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WALES

Addysg a Gwella Iechyd  
Cymru (AaGIC)  
Health Education and  
Improvement Wales (HEIW)

# Hywel Dda University Health Board Foundation Programme





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## Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total population of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

## Working at Hywel Dda University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

## Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.



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## Carmarthen



Carmarthen is an attractive town set on the banks of the River Towy with stunning landscapes and scenery, nestled between Pembrokeshire and the Gower Peninsula. Explore the idyllic coastline of Carmarthen Bay in the west, the beautiful Brechfa Forest at the centre, and the mountains of Brecon Beacons National Park in the east. Discover historic towns such as Laugharne, which inspired the work of Welsh poet, Dylan Thomas and explore the beautiful National Botanic Garden of Wales.





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## Glangwili Hospital



Glangwili General Hospital, located in Carmarthen, is the largest of the four main hospitals in Hywel Dda University Health Board. The hospital provides emergency medicine, general surgery, trauma and orthopaedics and general medical services. Diagnostic and therapies, radiology, midwifery, woman and children's services are also available here.

*Glangwili hospital also provides:*

- A purpose-built Emergency Unit for emergency admissions.
- The Clinical Decisions Unit providing the highest standard of care for acutely sick patients
- A large modern Adult Critical Care Unit
- Stroke Unit with a dedicated stroke team
- Core cardiac services for the population of Carmarthenshire
- Gastrointestinal bleed services for the southern area of the University Health Board.

## **Transport Links**

Carmarthen offers excellent transport links with close proximity to the M4. There are good road and rail links to Pembrokeshire in the west and Cardiff and England to the east. For LIFT posts, there is an element where you will need to attend clinics and GP placements in rural settings. Therefore, public transport maybe limited. Having access to a vehicle is an advantage.

## **Hospital Provided Accommodation**

All Foundation Doctors in Wales are offered free hospital accommodation for the duration of their Foundation Year 1.

In the unlikely event that there is not accommodation available, you will be able to claim expenses for this period instead.

Below we have briefly outlined the accommodation that is available within this Health Board:

- The F1 doctor's accommodation is conveniently located on the Glangwili hospital site, in close proximity to the Medical Education Centre.
- All Foundation doctors have access to the Doctor's Mess which has Sky TV, Wifi, pool table and a kitchen area.
- Single rooms are provided, with some flats for married accommodation which may be available to rent, subject to availability.
- There is a carpark for residents' use on the hospital site.
- The Accommodation Officer is Anne Rice ([anne.rice@wales.nhs.uk](mailto:anne.rice@wales.nhs.uk))