

Consultant Clinical Psychologist

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Learning Disabilities Directorate



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75



We offer psychological interventions and promote psychologically minded services for adults with a learning disability living in Gwent.

The aspects we enjoy most about our role are:

- using creativity and person-centred approaches, no two days are the same
- meeting complexity and providing containment
- embracing diversity and vulnerability
- using relationships to gain understanding and from this, empower people
- living and working in line with our values
- making a big difference however small it may seem

We joined the profession to:

- work alongside people
- be alongside people in their vulnerability and create a feeling of belonging
- to bring justice to injustice
- to contribute
- to see people who are often not seen and to hear people who are not often heard

As a team we have been in the NHS from 5-38 years so we have a wealth of knowledge and expertise.

To us, the NHS means:

- inclusion and belonging
- community
- universality
- connection
- equality
- innovative
- caring when in need for all



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Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)