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Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Hywel Dda University Health Board

Prince Philip Hospital, Llanelli.

Carmarthenshire

Foundation Programme Year 1 & Year 2





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Table of Contents

	Page
1. Information about the location	4
2. General Information about Prince Philip Hospital	6
3. F1 Rotations at Prince Philip Hospital	8
4. F2 Rotations at Prince Philip Hospital	10
5. F1 Placement Details Prince Philip Hospital	11
6. F2 Placement Details Prince Philip Hospital	28

Welcome to West Wales West Wales provides a wonderful lifestyle opportunity. Each of our major sites in Hywel Dda are located in coastal areas with beautiful beaches and spectacular mountains, all within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality.

Working at Hywel Dda University Health Board

Hywel Dda Health Board serves a total population of around 385,000 through the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.





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Llanelli

Llanelli is approximately 10 miles West of Swansea and 12 miles South East of Carmarthen and has a population of around 35,000.

Rugby fans will adore residing in a town which has a proud rugby tradition, and have 'Parc y Scarlets' on their doorstep. Outdoor enthusiasts will enjoy the Millennium Coastal Path and the WWT Llanelli Wetland Centre. Historic houses and castles are also within a short drive. There is a world class Nicklaus-designed golf resort on the edge of town.



Trostre Retail Park provides a modern shopping experience, comprising a wide range of high street stores and eating outlets. Llanelli town centre is also well served by a variety of high street stores and many independent shops and cafes.



For your entertainment, there is the five screen Odeon cinema and Theatre-Elli-Llanelli Entertainment Centre, which hosts a wide variety of shows. Good public transport links put events elsewhere in South Wales within easy reach.



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Prince Philip Hospital



Prince Philip Hospital is located on the outskirts of Llanelli, in easy reach of the M4 motorway and coastal relief road. The hospital is on bus routes, including a link from the railway station.

Benefiting from a new 'front of house' investment,

the hospital has an Acute Medical Assessment Unit and Minor Injuries Unit. The hospital provides comprehensive General Medicine services, Elective General Surgery, Urology and Orthopaedic services.

Trainees and Medical Students have access to a fully functioning Clinical Skills Lab. There is also a programme of simulated patient scenarios.

Prince Philip Hospital / Llanelli area has achieved excellence in:-

- The Wellness and Life Science Village at Delta Lakes, Llanelli, is part of ARCH (A Regional Collaboration for Health) in partnership with Swansea Bay University Health Board. The initiative covers the whole of South West Wales and will benefit a million people.
- A Rapid Access Lung Cancer clinic
- State of the art Breast Unit

All trainees are encouraged to participate in the Quality and Safety Agenda by undertaking Clinical Audits and Quality Improvement Projects.



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Hospital Accommodation

All Foundation Doctors in Wales are offered free hospital accommodation for the duration of their Foundation Year 1.

In the unlikely event that there is no accommodation available, there is a possibility of you being able to claim expenses.

Below we have briefly outlined the accommodation that is available within this Health Board:-

- The accommodation for Foundation doctors is sited in the designated residential blocks which are in close proximity to the hospital and Medical Education Centre.
- Single rooms are provided, but there are some flats for married accommodation which may be available to rent, subject to availability.
- Each block has flats with four bedrooms sharing a kitchen and bathroom. Some rooms have en-suite WC and showers.
- There is a carpark for residents' use on the hospital site.
- The Doctors Mess has Sky TV, Wifi and a kitchen area. There is a monthly charge to cover the facilities.

The Accommodation Officer is Aled Owen: aled.c.owen@wales.nhs.uk



F1 Rotations – Master List

August 2022 to July 2023

The Programmes we have to offer are summarised below and detailed on the following pages. There are three vacancies per Programme (A, B and C) which create the listed placement, each in a different order.

F1 posts at Prince Philip Hospital

- Posts based in Prince Philip Hospital marked in blue
- Posts based in Glangwili Hospital are marked with *
- Posts based in Hafan Derwen are marked with **

Programme	Placement 1	Placement 2	Placement 3
FP15 A	General Medicine / Gastroenterology	Emergency Medicine*	Rheumatology
FP15 B	Emergency Medicine*	Rheumatology	General Medicine / Gastroenterology
FP15 C	Rheumatology	General Medicine / Gastroenterology	Emergency Medicine*
FP16 A	General Medicine / Diabetes	Breast Surgery	General Medicine / Care of the Elderly
FP16 B	General Medicine / Care of the Elderly	General Medicine / Diabetes	Breast Surgery
FP16 C	Breast Surgery	General Medicine / Diabetes	General Medicine / Diabetes
FP17 A	General Medicine: Diabetes	General Medicine / Respiratory	Anaesthetics (with on-call at Glangwili)
FP17 B	Anaesthetics (with on-call at Glangwili)	General Medicine: Diabetes	General Medicine / Respiratory
FP17 C	General Medicine / Respiratory	Anaesthetics (with on-call at Glangwili)	General Medicine: Diabetes
FP18 A	General Medicine / Care of the Elderly	Haematology *	Emergency Medicine*
FP18 B	Emergency Medicine*	General Medicine / Care of the Elderly	Haematology*
FP18 C	Haematology*	Emergency Medicine*	General Medicine / Care of the Elderly
FP23 A	General Medicine / Respiratory	General Surgery*	Palliative Care / Haematology



FP23 B	Palliative Care / Haematology	General Medicine / Respiratory	General Surgery*
FP23 C	General Surgery*	Palliative Care / Haematology	General Medicine / Respiratory
FP06 A	Urology*	General Medicine / Care of the Elderly	General Medicine / Gastroenterology*
FP06 B	General Medicine / Gastroenterology*	Urology*	General Medicine / Care of the Elderly
FP06 C	General Medicine / Care of the Elderly	General Medicine / Gastroenterology*	Urology*
LIFT FP123 A	Minor Injuries Unit/Emergency Medicine <i>(*LIFT element with Simulation teaching 1 day/week)</i>	General Medicine/ Gastroenterology <i>(*LIFT element with SDEC 1 day/week)</i>	General Medicine/Care of the Elderly <i>(*LIFT element with SDEC 1 day/week)</i>
LIFT FP123 B	General Medicine/Care of the Elderly <i>(LIFT element with SDEC 1 day/week)</i>	Minor Injuries Unit/Emergency Medicine <i>(LIFT element with Simulation teaching 1 day/week)</i>	General Medicine/ Gastroenterology <i>(LIFT element with SDEC 1 day/week)</i>
LIFT FP123 C	General Medicine/ Gastroenterology <i>(*LIFT element with SDEC 1 day/week)</i>	General Medicine/Care of the Elderly <i>(*LIFT element with SDEC 1 day/week)</i>	Minor Injuries Unit/Emergency Medicine <i>(*LIFT element with Simulation teaching 1 day/week)</i>
LIFT FP132 A	Breast Surgery	General Medicine: Gastroenterology	General Medicine Diabetes
	<i>(*LIFT element with SDEC 1 day/week)</i>		
LIFT FP132 B	General Medicine / Diabetes	Breast Surgery	General Medicine: Gastroenterology
	<i>(*LIFT element with General Practice 1 day/week)</i>		
LIFT FP132 C	General Medicine: Gastroenterology	General Medicine / Diabetes	Breast Surgery
	<i>(*LIFT element with SDEC 1 day/week)</i>		



F2 Posts at Prince Philip Hospital

Programme	Placement 1	Placement 2	Placement 3
FP22A	General Medicine / Respiratory	GP: Llandeilo	General Medicine / Care of the Elderly
FP22B	General Medicine / Care of the Elderly	General Medicine / Respiratory	GP: Llandeilo
FP22C	GP: Llandeilo	General Medicine / Care of the Elderly	General Medicine / Respiratory
FP123A	General Medicine:	ENT*	GP: Avenue Villa Surgery
FP123B	GP: Avenue Villa Surgery	General Medicine:	ENT*
FP123C	ENT*	GP: Avenue Villa Surgery	General Medicine:
FP18A	General Medicine / Gastroenterology	Obstetrics & Gynaecology*	ENT*
FP18B	ENT*	General Medicine / Gastroenterology	Obstetrics & Gynaecology*
FP18C	Obstetrics & Gynaecology*	ENT*	General Medicine / Gastroenterology
FP21A	General Medicine / Diabetes	General Medicine / Care of the Elderly*	Emergency Medicine*
FP21B	Emergency Medicine*	General Medicine / Diabetes	General Medicine / Care of the Elderly*
FP21C	General Medicine / Care of the Elderly*	Emergency Medicine*	General Medicine / Diabetes
FP132A	Palliative Care / Haematology	Trauma & Orthopaedics*	Emergency Medicine*
FP132B	Emergency Medicine*	Palliative Care / Haematology	Trauma & Orthopaedics*
FP132C	Trauma & Orthopaedics*	Emergency Medicine*	Palliative Care / Haematology
FP23A	Psychiatry**	General Medicine/Care of the Elderly	Emergency Medicine/Minor Injuries
FP23B	Emergency Medicine/Minor Injuries	Psychiatry**	General Medicine/Care of the Elderly
FP23C	General Medicine/Care of the Elderly	Emergency Medicine/Minor Injuries	Psychiatry**

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and bandings may be amended.

Please see the Wales Foundation School website for confirmation of any changes to our Programmes.

The following posts are located at Prince Philip Hospital, Llanelli. Some rotations are at Glangwili Hospital, Carmarthen as indicated.



Placement Details F1

General Medicine / Gastroenterology	Prince Philip Hospital, Llanelli
Programmes:	FP15A
Band 2B 50%	Rota is 1:26
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Philip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly F1 Teaching Med Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Ian Rees

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP15B
Band 1A-50%	Rota is 1:3
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	Weekly



	<p>F1 teaching Emergency Department teaching – 3 hours Three hours bleep free teaching every Wednesday afternoon, 2pm – 5pm which usually consists of three one hour sessions covering the Emergency Medicine curriculum. Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors	Dr Nigel Waghorne

Rheumatology	Prince Philip Hospital, Llanelli
Programmes:	FP15C
Band 2B 50%	Rota is 1:26
<p>This post will introduce the doctor to the full range of rheumatological disorders through attending 4 outpatient clinics per week, the rheumatology day unit and seeing ward referrals with one of the 3 rheumatology consultants. There will be the opportunity to develop specialty specific procedural skills such as therapeutic intramuscular, intra-articular injections, and soft tissue injections depending on the preference of the doctor. Blood results from clinics will be the responsibility of the doctor to check daily and any unexpected abnormal results can be discussed with the clinician who last saw the patient in clinic. There will be time to become familiar with drug counselling and monitoring, pre-screening investigations for DMARDs and biologic therapies and to develop knowledge about chronic disease management. IT skills can be developed through the use of our electronic patient record and communication skills, by the doctor seeing patients in clinic and then presenting their findings to the consultant who will then see the patient with the doctor. There will be time during the week for a quality improvement activity, or case study to be done. There is an on call medical rota commitment and engagement with weekly junior doctor teaching, journal club and grand rounds will be encouraged.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds Clinics Weekly FY1 Teaching Med Meeting Grand Round Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Jayne Evans



General Medicine / Diabetes and Endocrinology	Prince Philip Hospital, Llanelli
Programmes:	FP16A
Band 2B 50%	Rota is 1:26
<p>The working day starts at 8.45 am with a Ward Round, comprising all team members and ward work / chasing results and reviewing patients. Urgent test results to be handed over to the evening team. There is opportunity to undertake Audit and Quality Improvement Projects in addition to Journal Club participation. Trainees have opportunity to attend Diabetes and Endocrine clinics. There is also opportunity to help with clinical skills training of junior staff members, nursing and medical students.</p>	
Educational Meetings:	<p>Daily Consultant/ Registrar Ward Rounds</p> <p>Weekly Med Meeting F1 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP16B
Band 2B 50%	Rota is 1:26
<p>Our team has 2 Consultants covering patients on 2 wards. These 2 wards cover general medicine, Geriatrics and Stroke care. They are shared with 2 other Consultant teams. The team consists of 2 F1 doctors, a CT level doctor and a registrar. There are a variety of learning opportunities in both the in-patient and outpatient setting. The 2 Consultants have interests in frailty, stroke and Movement disorders. There are excellent links with Swansea Medical School as Dr Haden is one of the Assessment Leads and teaching opportunities with medical students are frequent.</p>	
Educational Meetings:	<p>Daily Ward round – Twice weekly Consultant WR</p> <p>Weekly Med Meeting FY1 Teaching Grand round Department Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Andrew Haden



Breast Surgery	Prince Philip Hospital, Llanelli
Programmes:	FP16C
Band 1B 40%	Rota is 1:6 Surgical on call commitment at Glangwili General Hospital, Carmarthen
<p>The FY1 will be working in the breast unit in Prince Philip Hospital. This will comprise of patients being admitted for elective breast surgery. Most of the procedures will be for diagnosed Breast Cancer patients with a minority being related to cosmesis and benign conditions. The Junior Doctor will be expected to be in the ward by 8am and be part of the Ward Round. They will be involved in pre-assessing patients prior to the surgical procedure. They will also be expected to attend theatre to assist in the basic resection breast surgical procedures. They will attend clinics in which new patients with a breast problem are assessed.</p> <p>They will present in at least 2 journal clubs on a Thursday afternoon and complete one audit. There will be no on-call commitments related to breast surgery. The usual working day ends at 4:30pm.</p>	
Educational Meetings:	<p>Daily Consultant Ward Round Clinic</p> <p>Weekly Med Meeting FY1 Teaching Grand round Academic meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Mrs Saira Khawaja

General Medicine / Diabetes	Prince Philip Hospital, Llanelli
Programmes:	FP17A
Band 1B 40%	Rota is 1:26
<ul style="list-style-type: none"> • Duties for this post include: • Support of day to day management of inpatients • Attending consultant ward rounds • Active participation in acute take • Managing acutely unwell patients • Arranging investigations and treatment under close supervision <p>Communicating with relatives for patients discharge planning</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Med Meeting F1 Teaching</p> <p>Monthly</p>



	Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Ravi Nidumolu

Anaesthetics	Prince Philip Hospital, Llanelli
Programmes:	FP17B
Band 1B 40%	Rota is 1:6
<p>Trainees participate in on call at Glangwili Hospital, Carmarthen. A 4 month placement in ITU and Anaesthetics. The post is completely supernumerary and will be directly supervised throughout their stay with us by a Consultant Anaesthetist and/or a Middle Grade. The candidate will be exposed to day-to-day services in ITU, including admission, management of critically ill patients, exposed to various types of ventilation and invasive monitors. Also will be rotating through main theatres to be exposed to Anaesthetic Management of elective patients of various specialties in Orthopaedics, General Surgery and Breast Surgery. The candidate will be exposed to learning the airway management, induction and emergence of anaesthesia and will also be exposed to different types of pain management in recovery.</p>	
Educational Meetings:	<p>Daily Theatre ITU</p> <p>Weekly Med Meeting FY1 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Girish Nagendra

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP17C
Band 2B 50%	Rota is 1:26
<p>The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills</p>	



Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Med Meeting FY1 Teaching Grand Round Respiratory Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Jonathan Fisher-Black

General Medicine / Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP18A
Band 2B 50%	Rota is 1:26
<p>This post will provide excellent experience of a wide range of secondary care Trainees will treat mainly unselected emergency Medical problems in patients of all ages. Much of the work is in acute medicine, with a mainly unselected intake and continuity of care of many of these patients leading to a good understanding of the management of acute illness and complexity.</p> <p>Special interests include movement disorders and shared care at an acute and rehabilitation stroke unit. Basic bedside practical procedures, pharmacology and general medical ethical decision-making will all improve steadily in this post.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds / Junior Doctors Ward Rounds</p> <p>Weekly Med Meeting FY1 Teaching Grand Round Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Zena Marney

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP18B
Band 1A – 50%	Rota is 1:3



The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F1 teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly Simulation teaching
Educational & Clinical Supervisors	Dr Nigel Waghorne

Haematology	Glangwili General Hospital, Carmarthen
Programmes:	FP18C
Band 1B 40%	Rota is 1:22
The F1 doctor is part of a team which includes two consultant haematologist, an associate specialist, staff grade doctor, an F2 doctor and a haematology specialist nurse. Consultant led ward rounds occur every Monday and Thursday. The team also has responsibility for day care patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital. Procedures that can be learnt, other than the core competencies, include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.	
Educational Meetings:	Weekly Medical meeting F1 teaching. Haematology teaching Every 2 months Audit meetings Audit and quality improvement projects are strongly encouraged and supported during this post.
Educational & Clinical Supervisors:	Dr Saran Nicholas

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP23A
Band 2B 50%	Rota is 1:26
The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole	



ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills

Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Med Meeting FY1 Teaching Grand Round Respiratory Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Jonathan Fisher-Black

Haematology and Palliative Care	Prince Philip Hospital, Llanelli
Programmes:	FP23B
Band 2B 50%	Rota is 1:26
<p>Haematology: The FY1 Doctor is part of a team which includes a Consultant, Associate Specialist and FY2 Doctor. Inpatients are seen daily on a Consultant led ward round. The team also has responsibility for day case patients attending for chemotherapy, blood transfusions and blood product infusions in the chemotherapy unit and Gerontology day hospital.</p> <p>Palliative Care: The Palliative Care service includes a Consultant, Associate Specialist, Registrar and FY2 and has a 6 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients.</p> <p>There are excellent learning opportunities to gain the competencies necessary for the FY1 year. Procedures include venesections and bone marrow biopsies. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Medical Journal Club FY1 Teaching Grand Rounds Haematology teaching</p> <p>Monthly</p>



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	Whole Hospital Audit Meetings
Educational & Clinical Supervisors:	Dr Rhian Fuge

General Surgery/ Colo Rectal	Glangwili General Hospital, Carmarthen
Programmes:	FP23C
Band **2B – 50%	Rota is 1:11
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings.</p> <p>Monthly Departmental M+M</p>
Educational & Clinical Supervisors:	Mr Pawan Rao

Urology	Glangwili Hospital, Carmarthen
Programmes:	FP06A
Banding: 1B – 40%	
<ul style="list-style-type: none"> Ward rounds and presentation of new admissions 	



- Clerking of acute and elective cases
- Discharge summary letters
- Attendance for catheterisation clinics

Daily ward rounds provide F1s with excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F1 is expected to perform male and female catheterisations, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.

F1 doctors are also encouraged to attend theatre, day surgery units and MDT discussions to experience continuity of care.

Foundation doctors have regular core clinical teaching mid-day. Clinical skills teaching and simulation.

Ward work

Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	Daily: Ward rounds Weekly: F1 teaching Regular core clinical teaching
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Educational & Clinical Supervisors:	Mr Mahmood Shafi
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General Medicine / Gastroenterology	Glangwili General Hospital, Llanelli
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Programmes:	FP06B
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Band 1B 40%	Rota 1:22
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This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit



while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Medical Meeting FY1 Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Dafydd Bowen

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP06C
Band 2B 50%	Rota is 1:26
<p>Our team has 2 Consultants covering patients on 2 wards. These 2 wards cover general medicine, Geriatrics and Stroke care. They are shared with 2 other Consultant teams. The team consists of 2 F1 doctors, a CT level doctor and a registrar. There are a variety of learning opportunities in both the in-patient and outpatient setting. The 2 Consultants have interests in frailty, stroke and Movement disorders. There are excellent links with Swansea Medical School as Dr Haden is one of the Assessment Leads and teaching opportunities with medical students are frequent.</p>	
Educational Meetings:	<p>Daily Ward round – Twice weekly Consultant WR</p> <p>Weekly Med Meeting FY1 Teaching Grand round Department Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Andrew Haden

Emergency Medicine/Minor Injuries Unit (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP123 A
Banding	Unbanded



MIU the working hours run from Monday to Friday: 0830 – 1630. The F1 doctor will work as part of the twilight medical rota.

One day (2 sessions), a week, during the Minor Injury unit rotation, will be dedicated to clinical skills and simulation training. The F1 will receive an induction to teaching before facilitating clinical skills and simulation teaching for medical students on placement in PPH.

LIFT Element: The F1 will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.

Educational Meetings:	<p>Daily Ward round – Twice weekly Consultant WR</p> <p>Weekly FY1 Weekly Teaching Grand round Teaching once weekly as part of LIFT component, plus Teams teaching linked with A&E Glangwili</p>
Educational & Clinical Supervisor:	Dr Sanchia Osborn

Medicine: Gastroenterology (*LIFT Rotation)	Prince Philip Hospital
Programmes: FP/123B	F1 LIFT
Banding	Unbanded
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to be involved in the active management of a wide range of luminal and hepatology related conditions including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies.</p> <p>The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities, in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow-up, alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both upper and lower Gastrointestinal endoscopy which will include therapeutics. All trainees are expected to become competent in performing abdominal paracentesis.</p> <p>Alongside their usual ward duties, the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients when</p>	



admitted to the acute medical assessment unit (AMAU) while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

LIFT Element: Doctor will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.

Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly F1 Teaching Med Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Paul Rastall

Medicine: Care of the Elderly (*LIFT Rotation)	Prince Philip Hospital
Programmes: FP/123c	LIFT F1
Banding	Unbanded
<p>This is a 4 month placement in Geriatric& General Medicine, in a busy DGH. Trainee will be a part of (maximum) 4-member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.</p> <p>GIM/COTE Foundation post allowing development of necessary basic skills including history taking, examination, bedside practical procedures, management of complexity, frailty and special interest of Stroke. Trainees will work closely with members of multidisciplinary team with focus on communication and team working.</p> <p>There will be opportunities to get involved in QI projects, student teaching and educational activities.</p> <p>LIFT Element: Trainees will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical</p>	



procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.

Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Med Meeting F1 Teaching Grand Round COTE departmental meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Senthil Kumar

Breast Surgery (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP132A
Banding	Unbanded
<p>The FY1 will be working in the breast unit in Prince Philip Hospital. This will comprise of patients being admitted for elective breast surgery. Most of the procedures will be for diagnosed Breast Cancer patients with a minority being related to cosmesis and benign conditions. The Junior Doctor will be expected to be in the ward by 8am and be part of the Ward Round. They will be involved in pre-assessing patients prior to the surgical procedure. They will also be expected to attend theatre to assist in the basic resection breast surgical procedures. They will attend clinics in which new patients with a breast problem are assessed.</p> <p>They will present in at least 2 journal clubs on a Thursday afternoon and complete one audit. There will be no on-call commitments related to breast surgery. The usual working day ends at 4:30pm.</p>	
Educational Meetings:	<p>Daily Consultant Ward Round Clinic</p> <p>Weekly Med Meeting FY1 Teaching Grand round Academic meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Mrs Saira Khawaja



General Medicine / Diabetes and Endocrinology (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP132B
Banding	Unbanded
<p>The working day starts at 8.45 am with a Ward Round, comprising all team members and ward work / chasing results and reviewing patients. Urgent test results to be handed over to the evening team. There is opportunity to undertake Audit and Quality Improvement Projects in addition to Journal Club participation. Trainees have opportunity to attend Diabetes and Endocrine clinics. There is also opportunity to help with clinical skills training of junior staff members, nursing and medical students.</p>	
Educational Meetings:	<p>Daily Consultant/ Registrar Ward Rounds</p> <p>Weekly Med Meeting F1 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi

General Medicine / Gastroenterology	Prince Philip Hospital, Llanelli
Programmes:	FP132C
Banding TBC	On Call Rota is 1:20
<p>Duties for this post include:</p> <ul style="list-style-type: none"> • Support of day to day management of inpatients • Attending consultant ward rounds • Active participation in acute take 	



<ul style="list-style-type: none"> Managing acutely unwell patients Arranging investigations and treatment under close supervision <p>Communicating with relatives for patients discharge planning</p>	
Educational Meetings:	<p>Daily: Consultant Ward Rounds</p> <p>Weekly Medical Meeting F1 Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisor:	Dr Ben Davies

General Practice for F1 LIFT post
Programmes: FP132B
Unbanded
<p>LIFT Element: The concept behind the LIFT programme for Foundation 1 trainees is to</p> <ul style="list-style-type: none"> Be part of a primary care team for 1 day a week for the whole of their foundation Year 1. The remainder of the week will be spent in a secondary care setting Have opportunities to see a wide range of acute and chronic conditions which occur in the community and occasionally need referral to secondary care Experience undifferentiated clinical conditions Learn to deal with uncertainty in a supportive clinical environment Have a GP educational supervisor for the whole year, with regular weekly teaching via Teams or in Prince Philip Hospital. Appreciate the complexity of primary care <p>LIFT training is NOT to train or produce General Practitioners, but to give support and encouragement of the LIFT trainee to develop generic skills and provide the confidence to competently deal with common clinical conditions.</p> <p>Foundation Year 1 trainees will have the opportunity to integrate their medical school learning within a primary and secondary care setting, with an educational supervisor (as a critical friend) encouraging the trainee with their professional development in a structured manner.</p>
<p>Educational Meetings:</p> <p>Clinical activities that may be considered educational</p> <ul style="list-style-type: none"> Time spent in activities relating to work-placed based assessment and supervised learning events. Participation in clinics run by other GPs when possible – such as minor surgery lists, joint injections, chronic disease clinics <p>Non-clinical activities suited to educational sessions</p>



- Structured and planned educational activities, such as tutorials delivered in the GP practice.
- Primary care team meetings.
- Educational supervisor meetings and other educational reviews.
- Audit/QIP and research in general practice.
- Independent study.
- Case Based Discussions (CBDs) selected from outside the debrief time.
- Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community.

Supervisors:

Dr Sioned Jenkins

Same Day Emergency Care 2 X LIFT post

Programme: FP132A & C

Unbanded

LIFT Element: The F1 will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.

Educational & Clinical Supervisors:

TBC



Placement Details F2

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP22A
Band 2B 50%	Rota is 1:26
<p>The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Med Meeting FY2 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Jonathan Fisher-Black

General Medicine/Care of the Elderly	Prince Philip Hospital, Carmarthen
Programmes:	FP22B
Band 2B 50%	Rota is 1:26
<p>4-month placement in Geriatric & General Medicine, in a busy DGH. Trainee will be a part of (maximum) 4-member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and</p>	



rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.

GIM/COTE Foundation post allowing development of necessary basic skills including history taking, examination, bedside practical procedures, management of complexity, frailty, stroke and attending special interest clinics (when possible). Trainees will work closely with members of multidisciplinary team with focus on communication and team working.

There will be opportunities to get involved in QI projects, student teaching and educational activities.

Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Medical Meeting/ Journal club FY2 Teaching Grand Round COTE departmental meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Senthil Kumar

General Practice	Meddygfa Teilo, Llandeilo
Programme:	FP22C
Band 1B 40%	Rota is 1:7
<p>Consulting with patients at the surgery site, home visiting and by telephone. Engaging with the practice meetings (business, MDT, palliative care, Child protection etc) Engaging with prescribing systems including repeat prescribing. No rota'd on-call duties expected in GP.</p> <p>We are a rural training medical practice situated in the market town of Llandeilo, serving 9500 patients. We usually have 2 or 3 ST2 or 3 Trainees in practice in addition to the 6 GP partners, who are all also Educational and Clinical Supervisors. In addition we often welcome Cardiff and Swansea Medical Students. We provide a supportive learning environment, and strive to integrate the FP2 Doctor into the primary care team even though they are only with us for 4 months. Having a car is necessary as public transport links from the larger towns and cities nearby are limited. We have an induction programme and consultation times are gradually reduced depending on experience and progress. Please contact us should you require any further information or should you want an informal discussion</p>	



Educational Meetings:

Weekly tutorial session, typically with Educational Supervisor, but tailored to need/expertise. Tutorial topics suggested by trainee and agreed with Ed Sup.
Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup- may involve on-site learning, attending in-house clinics, or hospital clinics or community services.

Any other educational activities as organised by the foundation programme.

Working week:

Monday am: 2.5hr Surgery and HV

Monday pm: 2 hr surgery

Tues am: MDT meeting (8.30-10.00am) + Tutorial (10-12)

Tues pm: 2 hr surgery

Weds am: 2.5 hr Surgery + HV

Weds pm: 2 hr surgery

Thurs am: 2.5hr Surgery + HV

Thurs pm: 2 hr surgery

Fri am: 2.5hr Surgery + HV

Fri pm: SDL session

Educational & Clinical Supervisors:

Dr Gareth Richards

General Medicine:	Prince Philip Hospital, Llanelli
Programme:	FP123A
Band 2B 50%	Rota is 1:26
<ul style="list-style-type: none"> • Duties for this post include: • Support of day to day management of inpatients • Attending consultant ward rounds • Active participation in acute take • Managing acutely unwell patients • Arranging investigations and treatment under close supervision <p>Communicating with relatives for patients discharge planning</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Med Meeting F2 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	TBC



General Practice/Llanelli	Avenue Villa, Llanelli				
Programme:	FP123B				
Band 1B 40%	Rota is 1:7				
<p>Duties include primary care clinic based and procedure based where applicable such as patient assessment, review and management of both acute and long-term conditions.</p> <p>Duties and activities suited to clinical sessions</p> <ol style="list-style-type: none"> Supervised or supported consultations within the practice, with a minimum appointment length of 15 and most commonly of 20 minutes for face-to-face consultations. There will be adequate time provided for at the end of any consulting period to allow a trainee to debrief with the supervising GP. Supervised or supported home visits, nursing home visits, community hospital duties including time for debriefing, and travelling. Administrative work that directly and indirectly supports clinical care, which includes reviewing investigations and results, writing referral letters, acting upon clinical letters, preparing reports, general administration. Time spent with other members of the practice and healthcare team for the purposes of care and learning e.g. practice nurses, community nurses, nurses with a role in chronic disease management, receptionists, triage nurses, etc. Time spent with other healthcare professionals who are encountered in primary care e.g. ambulance crews, school nurses, midwives, occupational therapists, physiotherapists, counsellors, to gain a necessary understanding of working relationships within primary care. Time spent with dispensing and pharmacy professionals gaining experience in these areas, especially where a trainee might have duties that require training to be able to assist with dispensing duties, for example. 					
	Mon	Tues	Weds	Thurs	Fri
AM	SDL	Surgery	Surgery	Surgery	Surgery
Lunchtime		½ hour	½ hour	½ hour	½ hour
Lunchtime	MDT Meeting	House-calls / Review	House-calls / Review	Teaching PPH House-calls / Review	House-calls / Review
PM		Surgery	Surgery	Surgery	Surgery
	09.00 – 1.00	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30
<p>Clinical activities that may be considered educational</p> <ol style="list-style-type: none"> Time spent in activities relating to work-placed based assessment and supervised learning events. 					



2. Time spent analysing video recordings of consultations, such as Mini-CEX exercises, where time is set aside for this purpose.
3. Time spent in specialist clinics; especially where these are arranged to gain exposure to patient groups and illnesses not covered elsewhere in a trainee's programme, e.g. family planning clinics, joint injection clinics.
4. Participation in clinics run by other GPs – such as minor surgery lists, especially where direct supervision is required in the process to get formal verification of procedural competences.

Non-clinical activities suited to educational sessions

1. Locally organised educational events, e.g. foundation-specific educational programme run by the deanery or trust, including "half-day release" or "day-release" sessions.
2. Structured and planned educational activities, such as tutorials delivered in the GP practice.
3. Primary care team meetings.
4. Educational supervisor meetings and other educational reviews.
5. Audit/QIP and research in general practice.
6. Independent study.
7. Case Based Discussions (CBDs) selected from outside the debrief time.
8. Commissioning services.
9. Time spent with other professionals who deliver services that are not considered part of general medical services, such as alternative and complementary therapists.
10. Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community

Educational & Clinical Supervisors:	Dr Dai Hickman
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General Medicine/ENT	Glangwili General Hospital, Carmarthen
Programme:	FP123C
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends,</p>	



<p>with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching. F2 Study Days – 1 per rotation ENT Department teaching Teaching on ENT and urology emergencies at the start of placements to prepare for on-call commitments. On-going educational support for doctors in their daily work. Medical student teaching for students on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills. We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
Educational & Clinical Supervisors	Mr Antony Howarth

General Medicine /Gastroenterology	Prince Philip Hospital, Llanelli
Programme:	FP18A
Band 2B 50%	Rota is 1:26
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Philip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek</p>	

out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Medical Journal Club FY2 Teaching Grand Rounds Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Ian Rees

General Medicine/ENT	Glangwili General Hospital, Carmarthen
Programme:	FP18B
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical</p>	



cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged under 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.

Educational Meetings:

Weekly F1 Core Curriculum teaching.
ENT Department teaching
Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments.
On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills. We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.

Educational & Clinical Supervisors

Mr Antony Howarth

Obstetrics & Gynaecology		Glangwili General Hospital, Carmarthen
Programmes:	FP18C	
Band 2B – 50%	1 in 11 European time directive compliant Rota.	
<p>Foundation trainees are able to join the busy team at the department of Obstetrics and Gynaecology where there are 3200 maternity delivery per annum and 6000-8000 gynae referrals. There are also plenty of opportunities to gain experience in both obstetric and gynae emergencies on the Labour Ward, Antenatal/ Post Natal Ward, Gynae Ward, elective caesarean list and elective gynae theatre. There is an opportunity to attend out-patient clinics of both obstetrics and gynae and to develop clinical skills in the Specialty such as obtaining history, clinical examinations, interpreting results and to formulate management plans. There is also the chance to attend special interest clinics such as hysteroscopy, colposcopy, urodynamics, early pregnancy and antenatal day assessment unit depending on the availability.</p> <p>Foundation Doctors on call during the night are supported by the night Nurse Practitioners as well as direct Registrar supervision. Foundation Doctors attend the Ward round which are supervised by Senior team members. In addition, they have an opportunity to attend the MDT meeting and Risk Management meetings.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in</i></p>		



Carmarthenshire. This will also mean that educational and training opportunities will be maximised.

Educational Meetings:	<p>The department has an excellent teaching environment with regular departmental teaching every Wednesday afternoon. There is an opportunity to do presentations and at the same time, participate in audits and other educational activities. Weekly F2 teaching and F2s are regularly released for their foundation study days (1 per rotation). The department has Medical Students both from Cardiff and Swansea, and Foundation Doctors are encouraged to get involved with their teaching. There is monthly PROMPT training and Foundation Doctors are given the chance to attend these as well.</p>
Educational & Clinical Supervisors:	Dr Islam Abdelrahman

General Medicine / Diabetes & Endocrine	Prince Philip Hospital, Llanelli
Programme:	FP21A
Band 2B 50%	Rota is 1:26
<p>Team consists of 2 x SPR, 2 x SHO, 1 x FY2, 1FY1. Juniors are expected to turn up a little earlier in turns (8.45 am) to update the list for ward round. The doctor who comes in at 0845 can leave at 16.45. Ward round usually starts at 9 am. All members of the team attend the ward round and try to complete urgent jobs as they go around. Keep board up to date with jobs for nurses. Complete jobs after ward rounds. Continue with jobs, chase results and review patients as required until 5pm. Handover any urgent test results or unwell patients to evening SHO/SPR between 4.30pm - 5pm.</p> <p>It is expected at the beginning of the rotation or if possible before starting to express any planned annual or study leave with the team and rota co-ordinator. This will be granted as per staffing levels.</p> <p>Audit and service development ideas are welcomed in addition to the journal club participation. There is also opportunity to undertake ward-based or clinical skills lab teaching to junior staff and medical students.</p> <p>There will be an opportunity to attend diabetes and endocrine outpatient clinics if interested. On-calls as per rota with senior supervision</p> <p>On-calls as per rota with senior supervision.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds / Junior Doctors Ward Rounds</p> <p>Weekly Med Meeting</p>



	FY2 Teaching Grand Round Department Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programme:	FP21B
Band 1A – 50%	Rota is 1:5
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne

Specialty/Care of the Elderly Stroke/Parkinson's disease/Rehabilitation	Glangwili General Hospital, Carmarthen
Programmes:	FP21C
Band 2B-50%	Rota is 1:22
<p>This placement provides the trainee with an opportunity to learn the management of patients with acute stroke and their rehabilitation and it allows the opportunity to learn the management of Parkinson's disease, learn the principles of rehabilitation, and develop experience in the management of acutely ill patients presenting as an emergency. The department encourages active MDT working, which allows the trainee to develop interpersonal relationships and be an effective team player. The department will provide opportunities for diagnostic procedures and audit.</p> <p>Team consists of 1 middle grade, 3 SHO grade, 1XFY1 and 1XFY2. Foundation doctors are expected to attend ward rounds and complete jobs when the ward round finishes. They</p>	



also attend MDT meetings in the stroke and rehabilitation wards. The doctors spend 2 months of their rotation in the stroke ward and other 2 months in the rehabilitation ward.

Educational Meetings:	<p>Weekly F2 Core Curriculum teaching Medical Meeting – Monday lunchtimes These teaching sessions are in addition to teaching during ward rounds and during post take rounds. The juniors are also encouraged to attend clinics (PD, TIA, General Medical and post stroke follow up) as observers which provide further learning opportunities. The juniors have the opportunity to observe and undertake routine procedures under supervision. The trainee also has the opportunity to take part in the departmental audit activity.</p>
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Educational & Clinical Supervisors:	Dr Pagadala Sridhar
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Palliative Care/Haematology	Prince Philip Hospital, Llanelli
Programme:	FP132A
Band 2B 50%	Rota is 1:26
<p>The F2 doctor is part of a team which includes a consultant haematologist, an F1 doctor and a haematology specialist nurse. Inpatients are seen daily on a consultant led ward round. The team also has responsibility for day-case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital.</p> <p>Palliative Care: The palliative care service includes a consultant, associate specialist, registrar and F1 and has a 7 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients. There are excellent learning opportunities to gain the competencies necessary for the FY2 year. Procedures that can be learnt, other than the core competencies include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	<p>Daily Ward Rounds Weekly Med Meeting FY2 Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Helen Fielding



Emergency Medicine	Glangwili General Hospital, Carmarthen
Programme:	FP132B
Band 1A – 50%	Rota is 1:5
<p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching Emergency Department teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year</p>
Educational & Clinical Supervisors	Dr Nigel Waghorne

Trauma & Orthopaedics	Glangwili General Hospital, Carmarthen
Programmes:	FP132C
Band 1B – 40%	Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties
<p>GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching (1 hour)</p> <p>Monthly Whole Hospital Audit Meetings held regularly T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year)</p>
Educational & Clinical Supervisors	Mr Steffan Bajada



General Medicine/Cardiology	Glangwili General Hospital, Carmarthen
Programmes:	FP15A
Band 2B-50%	Rota is 1:11
<p>The F2 is an integral part of the Cardiology team in GGH, working with an F1, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.</p> <p>F2s take part in a 1:11 on-call rota where they will be on-call with either an F1 or F2 and a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.</p> <p>The F2s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.</p>	
Educational Meetings:	<p>Weekly</p> <p>F2Teaching</p> <p>Medical Dept meeting</p> <p>F2 study days (1 per rotation)</p>
Educational & Clinical Supervisors	Dr Eiry Edmunds

General Practice/Llanelli	Llwynhendy, Llanelli
Programme:	FP15B
Band 1B 40%	rota is 1:7
<ul style="list-style-type: none"> • Consulting with patients at the surgery site, home visiting and by telephone. • Working with other members of the team including GP Registrars and Pharmacist Trainees. • Engaging with the practice meetings (business, MDT, palliative care, Child protection etc). • Engaging with prescribing systems including repeat prescribing and working with the Practice Pharmacist. • Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup, with ample facilities for on-site learning and a dedicated training room with IT support. • May involve on-site learning, attending in-house clinics, or hospital clinics or community services. 	



<ul style="list-style-type: none"> It would be advantageous for applicants who apply to be able to drive and have a car. 	
Educational Meetings:	<p>Daily Surgery consultation Home Visits/Review</p> <p>Weekly FY2 Teaching MDT Meeting & Case Discussions</p> <p>Monthly Easy Access to Prince Phillip Hospital for dedicated teaching and training. FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Rachel Devonald Dr Mark Darbyshire / Dr Helen Sykes - GP Trainers

Urology	Glangwili General Hospital, Carmarthen
Programmes:	FP15C
Band 1B – 40%	Rota is 1:5
<p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision. F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly F2 teaching Departmental teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)</p>
Educational & Clinical Supervisors	Mr Mahmoud Shafii

Specialty: Old age Psychiatry	Prince Philip Hospital, Llanelli
Programme:	FP23A



Unbanded	
<p>The post is based in the South Carmarthenshire Old Age Mental Health Services which covers a population of 21,000 within the catchment area. We provide intervention for those who present with mental illness over the age of 70 years. The Unit is called Caebryn in PPH and the inpatient Ward is called Bryngolau Ward.</p> <p>The post holder will work closely with the Consultant covering the South Carmarthenshire Old Age Mental Health Services and you will be provided with a vast experience in inpatient old age ward, community and liaison old age services.</p> <p>You will be supervised daily by the Consultant/Senior colleague and will be well supported throughout your post.</p> <p>There are regular post graduate meetings on a Tuesday morning, including Balint Group and there are ample opportunities to learn about how the MDT works, opportunities for audit and case presentations and clinical governance activities. There are plenty opportunities for research working alongside your Consultant.</p> <p>You will have protected time to attend your Foundation Teaching Programmes.</p> <p>There is no on-call for this post as this is a 9-5 post, however there are opportunities to shadow the on-call Drs if so wished.</p>	
Educational Meetings:	Regular Post graduate meetings. Weekly Postgraduate Academic Programme. Fortnightly On-Call Supervision Sessions/interesting cases.
Educational & Clinical Supervisors:	Dr P.S Gopinath.

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP23B
Band	1:26 2B 50%
<p>4 month placement in Geriatric& General Medicine, in a busy DGH. Trainee will be a part of 3 - 5 (typically) member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and</p>	



rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.

GIM/COTE Foundation post allowing development of necessary core skills including history taking, examination, bedside practical procedures, management of complexity, frailty, stroke. This includes exposure to Movement Disorders Clinic, Neurovascular Clinic, Frailty Clinics and potentially Community Geriatrics. Trainees will work closely with members of multidisciplinary team with focus on communication and team working.

There will be opportunities to get involved in QI projects, student teaching and educational activities.

Educational Meetings:

- Daily**
Ward Rounds
- Weekly**
Medical Meeting/ Journal club
FY2 Teaching
Grand Round
COTE departmental meeting
- Monthly**
Whole Hospital Audit Meetings held regularly
FY2 Curriculum Teaching days

Educational & Clinical Supervisors:

Dr Mark Sheehan

Emergency Medicine/Minor Injuries Unit	Prince Philip Hospital, Llanelli
Programmes:	FP23C
Unbanded	
<p>Working hours will be a mix of 0830-1630 and 1030-1830 shifts.</p> <p>There are no weekend or night shifts in MIU but the doctor would be part of the medical on-call rota.</p> <p>MIU involves working closely with GPs, Advanced Nurse Practitioners, Emergency Nurse Practitioners and other allied health professionals in an unscheduled care setting. You will be well supported and link closely with the Same Day Emergency Care Unit and acute medical on call team in PPH.</p>	



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Educational Meetings:	There are regular educational meetings run locally covering minor injuries and remotely in Glangwili covering emergency department topics. There will be opportunities to teach via clinical skills and simulation and to partake in Quality Improvement projects and present at meetings. Weekly F2 Teaching takes place in the Medical Education centre
Educational & Clinical Supervisors:	Dr Sanchia Osborn