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Os nad ydych yn dymuno clywed gennym bellach, gallwch ddad-danysgrifio o'n holl ddiweddariadau.

HEIW, Ty Dysgu, Cefn Coed, Nantgarw, CF15 7QQ

Polisi preifatrwydd

Optometry Newsletter

Autumn 2024

Neidio i'r Gymraeg

HEIW Health and Social Care Peer Review on
Low Vision held 18 September 2024

The Low Vision Multi-disciplinary Peer Review event hosted by HEIW Optometry on Wednesday, 18 September 2024, was a significant success, bringing together health and social care professionals from Cardiff and Vale University Health Board. The event fostered a collaborative atmosphere where those from social and health care shared insights on managing patients through the low vision pathways.

Key Successes of the Event:

Collaborative Environment: The event created an inclusive space for professionals from social and health care to engage in discussions about real-world case scenarios related to low vision. This collaborative setting allowed attendees to share insights, address challenges, and brainstorm management and referral pathway strategies, promoting peer support, mutual learning and understanding.

Knowledge Exchange: It provided a valuable platform for the exchange of resources, up-to-date information, and professional expertise. The event successfully bridged the gap between different groups involved in supporting individuals living with sight loss, encouraging the dissemination of best practices and innovative care approaches.



[Above, presenting: Owen Williams, Director Wales Council of the Blind]

Empowerment of Practitioners: By enhancing knowledge and confidence, the event empowered both social and health care professionals to better understand the local and national support systems available for people living with sight loss. This knowledge sharing enabled participants to connect patients more effectively with the services they need, ensuring timely and appropriate support.

We are optimistic that this peer review has strengthened the collaboration among different professional groups involved in the care of individuals living with sight loss, ultimately improving their quality of life.

[Below, presenting: Stephanie Phillips, QVTI]



The peer review received an overall quality star rating of 4.89 out of 5.00 stars.



Useful links:

- [Perspectif - Wales Council of the Blind](#)
- [RNIB Wales](#)
- [SightLife](#)

Meet our new Welsh Clinical Leadership Training Fellow, Charlotte Cooper-Troth



Charlotte graduated Cardiff University in 2010 with a First Class Honours Degree in Optometry and Vision Sciences, qualifying as an Optometrist in 2011.

She has enjoyed working as a resident and locum Optometrist in both South Wales and the South-West of England, most recently working for an independent practice in the Vale of Glamorgan.

Charlotte enjoys new professional challenges, obtaining the Professional Certificate in Medical Retina in 2018, and she will be undertaking the Higher Certificate in Medical Retina in January 2025. She hopes to use these qualifications to participate in and contribute to the improvement of eye care provision in her community.

As part of her HEIW fellowship she will be undergoing leadership and management training, enrolling on the MSc Professional Practice in Health with Wrexham University.

She is really looking forward to working with the Optometry department in HEIW over the coming year to deliver a project to "Investigate the use of Artificial Intelligence to support Eye Care service provision".

Meet our Education and Training Tutor – Erica Campbell-Walker



Erica is the Training and Education Lead Tutor for Optometry at HEIW. She is an IP Optometrist with 25 years of experience in multiples, independents, and hospitals, including serving time as a director in a multiple.

She has completed Professional Certificates in Glaucoma, Low Vision, Medical Retina and Paediatric Eye Care as part of a MSc in Clinical Optometry at Cardiff University.

Erica is passionate about education and advanced clinical skills development for the optical workforce, along with identifying ways to collaborate with our Ophthalmology colleagues to deliver high quality accessible eye care for our patients. She enjoys challenges and problem-solving along with continually learning new skills.

'Vision disrupted - case discussions on AKC, recurrent erosion and blepharospasm' - Independent Prescribing Speciality Peer Review

The Independent Prescribing Speciality Peer Review 'Vision disrupted - case discussions on AKC, recurrent erosion and blepharospasm' event hosted by HEIW Optometry on Wednesday, 25 September 2024, was a significant success. The event brought together Ophthalmology and Independent Prescribing Optometrists from across South Wales, fostering a collaborative and interactive atmosphere.

Key Successes of the Event:

Collaborative Environment: The event created an inclusive space for



[Above, presenting: Ms Magdalena Popiela, Consultant Ophthalmologist]

the Optometrists to engage in discussions with Ophthalmology about real-world case scenarios related to Independent Prescribing. This collaborative setting allowed attendees to share insights, address challenges, and brainstorm management and referral pathway strategies, promoting peer support, mutual learning and understanding.

Feedback: *'Really engaging with consultants and helpful with tips for everyday practice. Loved the small groups and feedback session.'*

Knowledge Exchange: Cases were presented by Consultant Ophthalmologists Ms Magdalena Popiela and Mr Tom Betts from Vale Eye Surgeons, both received positive feedback. Having consultant ophthalmology present provided a valuable platform for the exchange of Independent Prescribing topics and professional expertise.

The event successfully bridged the gap between Optometrists and Ophthalmology in supporting patients, encouraging the dissemination of best practices and innovative care approaches.

Feedback: *'Having direct chat with experienced consultants in a small group is incredibly helpful.'*

Empowerment of Practitioners: 100% of feedback received showed that the Independent Prescribing Optometrists felt more confident in their scope of practice following this event.

We are optimistic that this peer review has strengthened the collaboration among different professional groups involved in Independent Prescribing.

The peer review received an overall quality star rating of 5.00 out of 5.00 stars.



Upcoming Events

Independent Prescribing Speciality Peer Review (Online Event)

'Vision disrupted - case discussions on AKC, recurrent erosion and blepharospasm'

HEIW Optometry invite you to attend an online Independent Prescribing

Speciality Peer Review session. We are pleased to announce Ms Magdalena Popiela and Mr Tom Betts (Consultant Ophthalmology – Cardiff and Vale University Health Board) will again present the speciality cases, for discussion with Independent Prescribing facilitators.

Wednesday 20 November 2024

18.30-20.30

BOOK YOUR PLACE

Health and Social Care Peer Review on Low Vision CTMUHB

We are pleased to provide a forum for multidisciplinary peer support, where attendees can discuss case base scenarios and potential management or solutions.

Wednesday 4 December 2024

18.00-21.00

Ty Dysgu, Nantgarw, CF15 7QQ

BOOK YOUR PLACE

Conference - 'Optometry 360'

The conference will include a wide variety of areas, including IP, clinical challenges and includes key note lectures and a choice of peer review opportunities. It will also explore the visual challenges common among

neurodivergent individuals, such as sensory processing differences, difficulties with eye tracking, and heightened light sensitivity examining strategies.

Wednesday 19 February 2025

14.00-19.30

Liberty Stadium, Swansea

BOOK YOUR PLACE

Health and Social Care Peer Review on Low Vision ABUHB

We are finalising venue details for this event, once finalised we will go out with comms / booking your place on Tractivity.

Wednesday 27 November 2024

18.00-21.00

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Any queries or WGOS training and accreditation

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