ST1-5), 40 hours per week full time. The post is nominally full time but requests for less than full time training (LTFT) would be considered.
3.	<b>Main training unit/location</b>	University Dental Hospital, Cardiff (ST1-3, 3 days per week are spent at the main training unit)
4.	<b>Rotational Post information and Duration (other sites)</b>	Prince Charles Hospital, Merthyr Tydfil (ST1-3, 2 days per week are spent at the second training site)  The location of training may change during ST4-5 but would remain within South Wales
5.	<b>Full address of all unit/s where training is based</b>	University Dental Hospital, Cardiff, CF14 4XY  Prince Charles Hospital, Merthyr Tydfil CF47 9DT
6.	<b>Travel Commitment</b>	The trainee will be required to travel between the training sites.
7.	<b>Name of Training Programme Director (TPD)</b>	Mr Graham Oliver
8.	<b>TPD Contact details</b>	<a href="mailto:Graham.oliver@wales.nhs.uk">Graham.oliver@wales.nhs.uk</a> Tel: 029 20742448 University Dental Hospital, Cardiff.
9.	<b>Description of training post including Educational Supervisor if known</b>	The training programme is offered as a 'run through' programme and will be for five years full time or equivalent pro rata duration. Specialty Trainees on a 'run-through' training programme are required to notify the Postgraduate Dental Dean of their intentions to either continue or withdraw from the programme at the end of ST3. This decision must be made and communicated with the Postgraduate Dental Dean, prior to 31st March of the ST3 year.

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

The training programme will provide structured teaching and supervised clinical experience to develop the knowledge and skills required to deliver a high standard of contemporary orthodontics.

#### ST1-3

The first 3 years of training focuses on specialist orthodontic training leading to an award of CCST in orthodontics allowing entry on the GDC specialist list.

In this post, three days per week are spent at University Dental Hospital – Cardiff and two days at Prince Charles Hospital, Merthyr Tydfil.

There are three key prerequisites for an award of a CCST in Orthodontics including:

- Satisfactory completion of the UK RCP process.
- Passing the Fellowship in Orthodontics examination hosted by the Royal College of Surgeons
- Evidence of involvement in research. See section 13.

These opportunities can be discussed with the successful applicant prior to commencing the post.

#### ST4-5

The last 2 years of training focuses on advanced orthodontic training in relation to complex multi-disciplinary cases.

Successful completion of the training programme will include satisfactory completion of the Advanced Fellowship Examination in Orthodontics.

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Please note that orthodontic training is undergoing a period of revalidation and as such there may be amendments to the above requirements.

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The Training Programme is approved by the Postgraduate Dental Dean, HEIW with advice sought from the Specialist Advisory Committee in Orthodontics. The programme will be managed by the HEIW appointed Training Programme Director (TPD) who will be

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

responsible for ensuring programme delivery and that the GDC approved specialty curriculum enables trainees to gain relevant competencies, knowledge, skills and attitudes and experience to achieve the Certificate of Completion of Specialty Training (CCST), subject to satisfactory progress.

The Programme Director is currently Mr Graham Oliver, Consultant Orthodontist at the University Dental Hospital, Cardiff. The programme is overseen by the Specialty Training Committee in Orthodontics. This post has a nominated training supervisor.

#### Staff involved in training

- Mr Graham Oliver (Training Programme Director)
- Dr Nasreen Yaqoob (Educational Supervisor)
- Mrs Sheelagh Rogers (Clinical Supervisor)
- Dr Andra Liepa (Clinical Supervisor)
- Dr Carlen Chandler (Clinical Supervisor)
- Dr Elizabeth Crawford (Clinical Supervisor)

#### University Dental Hospital (UDH)

The University Dental Hospital (UDH) is part of Cardiff & Vale University Health Board being one of the largest NHS organisations in the UK caring for the wellbeing of around 475,000 people. The UDH is situated in Cardiff just off the A48 on the site of the main University Hospital of Wales campus.

The Orthodontic department provides a Consultant led Orthodontic service for Cardiff and the Vale area in an 11-chair clinic. The department benefits from close surgical, paediatric dentistry and restorative MDT care, providing an ideal setting for the development of integrated and contemporary Orthodontics. The UDH is also recognized as a teaching centre of excellence in a wide range of clinical services. The trainee will have access to a fully equipped dental laboratory, 3D imaging, intra-oral scanners and Dolphin imaging and cephalometric software. Regular didactic teaching sessions, journal club and clinical governance meetings are held and the Speciality Trainee is expected to play an active role in preparation and presentation at these meetings. Research is a major activity within the department and international recognition has been achieved in the areas of 3D imaging Biomechanics, Systematic Reviews, Orthodontic Indices and Dental Education.

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

		<p><b>Prince Charles Hospital (PCH)</b> PCH is situated in Merthyr Tydfil just outside Cardiff. It is one of the district general hospitals in the Cwm Taf Morgannwg Health Board, with all day free parking available on site.</p> <p>Our newly built orthodontic and maxillofacial department has nine state-of-the-art surgeries. Four of these are dedicated to orthodontic treatment with brand new dental chairs installed. Trainees will have access to the latest digital technology to support patient treatments, including; multiple 3-shape intra oral scanners, Dolphin cephalometric software (including 3D planning) and Simplant. Trainees can expect to take on a range of complex cases fully supported with supervision from the consultants. Our on-site lab are keen innovators and are always keen to support and develop new ideas for patients. They use haptic arm technology and have 3D printing capabilities.</p> <p>The orthodontic team consists of two consultants, three specialty trainees (two ST1-3 (including this post) plus one ST4-5) and a specialty dentist in Orthodontics. We are supported by an excellent team of dental nurses, who are orthodontically trained. We work closely with our maxillofacial colleagues (six consultants, middle grades, registrars and DCTs) and the restorative team (one consultant, one specialist endodontist, one speciality dentist, and one dental therapist). There will be opportunities throughout training to attend joint consultant clinics for dentoalveolar cases, orthognathic surgery and restorative dentistry joint cases.</p> <p>In addition to extensive clinical opportunities, teaching experience will be readily available, with many junior trainees linked to the department. The Dental Postgraduate Centre for Central Wales is also attached to our unit which offers excellent clinical and educational facilities. We are looking forward to expanding our orthodontic team and welcome anyone who would like to visit the unit before applying.</p>	
10.	<b>Suitable for Temporary Registrant?</b>	<b>YES</b>	<b>NO</b>
11.	<b>Primary Care element Performer Number required?</b>	<b>YES</b>	<b>NO</b>

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

12.	<b>Pattern of working (including any on-call commitment if applicable)</b>	<ul style="list-style-type: none"> <li>• An indicative provisional timetable is shown in Section 17.</li> <li>• The timetable will meet the SAC requirements to include; 5 or 6 personal treatment sessions, 1 or 2 Consultant new patient clinics, 2 research sessions and 1 teaching and study.</li> <li>• There is no on-call commitment</li> </ul>
13.	<b>Educational programme Summary</b>	<ul style="list-style-type: none"> <li>• 30 days study leave annual</li> </ul>
	<b>Optional (complete if applicable):</b>	
	Research component of curriculum	<p>There are a number of options for satisfying the research component of training, including:</p> <ul style="list-style-type: none"> <li>• Route 1: Taught Clinical Masters, MRes, Doctorate or equivalent university higher degree in Orthodontics that involves an original research project undertaken during the specialty training programme; or</li> <li>• Route 2: An authored contribution normally, but not exclusively, within the speciality of orthodontics incorporating several of the above components and undertaken during the specialty training programme, based on original research, systematic review or a quality-improvement project and accepted for publication in a PubMed-listed journal; or delivered as an oral presentation by the trainee to a national or international conference; or</li> <li>• Route 3: Successful completion and approval of an NHS research ethics application undertaken during the specialty training programme with the trainee demonstrating direct involvement in the subsequent research project</li> </ul>
<b>Employment Details</b>		
14.	<b>Employer</b>	<p style="text-align: center;"><a href="#"><u>Lead Employer - NHS Wales Shared Services Partnership</u></a></p> <p style="text-align: center;"><b>SINGLE LEAD EMPLOYER (SLE) ARRANGEMENT</b></p> <p>Working as a dental specialty trainee in Wales means that you will be following a single lead employer model.</p> <p>The SLE model in Wales is a collaborative employment model, with the responsibilities of the traditional employer shared between three major stakeholders, who are:</p>

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

		<ul style="list-style-type: none"> <li>• <b>Single Lead Employer – NHS Wales Shared Services Partnership (NWSSP)</b></li> </ul> <p>Overall employment responsibility including contracts of employment, employment checks, DBS checks, pay, restrictions/exclusions and disciplinary matters. The Lead Employer itself offers a single point of contact coordinating with all stakeholders.</p> <p>For any queries relating to your employment, e.g., Pre employment checks, salary etc. please contact <a href="mailto:NWSSPSLE.Dental@wales.nhs.uk">NWSSPSLE.Dental@wales.nhs.uk</a>.</p> <p>Terms &amp; Conditions for this post are available at: <a href="#">Terms-and-Conditions-of-Service-2002-NHS-Medical-dental-staff.pdf</a></p> <p>The salary scale is available at: <a href="https://nhs.wales/files/pc-resources/md-w-01-25-pay-award-v3-pdf/?ts=1771516655568">nhs.wales/files/pc-resources/md-w-01-25-pay-award-v3-pdf/?ts=1771516655568</a> (Correct as of February 2026)</p> <p>The Relocation Policy is available at: <a href="#">Trainee Relocation Policy</a></p> <ul style="list-style-type: none"> <li>• <b>Host Organisation (University Health Board / Learning Education Provider)</b> Provides day-to-day management and supervision of training by clinical and educational supervisors.</li> <li>• <b>Health Education Improvement Wales (HEIW)</b> Responsible for the supervision of training and progress in training.</li> </ul>
15.	<b>Contact email for applicant queries referring to post</b>	<p>In the first instance contact; Graham Oliver; Training Programme Director <a href="mailto:graham.oliver@wales.nhs.uk">graham.oliver@wales.nhs.uk</a></p> <p>Alternative contact: Dr Nasreen Yaqoob; Educational Supervisor <a href="mailto:Nasreen.Yaqoob@wales.nhs.uk">Nasreen.Yaqoob@wales.nhs.uk</a></p> <p>Lucinda Isherwood; HEIW Dental Specialty Training Manager <a href="mailto:Lucinda.Isherwood2@wales.nhs.uk">Lucinda.Isherwood2@wales.nhs.uk</a></p>
16.	<b>Link to relevant webpages</b>	National Recruitment <a href="#">Orthodontics ST1   Dental Hub</a>

## DENTAL ST1 POST INFORMATION 2026/27

### Wales

		HEIW Dental <a href="#">Dental - HEIW</a> NWSSP <a href="#">Home - NHS Wales Shared Services Partnership</a>					
17.	Indicative timetable/ working pattern (may be subject to change)		<b>Mon</b> (UDH)	<b>Tues</b> (PCH)	<b>Wed</b> (PCH)	<b>Thurs</b> (UDH)	<b>Fri</b> (UDH)
		<b>AM</b>	Personal Treatment List	Consultant New Patient Clinic	Personal Treatment List	Research	Personal Treatment List
		<b>PM</b>	Research	Personal Treatment List	Personal Treatment List	Personal Treatment List	Teaching
<p><i>Please note: this timetable is indicative only and may change subject to service needs and changes to the curriculum.</i></p>							