

# Staff Nurse

Ann Hart

Nursing



GIG  
CYMRU  
NHS  
WALES

75

I work within the Outpatient department and assist wherever needed. It's a very diverse role covering a range of specialities such as orthopaedics, rheumatology, ophthalmology, gynaecology, podiatric, urology, paediatrics, Ears, Nose, Throat (ENT) and audiology.

I enjoy being part of an excellent team with such broad expertise and knowledge who work hard to give patients the best possible care. Every patient is individual with unique needs, all needing specialist attention.

I joined the profession in 1972 when I moved from Wales to Liverpool to undergo eye training. Following this, I completed my State Registered Nursing (SRN) in Hereford and then swapped to State Enrolled Nursing (SEN).

In 1993, having done an Open University (OP) degree in Applied Social Science and Social Policy including Criminology/Psychology, and having worked across numerous jobs, I completed further studies in Adult nursing, obtaining a Higher Diploma through Coventry. I did all of this whilst bringing up my children as well as being elected District Councillor in Leominster.

To further my studies, I completed a Higher Dip E Mental Health course in Worcester. I then decided to work in Forensics so moved to Berkshire to work as a Forensic Nurse and acting manager at Broadmoor High Secure Hospital. And I went on to complete Psychodynamic training through Birkbeck University.

In 2018, I semi-retired and went back to eye nursing at the Royal Berkshire Hospital in Reading. In 2020, I was redeployed to work on the COVID-19 wards during the first wave, at the forefront of research and then I moved to Surgical Unit and continued to work on eyes.

In December 2021 I obtained a job in Llandrindod, coming back full circle.



GIG  
CYMRU  
NHS  
WALES

Addysg a Gwella Iechyd  
Cymru (AaGIC)  
Health Education and  
Improvement Wales (HEIW)