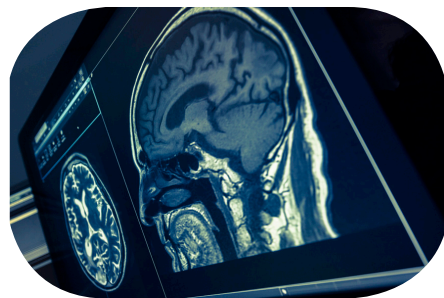




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WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

# Cardiff and Vale University Local Health Board Foundation Programme Year 2



# What makes Cardiff so great!

Cardiff is a unique city that offers all that is expected of any modern capital city, and boasts an enviable quality of life. Cardiff's residents believe it is one of the best cities in Europe to live and work in.

Compact, multicultural Cardiff dances to its own beat, with abundant cultural and historical sights, independent businesses and a friendly atmosphere. - Amy Pay, Lonely Planet Writer

Cardiff is a "city of parks" with more green space per person than any other main UK city and has been described as the epitome of cool by the Lonely Planet guide. There is a vibrant night life including the hustle and bustle of St Mary Street and the relaxed restaurants and bars of Cardiff Bay.

The City offers a mix of boutique stores found in the varied Victorian arcades coupled with larger department stores. Cardiff is home to world class venues and international events; the Principality Stadium is recognised across the world, the Sophia Gardens Stadium hosts international cricket including the Ashes and Cricket World Cup whilst the Wales Millennium Centre has established a worldwide reputation as an excellent arts and cultural venue.



Cardiff enjoys a healthy residential market, yet the cost of housing is lower than many other parts of the UK. Schools offer a high standard of education and facilities. The UHB's Accommodation Department will offer help and support to new trainees seeking to relocate to the City. Surrounded by areas of outstanding natural beauty, with the Brecon Beacons National Park, Swansea Gower Peninsula and the picturesque Vale of Glamorgan all nearby, Cardiff really does have it all.

# Why work in Cardiff & Vale UHB?

The UHB has a well-earned reputation as a centre of excellence for clinical care, medical education and research. Established in 2009, following the reorganisation of health services within Wales the UHB is one of the largest and most diverse healthcare providers in the UK. There are strong links with the Wales College of Medicine and Cardiff University.

## Working for CAV UHB

It is important to the UHB that all staff are as happy as possible with their working arrangements. Therefore there is a commitment to improving the working environment and enabling all staff to strike a healthy work-life balance.



The Social Club on the UHW site provides facilities for relaxation and exercise with gym, pool and racquet sports available. There is an active doctor's mess at both UHW and UHL, with widescreen television, comfortable seating and facilities for refreshments. Accommodation is available if required at both the UHW and UHL sites.

## The Foundation Programme in CAV UHB

The majority of foundation posts are based either at the University Hospital of Wales (UHW) or University Hospital Llandough (UHL). On both sites there are Medical Education Centres with helpful and knowledgeable staff readily available to provide support and advice throughout your Foundation years.

There is a comprehensive induction programme organised for the start of your post and the Foundation Programme Directors meet with all foundation trainees to welcome you to the UHB and ensure that you are supported at this stage of your career. There are regular opportunities for feedback and should there be any difficulties encountered during your posts it is easy to obtain help. The teaching programme has always received positive feedback and allows plenty of time for you to learn. It is designed to cover all elements of the Foundation Programme Curriculum and is continually being evaluated in order to improve the standard of education provided.



## University Hospital of Wales (UHW)

The University Hospital of Wales is a large teaching hospital situated within the city of Cardiff. Working here as a foundation trainee will enable you to learn from some of the foremost clinicians in their fields within a culture of innovation, education and research. The hospital provides secondary care to the population of North and East Cardiff and tertiary level care in nephrology, neurosciences, haematology, paediatrics and neonatology, cardiothoracics and critical care. Most of the posts are busy and provide good experience in developing clinical assessment and decision making skills within a supportive team environment.

The Medical Education Centre at UHW is based in the purpose built Cochrane Building that is also home to Cardiff University Health Library and Medical School. The Centre has excellent educational facilities and an active postgraduate education programme.



Departmental meetings are highly valued by trainees both as opportunities to learn and to gain experience in presenting their own work.

The strong links with Cardiff University mean that there are good opportunities for research and further academic development if wished. There are a number of academic foundation posts which are specifically aimed at encouraging teaching and research activity during the programme.

## University Hospital Llandough (UHL)

Located at Penarth in the Vale of Glamorgan, the University Hospital Llandough provides medical secondary care services to West Cardiff and the Vale of Glamorgan. It is also home to the Cardiff and Vale Orthopaedic Centre (CAVOC), which provides elective orthopaedic services and tertiary respiratory services including cystic fibrosis service. The hospital is supported by excellent lung physiology, state of the art thoracic radiology and pathology services. A new endoscopy unit has recently opened which provides state of the art facilities for gastroenterology endoscopic procedures and interventional respiratory medicine including advanced bronchoscopy techniques and thoracoscopy.

The Medical Education Centre at UHL houses excellent library and educational facilities with an active postgraduate education programme and newly developed “simulation” suite.



## Rookwood

Rookwood Hospital is situated in Llandaff in North Cardiff; approximately 2 miles from the University Hospital of Wales. The site has been used for over 100 years; after WW1 it was converted from a convalescent home into a rehabilitation hospital for paraplegic servicemen. The Welsh spinal injuries rehabilitation centre, regional neuro rehabilitation unit, Artificial Limb and Appliance Service, The Electronic Assistive Technology Service, Headway (brain injury charity), South Wales Mobility and Driving Assessment Service and several specialist neurology outpatient clinics (e.g. Multiple sclerosis, Motor neuron disease, Dementia, Parkinson's ) as well as some out-patient gerontology services are based at Rookwood Hospital.



## Barry Community Hospital & St Davids Hospital

Barry Community Hospital was opened in 1995 it provides a minor injuries unit, in-patient care and community services including clinics, day hospitals, radiology and phlebotomy services.



St Davids Hospital was opened in 2002 and is based in the Canton area of Cardiff. There are in-patient facilities for older people, community children's services and a variety of specialist clinics.

# Rotations

August 2021 - July 2022

- Rotation 1:** Emergency Medicine - Cardiology - Respiratory Medicine
- Rotation 2:** General Medicine/Stroke - Emergency Medicine - General Medicine/Gastroenterology
- Rotation 3:** Neurology - General Medicine/Geriatrics - Obstetrics & Gynaecology
- Rotation 4:** General Practice - General Surgery/Upper GI - Pharmacology & Therapeutics
- Rotation 5:** General Practice - Renal Medicine - Cardiology
- Rotation 6:** Acute & General Medicine - Obstetrics & Gynaecology - General Medicine/Geriatrics
- Rotation 7:** Neurological Rehabilitation & Neurosciences - Anaesthetics - General Medicine/Geriatrics
- Rotation 8:** Obstetrics & Gynaecology - ENT - Community Paediatrics
- Rotation 9:** Orthopaedic Surgery - General Surgery/HPB - Emergency Medicine
- Rotation 10:** General Surgery/Endocrine - Respiratory Medicine - Emergency Medicine
- Rotation 11:** Orthopaedic Surgery - General Medicine/Diabetes & Endocrine - Emergency Medicine
- Rotation 12:** General Paediatrics - Emergency Medicine - General Surgery/Vascular
- Rotation 13:** Anaesthetics - General Surgery/Colorectal - General Practice

- Rotation 14:** General Practice - Obstetrics & Gynaecology - General Surgery/Vascular
- Rotation 15:** General Psychiatry - General Medicine/Diabetes & Endocrinology - Orthopaedic Surgery
- Rotation 16:** General Adult Psychiatry - Haematology - Cardiac Surgery
- Rotation 17:** Dermatology - Cardiology - General Surgery/Colorectal
- Rotation 18:** General Surgery/Vascular - Acute Medicine - Urology
- Rotation 19:** Orthopaedic Surgery - General Surgery/Colorectal - Renal Medicine
- Rotation 20:** Orthopaedic Surgery - General Surgery/Breast - General Paediatrics
- Rotation 21:** Obstetrics & Gynaecology - ENT - Emergency Medicine
- Rotation 110 - Academic:** Emergency Medicine - Microbiology/Infectious Diseases - Intensive Care Medicine
- Rotation 111 - Academic:** Nephrology - Emergency Medicine - Anaesthetics

### **Important Information**

The following post descriptions and banding are based primarily on previous designations and are provided to help guide and inform applicants. It does not form part of an employment contract.

If we are aware of changes in advance we will endeavour to ensure this is reflected in the information provided.

**Posts do change at short notice and banding may have been amended. We are therefore not able to guarantee the information.**

ROTATION 1		Educational Meetings
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr K Nakirikanti</b> Clinical Supervisors <b>All EU Consultants</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be a limited amount of night and out of hours working.</p> <p>The environment promotes judicious use of diagnostic acumen and investigations.</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.</p> <p><b>Daily teaching</b>, 12:00 weekdays. Structured <b>EU teaching</b> every 2 weeks.</p> <p>Monthly <b>Q&amp;S Meeting</b>, Wednesday am, including M&amp;M.</p>
<b>Cardiology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr R Wheeler</b> Clinical Supervisors <b>Dr R Wheeler &amp; Cardiology Colleagues</b>	<p>The Cardiology department at UHW is a busy secondary care cardiology centre for Cardiff &amp; Vale and a tertiary referral centre for SE Wales. The post is based on the cardiology wards and Coronary Care Unit. You will join a team consisting of consultants, cardiology registrars, nurse practitioners and specialist nurses. You will be in a supportive environment with a daily board round on each ward and twice daily consultant led ward rounds on CCU. The focus will be on the management of acute cardiology conditions.</p> <p>We encourage F2s to avail of all teaching, service improvement and research opportunity this large cardiology teaching centre has to offer.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>ECG Teaching</b>, Tuesday am. Monthly Cardiology <b>M&amp;M / QI</b></p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.</p>
<b>Respiratory Medicine</b> University Hospital of Wales (On-calls in University Hospital Llandough) <a href="#">Band 1B</a>  Educational Supervisor <b>Prof B Hope-Gill</b> UHW Clinical Supervisors <b>Prof B Hope-Gill, Dr S Barry, Dr K Pink, Dr A Buttress, Dr A Whittaker &amp; Dr D Parry</b>	<p>The post is based on ward B7 at UHW with on-call in UHL. B7 role includes the inpatient care of a broad range of respiratory &amp; general medicine cases. Particular experience in managing non-invasive ventilation can be obtained in the ward-based acute NIV Unit in addition to ITU stepdown patients; including patients with tracheostomies. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance &amp; potentially chest drain insertion.</p> <p>The post would suit somebody who would thrive in a busy clinical environment with a high turnover of patients and is keen to gain experience of managing patients with high levels of acuity.</p> <p>On-calls are in UHL with supervision by the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Medicine</b> at 13:00 Mondays.</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.</p> <p><b>Respiratory radiology</b> meeting, Tuesday 12:45 weekly.</p> <p><b>Departmental teaching</b>, Friday 12:30 weekly.</p>



## Return to Rotations

ROTATION 2		Educational Meetings
<b>General Medicine/Stroke</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr T Hughes</b> Clinical Supervisors <b>Dr T Hughes &amp; Dr H Shetty</b>	<p>Based on the acute stroke unit in UHW, this post provides experience in acute stroke assessment and management. On-calls are on the acute general medicine rota.</p> <p>There are daily ward rounds on the acute stroke unit and a dedicated multi-professional team.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Departmental Quality and Safety Meetings</b> (monthly).  <b>All Wales Stroke Meeting</b>, 14:30 on Wednesdays.</p>
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr D Thomas</b> Clinical Supervisors <b>All EU Consultants</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be a limited amount of night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations.</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Daily teaching</b>, 12:00 weekdays.  <b>Structured EU teaching</b> every 2 weeks.  <b>Monthly Q&amp;S Meeting</b>, Wednesday morning, including M&amp;M.</p>
<b>General Medicine/Gastroenterology</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Dr J Turner</b> Clinical Supervisors <b>Dr J Turner, Dr C Tibbatts &amp; Dr R Ramaraj</b>	<p>This post provides inpatient care to patients with a broad range of general medical and gastrointestinal conditions (including IBD, liver disease). The ward includes a short stay bed to support admissions for complex endoscopy procedures (national referral centre), day case procedures and specialist infusions. There is opportunity to gain experience in specialist as well as the core practical procedures (e.g. ascitic tap and paracentesis). There is also the option to observe endoscopy lists and outpatient clinics.</p> <p>In addition to the FP posts there is a clinical fellow and two registrars. On-calls are undertaken at Llandough Hospital and supervised by the acute and on-call consultants.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Radiology meeting</b> Monday 12.30.  <b>MEAU Teaching</b> Wednesday 12:00.  <b>Departmental meeting</b> on Friday 12:45.</p>

ROTATION 3		Educational Meetings
<b>Neurology</b> Rookwood (On-calls in University Hospital of Wales) <a href="#">Band 2B</a>  Educational Supervisor <b>Dr S Shanbhag</b> Clinical Supervisors <b>Dr S Shanbhag &amp; Dr S Kolli</b>	<p>This post is based at the Welsh spinal rehabilitation centre. There are 26 spinal rehabilitation beds supported by two full time consultants, a specialist registrar in Rehabilitation Medicine, staff grade doctor and two foundation programme doctors.</p> <p>Training opportunities include community services for enablement of patients with disability and to participate in patient education programmes and lead Goal planning meetings. Also on site is the neuro rehabilitation unit with 20 beds, supported by two part time neurologists, one part time Rehabilitation Medicine consultant, clinical fellow, neurology specialist registrar (rotating) and a foundation doctor.</p> <p>On-call duties are in UHW on the neurosciences rota.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly Thursday pm <b>Neurology case</b> presentations.  Monthly Grand rounds on <b>spinal &amp; brain injury rehabilitation</b>.  Monthly Neuroscience <b>QI meetings</b>.</p>
<b>General Medicine/Geriatrics</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Prof M Stone</b> Clinical Supervisor <b>Prof M Stone</b>	<p>This post covers patients on two different wards: 14 patients on an acute care of the elderly ward also providing rehabilitation after the acute illness has resolved; 10 patients on an acute medical ward (known as “FRaME”) focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. The team is composed of one Consultant, SpR, F2 and F1.</p> <p>We also look after any patients who remain on the Enhanced Care Unit after the medical intake day (1:19). Opportunity to attend specialised metabolic bone disease clinic.</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHL Grand round</b> (monthly).  <b>Departmental Teaching</b> Thursday Lunchtime.  <b>Medicine</b> Teaching Wednesday 12:00 – 13:00.  <b>Quality and Safety</b> Meetings.</p>
<b>Obstetrics &amp; Gynaecology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr A Griffiths</b> Clinical Supervisor <b>Mr A Griffiths</b>	<p>This post provides training in Obstetrics &amp; Gynaecology. The F2 will be first on call for Gynaecology and maternity assessment units and admissions, supported by registrar for emergency stream and a consultant. The role also involves cover of Gynaecology wards with a range of early pregnancy, acute Gynaecological problems along with pre and post-operative patients.</p> <p>There is the opportunity to assist in theatre and attend clinics. The F2 will have opportunities to develop procedural skills. On-call is based in UHW and does not include overnight duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  Monthly <b>departmental M&amp;M/QI</b>.  <b>Departmental teaching</b>, Wednesday &amp; Friday.</p>

## Return to Rotations

ROTATION 4		Educational Meetings
<b>General Practice</b> <a href="#">Unbanded</a>  Educational Supervisor <b>TBC</b> Clinical Supervisor <b>TBC</b>	<p>The F2 will be supported to develop an understanding of primary care systems and services. Opportunities will include your own consultations. Primary care services such as women's and child health and liaison with other members of the primary care team and secondary care colleagues.</p> <p>Trainees will attend house calls.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Internal training opportunities.</p>
<b>General Surgery/Upper GI</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Prof W Lewis</b> Clinical Supervisor <b>Prof W Lewis</b>	<p>The F2 is responsible for managing acute admissions on A2 and A1 Link. The post develops organisational as well as clinical skills. This is a busy post with additional days leave incorporated in the rota (European Working Time Directive Days).</p> <p>On-call is part of the general surgical rota</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Monthly General Surgery Q&amp;S</b> meeting.</p>
<b>Pharmacology &amp; Therapeutics</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Dr J Coulson</b> Clinical Supervisors <b>Dr L George, Dr N Agarwal, Dr J Platts, Dr M Evans, Dr J Coulson &amp; Dr A Thomas</b>	<p>This is an excellent opportunity to experience clinical pharmacology and toxicology in a tertiary center, working under the supervision of consultants internationally recognised within the field.</p> <p>This post-holder is responsible for eight beds on Gwenwyn ward, the regional poisons centre, and fifteen general medical beds. General medicine clinical supervision is undertaken by both Clinical Pharmacology and Diabetes and Endocrine consultants in rotation.</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Medicine Teaching</b> Wednesday 12:00 – 13:00.  <b>UHL Grand Round</b> Monthly Friday Lunchtime.</p>

ROTATION 5		Educational Meetings
<b>General Practice</b> Four Elms Medical Centre <a href="#">Unbanded</a>  Educational Supervisor <b>Dr M Guilford or Dr L Grigg</b> Clinical Supervisor <b>Dr M Guilford, Dr L Grigg &amp; Colleagues</b>	<p>The F2 will be supported to develop an understanding of primary care systems and services. Opportunities will include your own consultations. Primary care services such as women's and child health and liaison with other members of the primary care team and secondary care colleagues.</p> <p>Trainees will attend house calls.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>One <b>Self Directed Learning</b> session  <b>Weekly GP Tutorial</b></p>
<b>Renal Medicine</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr M Davies</b> Clinical Supervisors <b>Nephrology Consultants</b>	<p>F2s will work as part of a medical team that includes a Consultant, SpR and CMT. Together with nursing and allied health professionals, this team provides care to patients with renal disease from South East Wales. The majority of renal patients have multisystem complaints including sepsis, respiratory, cardiovascular, urological, rheumatological and autoimmune disorders. In addition to acute emergencies, trainees gain experience in managing patients who face difficult end-of-life-decisions.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>renal F2 teaching</b> on B5, Tuesday lunchtime.  <b>Monthly renal emergency simulation</b> training, Tuesday at 11:30.  <b>UHW Grand Round</b> at 12:45, Wednesday.            Weekly Journal Club, Friday am.</p>
<b>Cardiology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Prof Z Yousef</b> Clinical Supervisor <b>Prof Z Yousef &amp; Cardiology Colleagues</b>	<p>The Cardiology department at UHW is a busy secondary care cardiology centre for Cardiff &amp; Vale and a tertiary referral centre for SE Wales. The post is based on the cardiology wards and Coronary Care Unit. You will join a team consisting of consultants, cardiology registrars, nurse practitioners and specialist nurses. You will be in a supportive environment with daily board round on each ward and twice daily consultant led ward rounds on CCU. The focus will be on the management of acute cardiology conditions.</p> <p>We encourage F2s to avail of all teaching, service improvement and research opportunities this large cardiology teaching centre has to offer.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>ECG Teaching</b> Tuesday morning  <b>UHW Grand Round</b> at 12:45, Wednesday.            Monthly <b>Cardiology M&amp;M/QI</b>.</p>



## Return to Rotations

ROTATION 6		Educational Meetings
<b>Acute &amp; General Medicine</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr M Choudhury</b> Clinical Supervisors <b>Dr M Choudhury &amp; Colleagues</b>	<p>Based on ward A1N. The ward is focused on patients with a broad range of acute medical conditions that are anticipated to have relatively short hospital stays. There are daily ward rounds and frequent contacts with medical sub-specialist teams.</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Medicine</b> at 13:00, Monday.  <b>Quality and Safety</b> Meetings (bi-monthly).</p>
<b>Obstetrics &amp; Gynaecology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr R Howells</b> Clinical Supervisor <b>Mr R Howells</b>	<p>This post provides training in Obstetrics &amp; Gynaecology. The F2 will be first on call for Gynaecology and maternity assessment units and admissions, supported by registrar for emergency stream and a consultant. The role also involves cover of Gynaecology wards with a range of early pregnancy, acute gynaecological problems along with pre and post-operative patients. There is the opportunity to assist in theatre and attend clinics. The F2 will have opportunity to develop procedural skills.</p> <p>On-call is based in UHW and does not include overnight duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.            Monthly <b>departmental M&amp;M/QI</b>.  <b>Departmental teaching</b>, Wednesday &amp; Friday.</p>
<b>General Medicine/Geriatrics</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Dr P Gupta</b> Clinical Supervisors <b>Dr P Gupta &amp; Dr S Fernandez</b>	<p>This post is based on two wards in Geriatric medicine caring for 31 patients in total including patients on “FRaME” ward focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input.</p> <p>Team is composed of two consultants, SpR, F1 and F2. We also provide medical cover for patients on ECU admitted on the take (max 4 beds).</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Medicine teaching</b>, MAU on Wednesday 12:00 – 13:00.            Weekly <b>Gerontology teaching</b>, Thursdays 12:45-14:00.  <b>UHL Grand Round</b> Monthly Friday Lunchtime.</p>

ROTATION 7		Educational Meetings
<b>Neurological Rehabilitation &amp; Neurosciences</b> Rookwood (On-calls in University Hospital of Wales) <a href="#">Band 2B</a>  Educational Supervisor <b>Dr A Lowman</b> Clinical Supervisors <b>Dr A Lowman &amp; Dr E Marsh</b>	<p>In this F2 post, you will be part of a large MDT working on the Specialist Regional Neurological Rehabilitation Unit on ward 7. There are 20 beds for patients with acquired brain injury. We cover the whole spectrum of brain injury from walking wounded to severely disabled and a variety of diagnoses including TBI, intracerebral haemorrhage, CNS infections and inflammatory diseases. There is also the opportunity to attend OPD clinics and in-reach in UHW.</p> <p>Out of Hours you are part of the Neurosciences rota, covering Neurology and Neurosurgery. There is also the opportunity to participate in undergraduate teaching.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Neurosciences Academic</b> Meetings, UHW.  Monthly <b>Quality and Safety</b> Meetings.</p>
<b>Anaesthetics</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr S Voisey</b> Clinical Supervisors <b>Anaesthetic Department</b>	<p>F2s get the opportunity to attend theatres and to develop practical skills related to anaesthetics. There is close support from senior colleagues and regular training opportunities. F2s will develop core clinical skills during this post.</p> <p>On-call is as part of the hospital at night (surgical) team.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p>
<b>General Medicine/Geriatrics</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr T Ahmed</b> Clinical Supervisors <b>Dr T Ahmed &amp; Dr S Lewis</b>	<p>This post is on the Older Persons Short Stay Unit. OPSSU is a fantastic opportunity to gain experience in the acute care of older people. It is a 19 bedded ward with wide case-mix.</p> <p>We aim to provide a comprehensive geriatric assessment, working closely with other members of the multi-disciplinary team. We provide daily board rounds followed by senior-led ward rounds.</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Gerontology</b> at 13:00 Friday.  <b>Medicine</b> at 13:00 Monday.  <b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Quality and Safety</b> Meetings (bi-monthly).</p>

## Return to Rotations

ROTATION 8		Educational Meetings
<b>Obstetrics &amp; Gynaecology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr A Darbhamulla</b> Clinical Supervisors <b>Dr A Darbhamulla</b>	<p>This post provides training in Obstetrics &amp; Gynaecology. The doctor will be first on call for Gynaecology and maternity assessment units and admissions, supported by registrar for emergency stream and a consultant. The role also involves cover of Gynaecology wards with a range of early pregnancy, acute Gynaecological problems along with pre and post-operative patients. There is the opportunity to assist in theatre and attend clinics. The F2 will have opportunities to develop procedural skills.</p> <p>On-call is based in UHW and does not include overnight duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Monthly departmental M&amp;M/QI.</b>  <b>Departmental teaching</b>, Wednesday &amp; Friday.</p>
<b>ENT</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr B Stew</b> Clinical Supervisor <b>Mr B Stew</b>	<p>The F2 will experience a wide range of paediatric and adult presentations to ENT, from minor complaints such as nasal foreign bodies to complex life-threatening airway presentations. The F2 will be based on A5N, which is the head and neck surgical ward at UHW. The team includes two Foundation doctors, one GP trainee and a CT2.</p> <p>Trainees will run casualty clinics, attend theatre and be part of variable but often busy on call. There are daily consultant ward rounds and plenty of appetite for teaching and quality improvement work.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Weekly postgraduate ENT Teaching</b> programme.  <b>Quality &amp; Safety/M&amp;M</b> Meetings.</p>
<b>Community Paediatrics</b> University Hospital Llandough <a href="#">Unbanded</a>  Educational Supervisor <b>Dr N John</b> Clinical Supervisor <b>Dr N John</b>	<p>This post offers a wide variety of training options in community paediatrics. Transport &amp; Multi-site working is an essential requirement.</p> <p>The F2 will spend the first month developing an appreciation of the services provided and the skills of the professionals making up the community services. The timetable is flexible but trainees need to organise their weekly timetable to ensure training opportunities are maximised. Services covered include dedicated clinics and special services (e.g. special schools). F2s will be supported to complete appropriate projects.</p> <p>The post will develop widely transferable skills including personal development.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Neurodevelopment</b>, 1<sup>st</sup> Monday monthly.  <b>MDT meetings</b>, 3<sup>rd</sup> Monday monthly.  <b>Child protection</b>, daily teaching (shadowing on-call).  <b>Child protection peer review</b>, 4<sup>th</sup> Monday monthly.  <b>Child Sexual abuse teaching</b>, bi-monthly.  <b>Registrar teaching</b>, weekly.</p>

ROTATION 9		Educational Meetings
<b>Orthopaedic Surgery</b> University Hospital Llandough <a href="#">Band 2B</a>  Educational Supervisor <b>Mr A John</b> Clinical Supervisors <b>Mr A John</b>	<p>The doctor will work alongside a team of consultants in CAVOC (Cardiff and Vale Orthopaedic Centre). Clinical work will be supporting F2s, Registrars and Consultants in the provision of elective orthopaedic care. Routine tasks are supported by nursing colleagues with extended role.</p> <p>On-call is in UHL and includes cover for other surgical specialties.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).
<b>General Surgery/HPB</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr D O'Reilly</b> Clinical Supervisors <b>Mr D O'Reilly</b>	<p>You will be based with the liver unit, which manages a mixture of complex tertiary referral cases and a large volume of emergency general surgery. The F2 is responsible for managing surgical admissions. The post develops organisational as well as clinical skills. There are many opportunities to get operative experience. The F2 is well supported in the firm. This is a busy post with additional days' leave incorporated in the rota (European Working Time Directive Days).</p> <p>On-call is part of the general surgical rota.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>UHW Grand Round</b> at 12:45, Wednesday. <b>Monthly General Surgery Q&amp;S</b> meeting.
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr M Al-Mudhaffar</b> Clinical Supervisor <b>Dr M Al-Mudhaffar</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>Daily teaching</b> , 12:00 weekdays. <b>Structured EU teaching</b> , fortnightly. <b>Monthly Q&amp;S/M&amp;M meeting</b> , Wednesday am.



## Return to Rotations

ROTATION 10		Educational Meetings
<b>General Surgery/Endocrine</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Mr M Stechman</b> Clinical Supervisor <b>Mr M Stechman</b>	<p>Based predominantly at UHW for inpatients and endocrine surgery (ward A2, A1Link and Short Stay Surgical Unit), there is the opportunity to attend weekly day surgery operating lists at UHL. The F2 in endocrine and general surgery is encouraged to attend clinics, to learn fine needle aspiration for thyroid lumps, assist in complex endocrine and day surgery as well as working within the team to manage elective and emergency general surgery in patients.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Q&amp;S meeting</b>, monthly (Foundation Drs are encouraged to present).  <b>UHW Grand Round</b> at 12:45, Wednesday.</p>
<b>Respiratory Medicine</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Dr H Davies</b> Clinical Supervisor <b>Dr H Davies</b>	<p>The post is based in UHL; role includes the inpatient care of a broad range of respiratory &amp; general medicine cases.</p> <p>There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance &amp; potentially chest drain insertion and to attend a weekly dedicated pleural clinic and lung cancer an interstitial lung disease MDTs.</p> <p>On-calls are supervised by the acute and on-call physicians.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Medicine Teaching</b>, Wednesday 12:00 – 13:00.  <b>Radiology</b>, Wednesday 13:00 – 14:00.  <b>UHL Journal Club</b>, Friday morning.  <b>UHL Grand Round</b> Monthly Friday Lunchtime.</p>
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr D Thomas</b> Clinical Supervisors <b>EU Consultants</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations.</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Daily teaching</b>, 12pm weekdays.  <b>Structured EU teaching</b>, fortnightly.  <b>Monthly Q&amp;S/M&amp;M meeting</b>, Wednesday morning.</p>

ROTATION 11		Educational Meetings
<b>Orthopaedic Surgery</b> University Hospital Llandough <a href="#">Band 2B</a>  Educational Supervisor <b>Mr S Jones</b> Clinical Supervisor <b>Mr S Jones</b>	<p>The F2 will work alongside a team of consultants in CAVOC (Cardiff and Vale Orthopaedic Centre). Clinical work will be supporting F2s, Registrars and Consultants in the provision of elective orthopaedic care. Routine tasks are supported by nursing colleagues with extended role.</p> <p>On-call is in UHL and includes cover for other surgical specialties.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).
<b>General Medicine/Diabetes &amp; Endocrinology</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr V Eligar</b> Clinical Supervisor <b>Dr V Eligar</b>	<p>Based in the medical decisions unit this post gives opportunities to see a variety of acute medical presentations. The ward has a relatively short stay. There are opportunities to attend diabetes and endocrinology clinics at times.</p> <p>On-call is part of the acute medical intake and supervised by acute and on-call generalist and specialist physicians.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>Medicine</b> at 13:00, Mondays. <b>UHW Grand Round</b> at 12:45, Wednesday. <b>Quality and Safety</b> Meetings, bi-monthly.
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr M Al-Mudhaffar</b> Clinical Supervisor <b>Dr M Al-Mudhaffar</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations.</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>Daily teaching</b> , 12:00 weekdays. <b>Structured EU teaching</b> , fortnightly. Monthly <b>Q&amp;S/M&amp;M</b> meeting, Wednesday am.

## Return to Rotations

ROTATION 12		Educational Meetings
<b>General Paediatrics</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr J Te Water Naude</b> Clinical Supervisors <b>Paediatric Consultants</b>	<p>The Children's Hospital F2 post provides an excellent opportunity to gain clinical and academic experience of Paediatrics. F2 posts form part of the tier one rota and have an opportunity to experience general paediatrics in a busy tertiary centre. A range of clinical skills will be gained on this four month placement that will be of benefit for multiple specialities. This post is well supported by senior colleagues and trainees are encouraged to get involved in teaching, QIP work and other projects. The department is supportive of trainees undertaking exams, additional qualifications and higher degrees.</p> <p>The rota has fixed annual leave to ensure everyone is able to take their full leave.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Radiology &amp; Microbiology</b> teaching sessions, Monday lunchtime.  <b>Sim Training</b>, Tuesday pm.  <b>Paediatrics Teaching</b>, Thursday lunchtime.  <b>Journal Club</b>, Wednesday 15:30.  <b>Case Presentation</b>, Friday lunchtime.</p>
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr J Morgan</b> Clinical Supervisor <b>Dr J Morgan</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations.</p> <p>Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Daily teaching</b>, 12:00 weekdays.            Structured <b>EU teaching</b> every 2 weeks.            Monthly <b>Q&amp;S Meeting</b>, Wednesday am, including M&amp;M.</p>
<b>General Surgery/Vascular</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr I Williams</b> Clinical Supervisor <b>Mr I Williams</b>	<p>The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors.</p> <p>There are ample opportunities to attend theatre and out-patient clinics. On-call is part of the general surgical intake.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>AAA and Vascular</b> MDT weekly.  <b>Quality and Safety</b> Meetings, monthly.</p>

ROTATION 13		Educational Meetings
<b>Anaesthetics</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr S Voisey</b> Clinical Supervisors <b>Anaesthetic Department</b>	<p>F2s get the opportunity to attend theaters and to develop practical skills related to anaesthetics. There is close support from senior colleagues and regular training opportunities. F2s will develop core clinical skills during this post.</p> <p>On-call is as part of the hospital at night (surgical) team.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).
<b>General Surgery/Colorectal</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Miss R Hargest</b> Clinical Supervisors <b>Miss R Hargest, Mr LM Davies, Mr M Davies &amp; Mr C Morris</b>	<p>This post is based at UHW with on-call for general surgery, and elective commitments in colorectal surgery. Busy post dealing with interesting, in-patients referred from across Wales. Emphasis on holistic care of the “acutely ill surgical patient”.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>UHW Grand Round</b> at 12:45, Wednesday. <b>MDT sessions</b> for: Intestinal failure, Colorectal cancer, IBD, Radiology, Anal Cancer. <b>Teaching rounds</b> by Miss Hargest.
<b>General Practice</b> <a href="#">Unbanded</a>  Educational Supervisor <b>TBC</b> Clinical Supervisor <b>TBC</b>	<p>F2s will be supported to develop an understanding of primary care systems and services. Opportunities will include your own consultations. Primary care services such as women’s and child health and liaison with other members of the primary care team and secondary care colleagues.</p> <p>F2s will attend house calls.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  Internal training opportunities.



## Return to Rotations

ROTATION 14		Educational Meetings
<b>General Practice</b> Llanedeyrn Health Centre Unbanded  Educational Supervisor <b>Dr A Faulkner</b> Clinical Supervisor <b>Dr A Faulkner</b>	<p>F2s will be supported to develop an understanding of primary care systems and services. Opportunities will include your own consultations. Primary care services such as women's and child health and liaison with other members of the primary care team and secondary care colleagues.</p> <p>F2s will attend house calls.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Internal training opportunities.</p>
<b>Obstetrics &amp; Gynaecology</b> University Hospital of Wales Band 2B  Educational Supervisor <b>Mrs A Sinha</b> Clinical Supervisor <b>Mrs A Sinha</b>	<p>This post provides training in Obstetrics &amp; Gynaecology. The F2 will be first on call for Gynaecology and maternity assessment units and admissions, supported by registrar for emergency stream and a consultant. The role also involves cover of Gynaecology wards with a range of early pregnancy, acute Gynaecological problems along with pre and post-operative patients.</p> <p>There is the opportunity to assist in theatre and attend clinics. The F2 will have opportunities to develop procedural skills.</p> <p>On-call is based in UHW and does not include overnight duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  Monthly <b>departmental M&amp;M/QI</b>.  <b>Departmental teaching</b>, Wednesday &amp; Friday.</p>
<b>General Surgery/Vascular</b> University Hospital of Wales Band 1B  Educational Supervisor <b>Miss S Hill</b> Clinical Supervisor <b>Miss S Hill</b>	<p>The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors. There are ample opportunities to attend theatre and out-patient clinics.</p> <p>On-call is part of the general surgical intake.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>AAA and Vascular</b> MDT weekly.  <b>Quality and Safety</b> Meetings, monthly.</p>

ROTATION 15		Educational Meetings
<b>General Psychiatry</b> University Hospital Llandough Unbanded  Educational Supervisor <b>Dr I Jurewicz</b> Clinical Supervisor <b>Dr I Jurewicz</b>	<p>A post with good variety of experience in community psychiatry, eating disorders and acute in-patient psychiatry.</p> <p>The F2 will work with excellent MDT in Pentwyn CMHT and see variety of cases in clinic. A period on assessment ward in Hafan Y Coed will allow to develop skills in acute psychiatry. An opportunity to develop holistic approach in medicine with consideration of physical and psychological factors.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).
<b>General Medicine/Diabetes &amp; Endocrinology</b> University Hospital Llandough Band 1B  Educational Supervisor <b>Dr L George</b> Clinical Supervisors <b>Dr L George, Dr N Agarwal, Dr J Platts, Dr M Evans, Dr J Coulson, &amp; Dr A Thomas</b>	<p>General medicine supervision is undertaken by both Diabetes and Endocrinology and Clinical Pharmacology consultants. The F2 is responsible for fifteen general medical beds, and eight beds on Gwenwyn ward, the regional poisons centre.</p> <p>There are rotational periods on-call/ward-cover &amp; on the acute assessment unit under supervision of the acute and on-call physicians.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  <b>Medicine Teaching</b> , Wednesday 12:00 – 13:00. Monthly <b>UHL Grand Rounds</b> , Friday lunchtime.
<b>Orthopaedic Surgery</b> University Hospital Llandough Band 2B  Educational Supervisor <b>Mr C Wilson</b> Clinical Supervisor <b>Mr C Wilson</b>	<p>The F2 will work alongside a team of consultants in CAVOC (Cardiff and Vale Orthopaedic Centre). Clinical work will be supporting F2s, Registrars and Consultants in the provision of elective orthopaedic care. Routine tasks are supported by nursing colleagues with extended role.</p> <p>On-call is in UHL and includes cover for other surgical specialties.</p>	<b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).  Monthly <b>UHL Grand Rounds</b> , Friday lunchtime.

## Return to Rotations

ROTATION 16		Educational Meetings
<p><b>General Adult Psychiatry</b> University Hospital Llandough (Hafan y Coed Unit) &amp; Gabalfa Community Mental Health Team <a href="#">Unbanded</a></p> <p>Educational Supervisor <b>Dr A Cutinha</b> Clinical Supervisors <b>Dr A Cutinha &amp; General Adult Psychiatry colleagues</b></p>	<p>The post is based at Gabalfa CMHT, Willow Ward &amp; 2 weeks on the Crisis Assessment Unit, HYC unit, UHL. Gabalfa CMHT consists of two consultants, one associate specialist, one Core &amp; one Higher Trainee in addition to the F2 doctor as part of a comprehensive multidisciplinary team. The role involves assessing and managing a range of psychiatric disorders in the community and inpatient setting under supervision. There is opportunity to gain experience in managing patients with long term severe mental illness via the Clozapine Clinic in the community. The work environment promotes multidisciplinary working and managing patients holistically beyond a pure medical model. The post also offers the opportunity to experience other specialities in Psychiatry of interest.</p> <p>There are no on-call duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Weekly Psychiatry Teaching</b>, Friday am.</p>
<p><b>Haematology</b> University Hospital of Wales <a href="#">Band 2B</a></p> <p>Educational Supervisor <b>Dr J Kell</b> Clinical Supervisor <b>Dr J Kell</b></p>	<p>This post is based on Ward B4 Haematology at UHW and includes the Adult Blood and Marrow Transplant (BMT) Unit. The post-holder usually spends 2 months with each of the General Haematology and BMT teams.</p> <p>Although a busy post there is excellent support from F1, CT1/2, SpR &amp; consultant physicians in addition to highly trained ward and specialist nurses. Most patients are undergoing intensive chemotherapy and/or transplantation. The core skills gained from this post include the care of the acutely unwell patient as well as insight into the treatment of haematological malignancies.</p> <p>F2s are encouraged to attend any of the many clinics on offer.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday. Weekly <b>teaching ward round</b> during BMT attachment. Fortnightly <b>BMT teleconference and MDT</b> on alternate Fridays 9:30 – 12:15. Weekly <b>lymphoma MDT</b>, Wednesday 8:30 - 9:30. Weekly <b>myeloid MDT &amp; Inpatient MDT</b> on Wednesday 14:00 – 16:00 <b>Departmental Q&amp;S Meetings</b>.</p>
<p><b>Cardiac Surgery</b> University Hospital of Wales <a href="#">Band 2B</a></p> <p>Educational Supervisor <b>Mr D Mehta</b> Clinical Supervisor <b>Mr D Mehta</b></p>	<p>This post is based on ward C5, a 38 bedded unit looking after patients having cardiac or thoracic surgery, supported by a team of highly experienced Surgical Nurse Practitioners, Registrars and 8 consultants. You will also have exposure to cardiac and thoracic theatres, with the opportunity to develop important basic surgical skills.</p> <p>The post involves out of hours participation in 'Hospital@night', with exposure to ENT, Urology and General surgery. Additional learning opportunities are available via MDTs, monthly Training days and Audits.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday. <b>Monthly Departmental Training</b>. <b>Clinical Governance Meetings</b>.</p>

ROTATION 17		Educational Meetings
<b>Dermatology</b> University Hospital of Wales (with "Speciality" On-Calls) <a href="#">Band 2B</a>  Educational Supervisor <b>Dr R Katugampola</b> Clinical Supervisor <b>Dr R Katugampola</b>	<p>This post is based in the Welsh Institute of Dermatology, UHW site. The department provides a range of Dermatology services on an out-patient basis from day treatment for various inflammatory skin diseases, out-patient clinics covering all the Dermatology sub-specialities, Dermatology surgery, phototherapy and laser treatment.</p> <p>The main duty of the F2 trainee is to provide the medical cover for the Dermatology Day Unit. The F2 is encouraged to learn simple Dermatological procedures such as skin biopsies and skin suturing during their placement, attend the various clinics to gain a broad range of experience in Dermatology and participate in the departmental educational activities.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Dermatology departmental educational activities</b> (histopath meeting, skin cancer MDT, journal club, interesting patient forum, formal teaching/lectures, sub-speciality update meetings), Wednesday 14:00 – 17:00.  <b>Monthly Quality &amp; Safety meeting.</b></p>
<b>Cardiology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr N Masani</b> Clinical Supervisor <b>Dr N Masani</b>	<p>The Cardiology department at UHW is a busy secondary care cardiology centre for Cardiff &amp; Vale and a tertiary referral centre for SE Wales. The post is based on the cardiology wards and Coronary care unit. You will join a team consisting of consultants, cardiology registrars, nurse practitioners and specialist nurses. You will be in a supportive environment with daily board round on each ward and twice daily consultant led ward rounds on CCU. The focus will be on the management of acute cardiology conditions.</p> <p>We encourage the F2 to avail of all teaching, service improvement and research opportunities this large cardiology teaching centre has to offer.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>ECG Teaching</b>, Tuesday am.  <b>Monthly Cardiology M&amp;M/QI.</b></p>
<b>General Surgery/Colorectal</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr J Horwood</b> Clinical Supervisor <b>Mr J Horwood</b>	<p>The F2 is responsible for managing surgical admissions. The post develops organisational as well as clinical skills. This is a busy post with additional days leave incorporated in the rota (European Working Time Directive Days).</p> <p>On-call is part of the general surgical rota.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Monthly General Surgery Q&amp;S</b> meeting.</p>



## Return to Rotations

ROTATION 18		Educational Meetings
<p><b>General Surgery/Vascular</b> University Hospital Llandough (Clinic in Barry Hospital) <a href="#">Band 1B</a></p> <p>Educational Supervisor <b>Mr R Whiston</b> Clinical Supervisor <b>Mr R Whiston</b></p>	<p>This post is based in the day surgery department at UHL. You will have excellent exposure to many aspects of day case and overnight stay General and Vascular Surgery on a daily basis. This post is especially helpful to develop your surgical skills. There is one outpatient session at Barry Community Hospital per week seeing a variety of patients with conditions from sebaceous cysts to Abdominal Aortic Aneurysms.</p> <p>On-call is part of the general surgical intake.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>AAA and Vascular</b> MDT. Monthly <b>Quality and Safety</b> Meetings.</p>
<p><b>Acute Medicine</b> University Hospital of Wales <a href="#">Band 1B</a></p> <p>Educational Supervisor <b>Dr A de Lloyd</b> Clinical Supervisors <b>Acute, Specialist &amp; On-Call Physicians</b></p>	<p>This post is based in MAU with a wide range of medical presentations from GP and EU streams in a centre with many tertiary services on site. Patients referred range from ambulatory through to patients in resuscitation.</p> <p>The post will build experience with more complex medical procedures. Work includes ward rounds with consultants' from a range of medical disciplines and specialties The unit has a high turnover of patients, organisation competence and ability to liaise with peers, seniors and MDT colleagues are essential skills.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Medicine Teaching</b>, 13:00 Monday. <b>UHW Grand Round</b> at 12:45, Wednesday.</p>
<p><b>Urology</b> University Hospital of Wales <a href="#">Band 2B</a></p> <p>Educational Supervisor <b>Mr S Datta</b> Clinical Supervisor <b>Mr S Datta</b></p>	<p>Tertiary referral uro-oncology, elective and emergency and general urology, based on ward A5S.</p> <p>Attendance in main and day case theatres is encouraged and this post would suit any doctor interested in an acute specialty, in particular a surgical career.</p> <p>On-call emergency cross cover is with the surgical Hospital@Night team.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday. Weekly lunchtime <b>Urology Teaching sessions/Journal Club</b>. Monthly <b>Quality and Safety</b> Meetings.</p>

ROTATION 19		Educational Meetings
<b>Orthopaedic Surgery</b> University Hospital Llandough <a href="#">Band 2B</a>  Educational Supervisor <b>Ms T Wilkinson</b> Clinical Supervisor <b>Ms T Wilkinson</b>	<p>The F2 will work alongside a team of consultants in CAVOC (Cardiff and Vale Orthopaedic Centre). Clinical work will be supporting F2s, Registrars and Consultants in the provision of elective orthopaedic care. Routine tasks are supported by nursing colleagues with extended role.</p> <p>On-call is in UHL and includes cover for other surgical specialties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Monthly <b>UHL Grand Rounds</b>, Friday lunchtime.</p>
<b>General Surgery/Colorectal</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Mr M Davies</b> Clinical Supervisor <b>Mr M Davies</b>	<p>This F2 Surgical Post is based on Duthie Ward at UHW. The holder will be part of a team caring for elective Colorectal Surgery and Emergency General Surgical in patients. The post includes on-call periods in the Surgical Assessment Unit seeing Emergency General Surgical Admissions. Trainees will gain considerable experience in the care of elective and emergency surgical patients under the supervision of four consultant surgeons.</p> <p>There will be opportunities to develop Practical Clinical Skills and attend and assist with Surgical Operations if the trainee is interested. Undertaking an Audit Project and involvement in ongoing Research Projects within the Department of Colorectal Surgery are encouraged.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Weekly Colorectal Cancer MDT</b>, Wednesday am.  <b>Weekly Friday am Colorectal Xray and M&amp;M</b> meeting.</p>
<b>Renal Medicine</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr M Davies</b> Clinical Supervisor <b>Dr M Davies</b>	<p>Based on the renal unit, and ward, the F2 is part of a team managing patients with acute and chronic kidney disease and its complications/associated conditions. Trainees may develop skills in the insertion of “central lines”. There is the opportunity to develop QIPs/Audits.</p> <p>On-calls are split between “renal-only” and medical ward-cover.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  <b>Departmental M&amp;M/QI</b>.</p>

## Return to Rotations

ROTATION 20		Educational Meetings
<b>Orthopaedic Surgery</b> University Hospital Llandough <a href="#">Band 2B</a>  Educational Supervisor <b>Mr T Matthews</b> Clinical Supervisor <b>Mr T Matthews</b>	<p>The F2 will work alongside a team of consultants in CAVOC (Cardiff and Vale Orthopaedic Centre). Clinical work will be supporting F2s, Registrars and Consultants in the provision of elective orthopaedic care. Routine tasks are supported by nursing colleagues with extended role.</p> <p>On-call is in UHL and includes cover for other surgical specialties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Monthly <b>UHL Grand Rounds</b>, Friday lunchtime.</p>
<b>General Surgery/Breast</b> University Hospital Llandough <a href="#">Band 1B</a>  Educational Supervisor <b>Miss E Lloyd-Davies</b> Clinical Supervisor <b>Miss E Lloyd-Davies</b>	<p>This post is in the Breast Centre based in University Hospital Llandough. The F2 is involved with ward work for elective admissions and there is also time to attend Breast Clinics and assist in the operating theatres.</p> <p>On-call includes cover for surgical/orthopaedic patients in UHL.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Grand Round</b> at UHW/UHL. Surgical Department <b>M&amp;M/Q&amp;S</b>.</p>
<b>General Paediatrics</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Dr M Edwards</b> Clinical Supervisor <b>Dr M Edwards</b>	<p>The Children's Hospital F2 post provides an excellent opportunity to gain clinical and academic experience of Paediatrics. F2 posts form part of the tier one rota and have an opportunity to experience of general paediatrics in a busy tertiary centre. A range of clinical skills will be gained on this 4 month placement that will be of benefit for multiple specialities. This post is well supported by senior colleagues and trainees are encouraged to get involved in teaching, QIP work and other projects. The department is supportive of trainees undertaking exams, additional qualifications and higher degrees.</p> <p>The rota has fixed annual leave to ensure everyone is able to take their full leave.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Radiology &amp; Microbiology</b> teaching sessions, Monday lunchtime.  <b>Sim Training</b>, Tuesday pm.  <b>Paediatrics Teaching</b>, Thursday lunchtime.  <b>Journal Club</b>, Wednesday 15:30.  <b>Case Presentation</b>, Friday lunchtime.</p>

ROTATION 21		Educational Meetings
<b>Obstetrics &amp; Gynaecology</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr P Lindsay</b> Clinical Supervisor <b>Mr P Lindsay</b>	<p>This post provides training in Obstetrics &amp; Gynaecology. The F2 will be first on call for Gynaecology and maternity assessment units and admissions, supported by registrar for emergency stream and a consultant. The role also involves cover of Gynaecology wards with a range of early pregnancy, acute Gynaecological problems along with pre and post-operative patients.</p> <p>There is the opportunity to assist in theatre and attend clinics. The F2 will have opportunities to develop procedural skills.</p> <p>On-call is based in UHW and does not include overnight duties.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  Monthly <b>departmental M&amp;M/QI</b>.  <b>Departmental teaching</b>, Wednesday &amp; Friday.</p>
<b>ENT</b> University Hospital of Wales <a href="#">Band 2B</a>  Educational Supervisor <b>Mr B Stew</b> Clinical Supervisor <b>Mr B Stew</b>	<p>The F2 will experience a wide range of paediatric and adult presentations to ENT, from minor complaints such as nasal foreign bodies to complex life-threatening airway presentations. The trainee will be based on A5N, which is the head and neck surgical ward at UHW. The team includes two Foundation doctors, one GP trainee and a CT2. Trainees will run casualty clinics, attend theatre and be part of variable but often busy on call. There are daily consultant ward rounds and plenty of appetite for teaching and quality improvement work.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.  Weekly postgraduate <b>ENT Teaching</b> programme.  <b>Quality &amp; Safety/M&amp;M</b> Meetings.</p>
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr K Nakirikanti</b> Clinical Supervisor <b>Dr K Nakirikanti</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations. Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Daily teaching</b>, 12:00 weekdays.  <b>Structured EU teaching</b>, fortnightly.  Monthly <b>Q&amp;S/M&amp;M meeting</b>, Wednesday am.</p>

## Return to Rotations

ROTATION 110 – ACADEMIC		Educational Meetings
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr N Manville</b> Clinical Supervisors <b>EU Consultants</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be a limited amount of night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p> <p>One day a week is protected for academic activity.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Daily teaching</b>, 12:00 weekdays.  <b>Structured EU teaching</b>, fortnightly.  <b>Monthly Q&amp;S/M&amp;M meeting</b>, Wednesday am.</p>
<b>Microbiology/Infectious Diseases</b> University Hospital of Wales <a href="#">Unbanded</a>  Educational Supervisor <b>Dr O Seddon</b> Clinical Supervisor <b>Dr O Seddon</b>	<p>In addition to the outstanding research opportunities the post provides an excellent opportunity to experience infection management (microbiology and infectious diseases) in a vibrant department. Public Health Wales Cardiff laboratory hosts many specialist reference labs for Wales and the UK including the Regional Mycology Unit, the Specialist Antimicrobial Chemotherapy Unit, the Welsh Specialist Virology Centre and the National Anaerobic Reference Unit.</p> <p>There are close links with the academic section of Medical Microbiology within the Department of Infection Immunity and Biochemistry where translational research is very strong.</p> <p>F2s will be well supported within the department and be given up to two days a week to pursue a research or teaching interest.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.            Departmental <b>Quality &amp; Safety</b> Meetings.</p>
<b>Intensive Care Medicine</b> University Hospital of Wales <a href="#">Band 1B</a>  Educational Supervisor <b>Dr N Stallard</b> Clinical Supervisor <b>Dr N Stallard</b>	<p>This large tertiary referral centre provides opportunity for exposure to critically ill adults whilst creating an ideal opportunity for clinical research, service evaluation or audit (up to two days a week may be available for this).</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Daily ITU Teaching</b> after handover.  <b>Weekly ITU simulation</b> training.</p>

ROTATION 111 – ACADEMIC		Educational Meetings
<b>Nephrology</b> University Hospital of Wales <a href="#">Unbanded</a>  Educational Supervisor <b>Dr S Meran</b> Clinical Supervisors <b>Prof S Riley with Dr S Meran &amp; Nephrology Colleagues</b>	<p>Clinically, Foundation trainees will work as part of a medical team that includes a Consultant, StR and IMT together with nursing and allied health professionals. Renal patients have multisystem disease which allows broad clinical experience. In addition to acute emergencies, trainees gain experience in managing frail patients who face difficult end-of-life-decisions.</p> <p>Academic time of up to two days per week is available for example within the Wales Kidney Research Unit and offers a wide range of academic expertise in undertaking basic science, clinical and epidemiological research projects. F2s will have opportunities to present data at National/International conferences.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p>Weekly <b>Renal F2 teaching</b> on B5, Tuesday lunchtime.</p> <p>Monthly <b>Renal Emergency simulation</b> training, Tuesdays 11:30.</p> <p><b>UHW Grand Round</b> at 12:45, Wednesday.</p> <p>Weekly <b>Journal Club</b>, Friday am.</p>
<b>Emergency Medicine</b> University Hospital of Wales <a href="#">Band 1A</a>  Educational Supervisor <b>Dr N Manville</b> Clinical Supervisors <b>EU Consultants</b>	<p>The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. There will be a limited amount of night and out of hours working. The environment promotes judicious use of diagnostic acumen and investigations Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.</p> <p>One day a week is protected for academic activity.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p> <p><b>Daily teaching</b>, 12:00 weekdays.</p> <p><b>Structured EU teaching</b>, fortnightly.</p> <p>Monthly <b>Q&amp;S/M&amp;M meeting</b>, Wednesday am.</p>
<b>Anaesthetics</b> University Hospital of Wales <a href="#">Unbanded</a>  Educational Supervisor <b>Dr S Voisey</b> Academic Supervisor <b>Dr B Jenkins</b>	<p>The F2 will work with a number of anaesthetists developing practical specialty skills. There is extensive departmental teaching, and there are opportunities for initiating research projects and to contribute to the teaching and scholarship activities of the department via the Bill Mapleson Centre. This will support and enhance other academic medical education work in the rotation. The rota can be varied according to the main interests of the F2, and will also provide opportunities for audit, service evaluation and QI activities.</p> <p>Two Days per week are designated for academic activity.</p>	<p><b>Local Foundation Team F2</b> teaching sessions (Monthly, Thursday pm).</p>



## **Important Information**

The previous post descriptions and banding are based primarily on previous designations and are provided to help guide and inform applicants. It does not form part of an employment contract.

If we are aware of changes in advance we will endeavour to ensure this is reflected in the information provided.

**Posts do change at short notice and banding may have been amended. We are therefore not able to guarantee the information.**