

Cardiff and Vale University Local Health Board

Foundation Programme Year 1





















What makes Cardiff so great!

Cardiff is a unique city that offers all that is expected of any modern capital city, and boasts an enviable quality of life. Cardiff's residents believe it is one of the best cities in Europe to live and work in.

Compact, multicultural Cardiff dances to its own beat, with abundant cultural and historical sights, independent businesses and a friendly atmosphere. - Amy Pay, Lonely Planet Writer

Cardiff is a "city of parks" with more green space per person than any other main UK city and has been described as the epitome of cool by the Lonely Planet guide. There is a vibrant night life including the hustle and bustle of St Mary Street and the relaxed restaurants and bars of Cardiff Bay.

The City offers a mix of boutique stores found in the varied Victorian arcades coupled with larger department stores. Cardiff is home to world class venues and international events; the Principality Stadium is recognised across the world, the Sophia Gardens Stadium hosts international cricket including the Ashes and Cricket World Cup whilst the Wales Millennium Centre has established a worldwide reputation as an excellent arts and cultural venue.



Cardiff enjoys a healthy residential market, yet the cost of housing is lower than many other parts of the UK. Schools offer a high standard of education and facilities. The UHB's Accommodation Department will offer help and support to new trainees seeking to relocate to the City. Surrounded by areas of outstanding natural beauty, with the Brecon Beacons National Park, Swansea Gower Peninsula and the picturesque Vale of Glamorgan all nearby, Cardiff really does have it all.

Why work in Cardiff & Vale UHB?

The UHB has a well-earned reputation as a centre of excellence for clinical care, medical education and research. Established in 2009, following the reorganisation of health services within Wales the UHB is one of the largest and most diverse healthcare providers in the UK. There are strong links with the Wales College of Medicine and Cardiff University.

with the Wales College of Medicine and Cardiff University.

Working for CAV UHB

It is important to the UHB that all staff are as happy as possible with their working arrangements. Therefore there is a commitment to improving the working environment and enabling all staff to strike a healthy work-life balance.

The Social Club on the UHW site provides facilities for relaxation and exercise with gym, pool and racquet sports available. There is an active doctor's mess at both UHW and UHL, with widescreen television, comfortable seating and facilities for refreshments. Accommodation is available if required at both the UHW and UHL sites.

The Foundation Programme in CAV UHB

The majority of foundation posts are based either at the University Hospital of Wales (UHW) or University Hospital Llandough (UHL). On both sites there are Medical Education Centres with helpful and knowledgeable staff readily available to provide support and advice throughout your Foundation years.

There is a comprehensive induction programme organised for the start of your post and the Foundation Programme Directors meet with all foundation trainees to welcome you to the UHB and ensure that you are supported at this stage of your career. There are regular opportunities for feedback and should there be any difficulties encountered during your posts it is easy to obtain help. The teaching programme has always received positive feedback and allows plenty of time for you to learn. It is designed to cover all elements of the Foundation Programme Curriculum and is continually being evaluated in order to improve the standard of education provided.

University Hospital of Wales (UHW)

The University Hospital of Wales is a large teaching hospital situated within the city of Cardiff. Working here as a foundation trainee will enable you to learn from some of the foremost clinicians in their fields within a culture of innovation, education and research. The hospital provides secondary

care to the population of North and East Cardiff and tertiary level care in nephrology, neurosciences, haematology, paediatrics and neonatology, cardiothoracics and critical care. Most of the posts are busy and provide good experience in developing clinical assessment and decision making skills within a supportive team environment.

The Medical Education Centre at UHW is based in the purpose built Cochrane Building that is also home to Cardiff University Health Library and Medical School. The Centre has excellent educational facilities and an active postgraduate education programme.





Departmental meetings are highly valued by trainees both as opportunities to learn and to gain experience in presenting their own work.

The strong links with Cardiff University mean that there are good opportunities for research and further academic development if wished. There are a number of academic foundation posts which are specifically aimed at encouraging teaching and research activity during the programme.

University Hospital Llandough (UHL)

Located at Penarth in the Vale of Glamorgan, the University Hospital Llandough provides medical secondary care services to West Cardiff and the Vale of Glamorgan. It is also home to the Cardiff and Vale Orthopaedic Centre (CAVOC), which provides elective orthopaedic services and tertiary respiratory services including cystic fibrosis service. The hospital is supported by excellent lung physiology, state of the art thoracic radiology and pathology services. A new endoscopy unit has recently opened which provides state of the art facilities for gastroenterology endoscopic procedures

and interventional respiratory medicine including advanced bronchoscopy techniques and thoracoscopy.

The Medical Education Centre at UHL houses excellent library and educational facilities with an active postgraduate education programme and newly developed "simulation" suite.

Rookwood

Rookwood Hospital is situated in Llandaff in North Cardiff; approximately 2 miles from the University Hospital of Wales. The site has been used for over 100 years; after WW1 it was converted from a convalescent home into a rehabilitation hospital for paraplegic servicemen. The Welsh spinal injuries rehabilitation centre, regional neuro rehabilitation unit, Artificial Limb and Appliance Service, The Electronic Assistive Technology Service, Headway (brain injury charity), South Wales Mobility and Driving Assessment Service and several specialist neurology outpatient clinics (e.g. Multiple

sclerosis, Motor neuron disease, Dementia, Parkinson's) as well as some out-patient gerontology services are based at Rookwood Hospital.



Marie Curie Hospice

Marie Curie Hospice Cardiff and the Vale is situated in Penarth, Vale of Glamorgan, approximately 2 miles from University Hospital Llandough. It is set on a cliff top with spectacular views over the Bristol Channel, this purpose-built hospice provides 28 inpatient beds based over 2 wards serving the population of Cardiff and the Vale of Glamorgan. It also houses a day therapy unit and the Marie Curie community palliative care team who provide advice and support for patients living with a terminal illness in the Vale of Glamorgan area.

Rotations

August 2021 - July 2022

AFP/01:	Intensive Care Medicine - Cardiology - Trauma & Orthopaedics/Orthogeriatrics
AFP/02:	General Paediatrics - Intensive Care Medicine - Cystic Fibrosis/Respiratory Medicine
FP/35:	General Medicine/Diabetes & Endocrinology - General Surgery Colorectal/Breast - Trauma & Orthopaedics
FP/36:	General Medicine/Geriatrics - General Surgery Colorectal/Breast - Paediatrics
FP/37:	General Medicine/Geriatrics - Trauma & Orthopaedics - General Surgery/Colorectal
FP/38:	General Medicine/Gastroenterology - General Surgery/Colorectal (ABUHB) - Urology
FP/39:	General Medicine/Respiratory - General Surgery/Colorectal - Palliative Medicine
FP/40:	General Medicine/Geriatrics - General Surgery (ABUHB) - General Medicine/Cardiology (ABUHB)
FP/41:	General Medicine/Respiratory - General Surgery (ABUHB) - Neurosurgery
FP/42:	General Medicine/Gastroenterology - General Surgery/Upper GI (ABUHB) - Paediatrics
FP/43:	General Medicine/Infectious Diseases/Gastroenterology - General Surgery/Upper GI - ENT
FP/44:	General Medicine/Diabetes & Endocrinology - General Surgery/HPB - General Medicine/MAU
FP/45:	General Medicine/Geriatrics - General Surgery/Upper GI - General Medicine/Gastroenterology

General Medicine/Diabetes & Endocrinology - General Surgery Colorectal/Breast - General Medicine/Geriatrics

FP/46:

FP/47: General Medicine/Geriatrics - General Surgery/Vascular - Neurology FP/48: General Medicine/Geriatrics - General Surgery/Vascular - Trauma & Orthopaedics FP/49: General Medicine/Stroke - Haematology - General Surgery/Colorectal FP/50: General Medicine/Clinical Pharmacology & Therapies - General Surgery/HPB - General Medicine/Geriatrics FP/51: General Medicine/Geriatrics - General Surgery/Upper GI - ENT FP/52: General Medicine/Diabetes & Endocrinology - General Surgery/Vascular - Trauma & Orthopaedics FP/53: General Medicine/Respiratory - General Surgery/Vascular - Trauma & Orthopaedics FP/54: General Medicine/Respiratory - General Surgery/Colorectal - Urology FP/55: General Medicine/Geriatrics - General Surgery (CTM UHB) - General Psychiatry (CTM UHB) FP/56: General Medicine/Respiratory - General Surgery/HPB - Emergency Medicine FP/98: General Medicine (CTM UHB) - Urology - General Surgery/Breast (CTM UHB)

Important Information

The following post descriptions and banding are based primarily on previous designations and are provided to help guide and inform applicants. It does not form part of an employment contract.

If we are aware of changes in advance we will endeavour to ensure this is reflected in the information provided.

Posts do change at short notice and banding may have been amended. We are therefore not able to guarantee the information.

Academic Rotation - AFP/01	Full details of academic posts are listed in the academic prospectus	Educational Meetings
Intensive Care Medicine University Hospital of Wales Band 1B Educational & Academic Supervisor Dr B Jones Clinical Supervision Duty ITU Consultants	The Academic F1 doctor will form a part of the cohort of junior doctors providing care for high risk postoperative patients on Paediatric and General ICU. The PACU admits around 600 patients per year and the adult ICU admits around 1800 new critically ill patients per year and allows exposure to a great variety of acute medical and surgical pathologies. This post attracts up to 1.5 days per week of dedicated academic time.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Daily Teaching after handover. Weekly ITU simulation training.
Cardiology University Hospital of Wales No Banding (5% supplement) Educational & Academic Supervisor Dr P O'Callaghan Clinical Supervision Dr P O'Callaghan & Duty Cardiologists	The F1 will take part in the admitting and assessment of cardiology patients with a wide spectrum of acute presentations including STEMI, acute pulmonary oedema, cardiogenic shock, atrial fibrillation and other arrhythmias. This post will give the trainee opportunities to perform practical procedures including elective DC cardioversion list, central venous and arterial cannula. There are 2 days per week of dedicated academic time.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly ECG teaching session.
Trauma & Orthopaedics /Orthogeriatrics University Hospital of Wales Band 1B Educational & Academic Supervisor Dr A Johansen Clinical Supervision Dr A Johansen & Orthopaedic Surgical Colleagues	The post is designed to provide a balanced portfolio of experience looking after frail older patients with injuries/fractures as their care moves across a number of disciplines and specialties. Clinical duties include Acute orthopaedic intake on a 1:6 basis (without nights) and trauma/orthopaedic ward work for patients in whom a fracture is just one component of medical/psychosocial frailty.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Multidisciplinary X-Ray PTWR at 8:00, Daily. Trauma, 13:00, Wednesday. Gerontology, 13:00, Friday. UHW Grand Round at 12:45, Wednesday.

Academic Rotation – AFP/02	Full details of academic posts are listed in the academic prospectus	Educational Meetings
General Paediatrics University Hospital of Wales Band 2B Educational & Academic Supervisor Dr M Edwards Clinical Supervisor Dr M Edwards	The Children's Hospital F1 post provides an excellent opportunity to gain clinical and academic experience of Paediatrics. F1s will be offered an opportunity to take part in paediatric research based in our Children and Young Adults' Research Unit. There will be dedicated time in the rota to ensure that the academic F1 can undertake academic work on a regular basis over the 4 months of the placement.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly teaching sessions on Radiology & Microbiology, Monday lunchtime. Sim training, Tuesday afternoon. Teaching on Paediatrics, Thursday lunchtime. Journal Club, Wednesday 15:30. Case Presentation, Friday lunchtime.
Intensive Care Medicine University Hospital of Wales No Banding (5% supplement) Educational & Academic Supervisor Dr M Morgan Clinical Supervision Duty ITU Consultants	The Academic F1 doctor will form a part of the cohort of junior doctors providing care for high risk postoperative patients on Paediatric and General ICU. The PACU admits around 600 patients per year and the adult ICU admits around 1800 new critically ill patients per year and allows exposure to a great variety of acute medical and surgical pathologies. This post attracts up to 1.5 days per week of dedicated academic time.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Daily Teaching after handover. Weekly ITU simulation training.
Cystic Fibrosis/Respiratory Medicine University Hospital Llandough No Banding (5% supplement) Educational & Academic Supervisor Dr J Duckers Clinical Supervisors Dr J Duckers, Dr I Ketchell & Dr D Lau	The Adult CF part of this rotation provides insight into the workings of a full multidisciplinary team at the All Wales Adult CF centre. This post has a significant clinical input but provides training opportunities in current research and audit projects. There is also an opportunity to join the acute medical intake team for a 1-2 week period during the 4 months.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine Teaching Wednesday 12:00 – 13:00. Radiology Wednesday 13:00 - 14:00. UHL Journal Club Friday AM UHL Grand Round or Cystic Fibrosis Teaching Friday Lunchtime.

FP/35		Educational Meetings
General Medicine/Diabetes & Endocrinology University Hospital Llandough Band 1B Educational Supervisor Dr L George Clinical Supervisors Dr L George, Dr N Agarwal, Dr J Platts, Dr M Evans, Dr J Coulson, Dr J Thompson & Dr A Thomas	This post is based on ward East 4 on UHL where you will be responsible for 15 inpatients with the rest of the team. There are daily board rounds and twice weekly consultant rounds. There is a wide mix of general medicine with cardiac telemetry monitoring and a relatively short stay patient case mix. There is a diabetes and endocrinology specialty which offers experience both on the ward and reviewing ward referrals with senior colleagues. General medicine clinical supervision is undertaken by both Clinical Pharmacology and Diabetes and Endocrine consultants in rotation.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine Teaching 12:00 – 13:00, Wednesday. UHL Grand round, monthly.
General Surgery Colorectal/Breast University Hospital of Wales /University Hospital Llandough Band 2B Educational Supervisors Mr S Phillips Clinical Supervisors Mr S Phillips	This post rotates between The Breast Centre based in University Hospital Llandough and the Colorectal Unit in UHW. The F1 spends approximately 7 weeks in the Breast Centre and the rest of the time at UHW. In the Breast Centre the F1 is involved with ward work for elective admissions and there is also time to attend Breast Clinics and assist in the operating theatres. In UHW the F1 will be part of a busy colorectal unit, looking after elective admissions and acute general surgery patients. The on-call commitment is all at UHW and will take place throughout the 4 months. This post provides excellent clinical experience in two subspecialties of general surgery and good exposure to acute surgery admissions.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. UHL Grand Round, monthly. Surgical Department teaching. Quality & Safety meetings.
Trauma & Orthopaedics University Hospital of Wales Band 1B Educational Supervisor Mr P Hodgson Clinical Supervisor Mr P Hodgson	The F1 role includes the inpatient care of trauma patients ranging from children to the elderly in UHW. The post is mainly ward based with cover of outlying patients as part of a trauma team. The post does not include any elective orthopaedics. Ward-based F1 on a 19-bedded orthopaedic ward for patients in whom a fracture is just one component of medical/psychosocial frailty. There is a focus on pre-operative assessment, optimisation & management with daily multidisciplinary professional team "board rounds". Weekly consultant orthopaedic and twice weekly orthogeriatrician ward rounds. Presentation at post-take joint surgical-orthogeriatric-anaesthetist consultant meeting. Acute orthopaedic intake is on a 1:6 basis (without nights).	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental M&M/Quality & Safety meetings. Daily teaching sessions (trauma, radiology, spine, paediatrics).

FP/36		Educational Meetings
General Medicine/Geriatrics University Hospital Llandough Band 1B Educational Supervisor Prof M Stone Clinical Supervisors Prof M Stone	Post is in Geriatric medicine working with an IMT1 and SPR in ward East 7 focused on providing care to older people with varied conditions and complex needs. There are regular ward rounds and daily board rounds with MDT input. On-call is as part of the general medical with supervision by acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHL Grand round, monthly. Departmental Teaching, Thursday Lunchtimes. Medicine Teaching, Wednesday 12:00 – 13:00. Quality & Safety Meetings.
General Surgery Colorectal/Breast University Hospital of Wales/ University Hospital Llandough Band 2B Educational Supervisors Lt Col L Davies Clinical Supervisors Lt Col L Davies	This post rotates between The Breast Centre based in University Hospital Llandough and the Colorectal Unit in UHW. The F1 spends approx. 7 weeks in the Breast Centre and the rest of the time at UHW. In the Breast Centre the F1 is involved with ward work for elective admissions and there is also time to attend Breast Clinics and assist in the operating theatres. In UHW the F1 will be part of a busy colorectal unit, looking after elective admissions and acute general surgery patients. The on-call commitment is all at UHW and will take place throughout the 4 months. This post provides excellent clinical experience in two subspecialties of general surgery and good exposure to acute surgery admissions.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. UHL Grand round, monthly. Surgical Department teaching. Quality & Safety meetings.
Paediatrics University Hospital of Wales Band 2B Educational Supervisor Dr M Edwards Clinical Supervisor Dr M Edwards	The Children's Hospital F1 post provides an excellent opportunity to gain clinical and academic experience of Paediatrics. F1 posts form part of the tier one rota and have an opportunity to experience of general paediatrics in a busy tertiary centre. A range of clinical skills will be gained on this 4 month placement that will be of benefit for multiple specialities. This post is well supported by senior colleagues and trainees are encouraged to get involved in teaching, QIP work and other projects. The department is supportive of trainees undertaking exams, additional qualifications & higher degrees. The rota has fixed annual leave to ensure everyone is able to take their full leave.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly teaching sessions on Radiology & Microbiology, Monday lunchtime. Sim Training on Tuesday PM. Paediatric Teaching, Thursday lunchtime. Journal Club Wednesday 15:30. Friday lunchtime Case Presentation.

FP/37		Educational Meetings
General Medicine/Geriatrics University Hospital Llandough Band 1B Educational Supervisor Dr P Gupta Clinical Supervisors Dr P Gupta & Dr S Fernandez	This post is based on two wards in Geriatric medicine in University Hospital Llandough caring for 31 patients in total including patients on "FRaME" ward focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of two consultants, SpR, F1 and F2. We also provide medical cover for patients on ECU admitted on the take (max 4 beds). There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly Gerontology Teaching, Thursday at 12:45 – 14:00. Weekly Medicine Teaching, MAU on Wednesday, 12:00 – 13:00. UHL Grand Round, monthly Friday lunchtime.
Trauma & Orthopaedics University Hospital of Wales Band 1B Educational Supervisor Mr P Keeling Clinical Supervisors Mr P Keeling	The F1 role includes the inpatient care of trauma patients ranging from children to the elderly in UHW. The post is mainly ward based with cover of outlying patients as part of a trauma team. The post does not include any elective orthopaedics. Ward-based F1 on a 19-bedded orthopaedic ward for patients in whom a fracture is just one component of medical/psychosocial frailty. There is a focus on pre-operative assessment, optimisation & management with daily multidisciplinary professional team "board rounds". Weekly consultant orthopaedic ward round and twice weekly orthogeriatrician ward rounds. Presentation at post-take joint surgical-orthogeriatric-anaesthetist consultant meeting. Acute orthopaedic intake is on a 1:6 basis (without nights).	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Daily teaching sessions (trauma, radiology, spine, paediatrics). UHW Grand Round at 12:45, Wednesday. Departmental M&M / Quality & Safety Meetings.
General Surgery/Colorectal University Hospital of Wales Band 2B Educational Supervisor Miss J Cornish Clinical Supervisors Mr J Horwood, Mr S Phillips, Prof J Torkington & Miss J Cornish	This post is based on Duthie ward with small numbers of outlying patients. The F1 will be part of a busy colorectal unit, looking after elective admissions and acute general surgery patients. On-call is for general surgical admissions and referrals. This post provides excellent clinical experience and good exposure to acute surgery admissions.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental M&M / Quality & Safety Meetings. Departmental Teaching, Friday lunchtime.

FP/38		Educational Meetings
General Medicine/Gastroenterology University Hospital Llandough Band 1B Educational Supervisor Dr R Ramaraj Clinical Supervisors Dr J Turner, Dr C Tibbatts & Dr R Ramaraj	This post provides inpatient care to patients with a broad range of general medical and gastrointestinal conditions (including IBD, liver disease). The ward includes a short stay bed to support admissions for complex endoscopy procedures (national referral centre), day case procedures and specialist infusions. There is opportunity to gain experience in specialist as well as the core practical procedures (e.g. ascitic tap and paracentesis). There is also the option to observe endoscopy lists and outpatient clinics. In addition to the foundations posts there is a clinical fellow and two registrars. On-calls are undertaken at Llandough Hospital and supervised by the acute and on-call consultants.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Radiology meeting Monday 12.30. MEAU Teaching Wednesday 12:00. Departmental meeting on Friday 12:45.
General Surgery/Colorectal ROYAL GWENT, ABUHB Educational Supervisor Mr U Khan		
Urology University Hospital of Wales Band 2B Educational Supervisor Mr R Coulthard Clinical Supervisors Mr R Coulthard	Tertiary referral uro-oncology, elective and emergency and general urology, based on ward A5S. Attendance in main and day case theatres is encouraged and this post would suit any doctor interested in an acute specialty, in particular a surgical career. On-call emergency cross cover is with the surgical H@N team.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Weekly Urology lunchtime teaching sessions & Journal Club.

FP/39		Educational Meetings
General Medicine/Respiratory University Hospital Llandough Band 1B Educational Supervisor Dr H Davies Clinical Supervisors Dr H Davies	The post is based in UHL; role includes the inpatient care of a broad range of respiratory & general medicine cases. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance & potentially chest drain insertion and to attend a weekly dedicated pleural clinic and lung cancer an interstitial lung disease MDTs. On-calls are supervised by the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHL Grand Round, monthly. Weekly X-ray Meetings, Wednesday Lunchtime. Weekly Friday morning Educational Meetings.
General Surgery/Colorectal University Hospital of Wales Band 2B Educational Supervisor Miss R Hargest Clinical Supervisors Miss R Hargest, Lt Col L Davies, Mr M Davies & Mr C Morris	This post is based at UHW with on-call for general surgery, and elective commitments in colorectal surgery. Busy post dealing with interesting, in-patients referred from across Wales. Emphasis on holistic care of the "acutely ill surgical patient".	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. MDT sessions for: Intestinal failure, Colorectal cancer, IBD, Radiology, Anal Cancer. Teaching rounds by Miss Hargest.
Palliative Medicine Marie Curie Hospice (On-calls in University Hospital Llandough) Band 1B Educational Supervisor Dr H Osborn Clinical Supervisors Dr H Osborn & Dr S Seaman	This post is based on the inpatient unit at Marie Curie Hospice Cardiff and the Vale in Penarth. There are 28 beds based over two wards. You will work within a highly supportive team with two IMT1s, two StRs and two consultants and the wider hospice multiprofessional team. This post provides an excellent opportunity to develop your clinical skills, practicing prudent healthcare, communication skills in difficult circumstances and interdisciplinary team working. You will admit patients to the hospice from home and transferred from acute hospitals, review inpatients and partake in discharge planning meetings, weekly MDTs, and medical updates with families. There are opportunities to spend time with the community team visiting patients in their own homes and attending various clinics such as the bi-monthly MND clinic if time allows. The on-call commitment for this post is based in medicine at UHL.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly medical teaching at Hospice, Thursday lunchtime. Symptom control teaching, Wednesday lunchtimes. Interventional pain meetings, monthly Thursday lunchtimes. Schwartz Round at hospice, quarterly.

FP/40		Educational Meetings
General Medicine/Geriatrics University Hospital Llandough Band 1B Educational Supervisor Dr S O'Mahony Clinical Supervisor Dr S O'Mahony	This post provides exposure to a great variety of acute medical problems and complex polymorbidity in multiple systems and is an excellent opportunity to develop clinical skills and interdisciplinary team working. The primary role of the F1 is to support the care of 15 frail elderly patients on East 8, 4 medical/rehabilitation patients on East 6, and patients post take on UHL Extended Care Unit under the care of Dr O'Mahony. Team is composed of one Consultant, one SpR, one CT2 and a F1. There are daily board rounds, twice weekly consultant rounds and weekly multidisciplinary meetings. The doctor will support the training of medical students on the firm. On-call is with the general medical intake in UHL and is supported by on-call and acute physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHL Grand Round, monthly. Weekly Gerontology case Presentations/Teaching, Thursday 12:45 - 14:00. Medicine Teaching, Wednesday 12:00 - 13:00.
General Surgery ROYAL GWENT, ABUHB Educational Supervisor Miss C Thomas		
General Medicine/Cardiology NEVILL HALL, ABUHB Educational Supervisor Dr S Hutchinson		

FP/41		Educational Meetings
Respiratory Medicine University Hospital of Wales (On-calls in University Hospital Llandough) Band 1B Educational Supervisor Prof B Hope-Gill UHW Clinical Supervisors Prof B Hope-Gill, Dr S Barry, Dr K Pink, Dr A Buttress, Dr A Whittaker & Dr D Parry	The post is based on ward B7 at UHW with on-call in UHL. B7 includes the inpatient care of a broad range of respiratory and general medicine cases. Particular experience in managing non-invasive ventilation can be obtained in the ward-based acute NIV Unit in addition to ITU stepdown patients; including patients with tracheostomies. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance and also potentially chest drain insertion. The post would suit somebody who would thrive in a busy clinical environment with a high turnover pf patients and is keen to gain experience of managing patients with high levels of acuity. On-calls are in UHL, supervision is by the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00 Mondays. UHW Grand Round at 12:45, Wednesday. Respiratory radiology meeting, Tuesday 12:45 weekly. Departmental teaching, Friday 12:30 weekly.
General Surgery ROYAL GWENT, ABUHB Educational Supervisor Mr G Williams		
Neurosurgery University Hospital of Wales Band 2B Educational Supervisor Mr J Lang Clinical Supervisors Mr J Lang	This is a busy, rewarding and well supported F1 post, working as a member of the ward team which includes two CT1 and one CT2 as well as a junior fellow and often a ST1; supported by a team of specialist nurse practitioners and a neurosurgical physician. Lots of opportunities to gain experience of practical procedures such as lumbar puncture, removal of subdural drains, giving Intra-Thecal antibiotics and to spend some sessions working on neurosurgical high care ward. There are opportunities to get to theatre and clinic if keen to do so. There are daily morning MDT meetings, as well as weekly specialist MDT meetings in neurovascular and neuro-oncology.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Twice weekly Departmental Teaching.
	On-call covers neurosurgery and neurology wards (B4N, T4 and C4) with a resident registrar.	

FP/42		Educational Meetings
General Medicine/Gastroenterology University Hospital Llandough Band 1B Educational Supervisor Dr C Tibbatts Clinical Supervisor Dr C Tibbatts	Busy GIM and gastroenterology ward, with significant input of gastroenterology day cases including endoscopy, IBD infusion room and paracentesis. There are upper and lower GI MDTs weekly, as well as IBD MDTs. There are general gastroenterology clinics, along with several specialist clinics such as coeliac, IBD and GI radiation disease. On-call is part of the general medical intake and supervised by on-call and acute physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Monthly UHL Grand Rounds. Friday lunchtime Departmental Meetings and teaching.
General Surgery/Upper GI ROYAL GWENT, ABUHB Educational Supervisor Mr A Rasheed		
Paediatrics University Hospital of Wales Band 2B Educational Supervisor Dr J te Water Naude Clinical Supervisors Paediatric Consultants	The Children's Hospital F1 post provides an excellent opportunity to gain clinical and academic experience of Paediatrics. F1 posts form part of the tier one rota and have an opportunity to experience of general paediatrics in a busy tertiary centre. A range of clinical skills will be gained on this 4 month placement that will be of benefit for multiple specialities. This post is well supported by senior colleagues and trainees are encouraged to get involved in teaching, QIP work and other projects. The department is supportive of trainees undertaking exams, additional qualifications & higher degrees. The rota has fixed annual leave to ensure everyone is able to take their full leave.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly teaching sessions on Radiology & Microbiology, Monday lunchtime. Sim. Training on Tuesday PM. Paediatrics Teaching, Thursday lunchtime. Journal Club, Wednesday 15:30. Friday lunch Case Presentation.

FP/43		Educational Meetings
General Medicine/Infectious Diseases/Gastroenterology University Hospital of Wales Band 1B Educational Supervisor Dr A Freedman Clinical Supervisors Dr A Freedman & Dr G Thomas	This post is based on ward A7, a busy ward which houses the inpatient Gastroenterology/Hepatology and Infectious Disease Units. The trainee will look after patients cared for by each of these teams as well as general internal medicine, on a rotational basis. They will also participate in the acute general medicine on-call rota. The F1 is supervised at all times by CT/IM trainees as well as specialty registrars & will attend 3-4 consultant ward rounds per week. On-call is part of the general medicine rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00 Mondays. UHW Grand Round at 12:45, Wednesday. Ward Meeting, Tuesday, 12:30.
General Surgery/Upper GI University Hospital of Wales Band 1B Educational Supervisor Mr G Blackshaw Clinical Supervisors Mr G Blackshaw	The F1 is responsible for managing acute admissions and clerking elective patients based on A2 and A1 Link. The post develops organisational as well as clinical skills. This is a busy post with additional days leave incorporated in the rota (European Working Time Directive Days). On-call is part of the general surgical rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental Teaching. Quality and Safety Meetings.
ENT University Hospital of Wales Band 2B Educational Supervisor Mr A Tomkinson Clinical Supervisor Mr A Tomkinson	The trainee will experience a wide range of paediatric and adult presentations to ENT, from minor complaints such as nasal foreign bodies to complex lifethreatening airway presentations. The trainee will be based on A5N, which is the head and neck surgical ward at UHW. The team includes two Foundation doctors, one GP trainee and a CT2. Trainees will run casualty clinics, attend theatre and be part of variable but often busy on-call. There are daily consultant ward rounds and plenty of appetite for teaching and quality improvement work.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly postgraduate ENT teaching programme. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings.

FP/44		Educational Meetings
General Medicine/Diabetes & Endocrinology University Hospital of Wales Band 1B Educational Supervisor Dr A Lansdown Clinical Supervisors Dr A Lansdown, Dr A Rees & Prof C Dayan	This post is on a 19 bedded acute medical ward focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of three consultants (rotating on and off the ward), SpR, CT2 & F1. We provide medical cover for patients on outlying wards (B1N, C4 Neurology & C5). Occasionally help is needed to support the Endocrine Day Unit. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00 Monday. UHW Grand Round at 12:45, Wednesday. Department Teaching, 12:00, Friday, on C2 Link Corridor.
General Surgery/HPB University Hospital of Wales Band 1B Educational Supervisor Mr N Kumar Clinical Supervisor Mr N Kumar	This post is in the Cardiff Liver Unit which provides tertiary care to patients with liver surgical problems in South Wales. There are three consultant surgeons, clinical fellow, SpR, F2 and three F1s in this unit. There is a Clinical Nurse Specialist (CNS) for liver cancers. All the consultants do general surgical take and hence there will be a mixture of general and Hepatopancreatobiliary patients in the ward. This is a busy firm, there is at least a daily consultant ward round. This posting will provide an opportunity to learn management of complex problems in a systematic way. We have arrangements in the General surgery directorate to get additional help from other F1s as needed. On-call is part of the general surgical rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Monthly General Surgery Q&S meeting. Weekly teaching ward rounds. UHW Grand Round at 12:45, Wednesday.
General Medicine/MAU University Hospital of Wales Band 1B Educational Supervisor Dr M Choudhury Clinical Supervisors Acute, On-Call Physicians & Specialists	This post is based in MAU with a wide range of medical presentations from GP and EU streams in a centre with many tertiary services on site. Patients referred range from ambulatory through to patients in resuscitation. The post will build experience with more complex medical procedures. Work includes ward rounds with consultants' from a variety of base specialties. The unit has a high turnover of patients, organisation competence and ability to liaise with peers, seniors and MDT colleagues are essential skills. Trainees are supported to attend Endocrine and Diabetes clinics. The post will provide opportunity to gain experience in invasive procedures/investigations.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine 13:00, Monday. UHW Grand Round at 12:45, Wednesday. Endocrine & Diabetes teaching, Friday lunchtime.

FP/45		Educational Meetings
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr S Lewis Clinical Supervisors Dr K Davis & Dr B Mohamed	This post is on a 19 bedded acute medical ward (known as "FRaME") focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of two consultants, SpR, CT1 & two F1s. We provide medical cover for patients on outlying wards (C4N, Spinal Unit & Surgical Assessment Unit). There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00 Friday. Medicine at 13:00 Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).
General Surgery/Upper GI University Hospital of Wales Band 1B Educational Supervisor Prof W Lewis Clinical Supervisors Miss J Witherspoon, Mr A Foliaki, Mr G Blackshaw & Prof W Lewis	The F1 is responsible for managing acute admissions and clerking elective patients based on A2 and A1 Link. The post develops organisational as well as clinical skills. This is a busy post with additional days leave incorporated in the rota (European Working Time Directive Days). On-call is part of the general surgical rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Monthly General Surgery Q&S meeting. UHW Grand Round at 12:45, Wednesday.
General Medicine/ Gastroenterology University Hospital of Wales Band 1B Educational Supervisor Dr G Thomas Clinical Supervisors Dr G Thomas	This post is based on A7 which is a busy ward with high acuity patients. There are often opportunities to develop clinical skills such as ascitic drain insertion. Patients include those with varied general medical and gastroenterological conditions and those with central feeding lines. Cross cover includes hepatology and infectious diseases. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gastroenterology Meeting. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).

FP/46		Educational Meetings
General Medicine/Diabetes & Endocrinology University Hospital of Wales Band 1B Educational Supervisor Dr A Roberts Clinical Supervisor Dr A Roberts	This post is based on the Acute Medical Decisions Unit (MDU); an admissions ward dealing with patients who are thought to have shorter lengths of stay. Patients on the unit have a wide range of medical conditions. This is a busy unit with a relatively high turnover of patients. Clinical supervision is by a team of consultants working on a rotational basis with a daily consultant ward round.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00 Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).
General Surgery Colorectal/Breast University Hospital of Wales/ University Hospital Llandough Band 2B Educational Supervisors Mr S Phillips Clinical Supervisors Mr S Phillips	This post rotates between The Breast Centre based in University Hospital Llandough and the Colorectal Unit in UHW. The F1 spends approx. 7 weeks in the Breast Centre and the rest of the time at UHW. In the Breast Centre the F1 is involved with ward work for elective admissions and there is also time to attend Breast Clinics and assist in the operating theatres. In UHW the F1 will be part of a busy colorectal unit, looking after elective admissions and acute general surgery patients. The on-call commitment is all at UHW and will take place throughout the 4 months. This post provides excellent clinical experience in two subspecialties of general surgery and good exposure to acute surgery admissions.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Grand Round at UHW / UHL. Departmental Quality & Safety meetings.
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr S Lewis Clinical Supervisors Dr S Lewis	This post is on the Older Persons Short Stay Unit (OPSSU) and is a fantastic opportunity to gain experience in the acute care of older people. It is a 19 bedded ward with wide case mix. We aim to provide a comprehensive geriatric assessment, working closely with other members of the multi-disciplinary team. We provide daily board rounds followed by senior-led ward rounds. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute & on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00, Friday. Medicine at 13:00, Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).

FP/47		Educational Meetings
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr T Ahmed Clinical Supervisors Dr T Ahmed & Dr S Lewis	This post is on the Older Persons Short Stay Unit. OPSSU is a fantastic opportunity to gain experience in the acute care of older people. It is a 19 bedded ward with wide case mix. We aim to provide a comprehensive geriatric assessment, working closely with other members of the multi-disciplinary team. We provide daily board rounds followed by senior-led ward rounds. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00 Friday. Medicine at 13:00 Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).
General Surgery/Vascular University Hospital of Wales Band 1B Educational Supervisor Mr I Williams Clinical Supervisors Mr I Williams & Miss S Hill	The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors. There are ample opportunities to attend theatre and out-patient clinics. On-call is part of the general surgical intake.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. AAA and Vascular MDT weekly. Quality and Safety Meetings (monthly).
Neurology Rookwood (On-calls in University Hospital of Wales) Band 2B Educational Supervisor Dr S Kolli Clinical Supervisor Dr S Kolli	This post is based at the Welsh spinal rehabilitation centre. There are 26 spinal rehabilitation beds supported by two full time consultants, a SpR in Rehabilitation, staff grade doctor & two foundation doctors. Also on site is the neuro rehabilitation unit with 20 beds, supported by two part time neurologists, one part time Rehabilitation Medicine consultant, clinical fellow, neurology specialist registrar (rotating) and a foundation doctor. Training opportunities include community services for enablement of patients with disability and to participate in patient education programmes and lead Goal planning meetings. On-call duties are in UHW on the neurological specialty services rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly Thursday PM Neurology case presentations. Monthly Grand rounds on spinal & brain injury rehabilitation. Monthly Neuroscience QI meetings.

FP/48		Educational Meetings
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr J Grey Clinical Supervisors Dr J Grey	This post is on a 19 bedded acute medical ward (known as "FRaME") focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of two consultants, SpR, IMT & F1. We provide medical cover for patients on A5-North & B1 wards. There are rotational periods on-call/ward-cover & on the acute assessment unit.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00 Friday. Medicine at 13:00 Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).
General Surgery/Vascular University Hospital of Wales Band 1B Educational Supervisor Mr R Whiston Clinical Supervisor Mr R Whiston	The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors. There are ample opportunities to attend theatre and out-patient clinics. On-call is part of the general surgical intake.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. AAA and Vascular MDT weekly. Quality and Safety Meetings (monthly).
Trauma & Orthopaedics University Hospital of Wales Band 1B Educational Supervisor Mr P Jemmet Clinical Supervisors Mr P Jemmet & Dr A Johansen	The F1 role includes the inpatient care of trauma patients ranging from children to the elderly in UHW. The post is mainly ward based with cover of outlying patients as part of a trauma team. The post does not include any elective orthopaedics. Ward-based F1 on a 19-bedded orthopaedic ward for patients in whom a fracture is just one component of medical/psychosocial frailty. There is a focus on pre-operative assessment, optimisation & management with daily multidisciplinary professional team "board rounds". Weekly consultant orthopaedic and twice weekly orthogeriatrician ward rounds. Presentation at post-take joint surgical-orthogeriatric-anaesthetist consultant meeting. Acute orthopaedic intake is on a 1:6 basis (without nights).	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental Quality and Safety/M&M Meetings. Daily teaching sessions (trauma, radiology, spine, paediatrics).

FP/49		Educational Meetings
General Medicine/Stroke University Hospital of Wales Band 1B Educational Supervisor Dr T Hughes Clinical Supervisors Dr T Hughes	Based on the acute stroke unit in UHW this post provides experience in acute stroke assessment and management. On-calls are on the acute general medicine rota. There are daily ward rounds on the acute stroke unit and a dedicated multi-professional team.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental Quality and Safety Meetings (monthly). All Wales Stroke Meeting, 14:30 on Wednesdays.
Haematology University Hospital of Wales No Banding (5% supplement) Educational Supervisor Dr K Wilson Clinical Supervisors Dr K Wilson	This post is based on Ward B4 Haematology and includes the Adult Blood and Marrow Transplant (BMT) Unit. The post-holder usually spends 2 months with each of the General Haematology and BMT teams. A busy post with excellent support from F2, CT1/2, SpR and consultant physicians in addition to highly trained ward & specialist nurses. Core skills gained include the care of the acutely unwell patient as well as insight into the treatment of haematological malignancies. Trainees leave with an indepth understanding of the full blood count (the most widely requested test in medicine) and knowledge of how (and when) to support pancytopenic patients with transfusion and/or prophylactic antibiotics. Post-holders are encouraged to attend any of the many clinics on offer.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental Quality and Safety Meetings (monthly). Weekly BMT ward teaching. Fortnightly BMT teleconference and MDT on Friday. Weekly Lymphoma MDT on Wednesday, 8:30 – 9:30. Weekly Myeloid & Inpatient MDT on Wednesday, 14:00 – 16:00.
General Surgery/Colorectal University Hospital of Wales Band 2B Educational Supervisor Mr C Morris Clinical Supervisors Mr C Morris	This post involves working in a busy Colorectal Unit on Duthie ward. There are eight consultants split into two teams covering a broad range of elective Colorectal practice including tertiary services. The duties of this post include ward care of the Colorectal patients, pre-assessment for Surgery and participation on the General surgery on-call rota. This post provides good experience in management of acutely ill surgical patients and sepsis, cancer, nutrition, pre-optimisation and enhanced recovery. There are opportunities to attend the operating theatre, cancer MDTs and outpatient clinics. Foundation doctors are encouraged to be involved in an audit project or service evaluation during the post. There are also opportunities to undertake GCP training and participate in an active research programme.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental Quality and Safety Meetings (monthly). Colorectal Radiology and Data Meeting, weekly Friday morning.

FP/50		Educational Meetings
General Medicine/Clinical Pharmacology & Therapeutics University Hospital Llandough Band 1B Educational Supervisor Dr J Coulson Clinical Supervisors Dr J Coulson	This is an excellent opportunity to experience clinical pharmacology and toxicology in a tertiary center, working under the supervision of consultants internationally recognised within the field. This post-holder is responsible for eight beds on Gwenwyn ward, the regional poisons centre, and 15 general medical beds. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine Teaching Wednesday 12:00 – 13:00. UHL Grand Round Monthly Friday Lunchtime.
General Surgery/HPB University Hospital of Wales Band 1B Educational Supervisor Mr N Kumar Clinical Supervisor Mr N Kumar	This post is in the Cardiff Liver Unit which provides tertiary care to patients with liver surgical problems in South Wales. There are three consultant surgeons, clinical fellow, SpR, F2 and three F1s in this unit. There is a Clinical Nurse Specialist (CNS) for liver cancers. All the consultants do general surgical take and hence there will be a mixture of general and Hepatopancreatobiliary patients in the ward. This is a busy firm; there is at least a daily consultant ward round. This posting will provide an opportunity to learn management of complex problems in a systematic way. We have arrangements in the General surgery directorate to get additional help from other F1s as needed.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Monthly General Surgery Q&S meeting. Weekly teaching ward rounds. UHW Grand Round at 12:45, Wednesday.
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr B Mohamed Clinical Supervisors Dr K Davis & Dr B Mohamed	On-call is part of the general surgical rota. This post is on a 19 bedded acute medical ward (known as "FRaME") focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of two consultants, SpR, CT1 & two F1s. We provide medical cover for patients on outlying wards (C4N, Spinal Unit & Surgical Assessment Unit). There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00 on Friday. Medicine at 13:00 on Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).

FP/51		Educational Meetings
General Medicine/Geriatrics University Hospital Llandough Band 1B Educational Supervisor Prof M Stone Clinical Supervisors Prof M Stone	This post covers patients on two different wards: 14 patients on an acute care of the elderly ward also providing rehabilitation after the acute illness has resolved; 10 patients on an acute medical ward (known as "FRaME") focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. The team is composed of a Consultant, SpR, F2 and F1. We also look after any patients who remain on the Enhanced Care Unit after the medical intake day (1:19). Opportunity to attend specialised metabolic bone disease clinic. There are rotational periods on-call/ward-cover & on the acute assessment unit under supervision of the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHL Grand round (monthly). Departmental Teaching Thursday Lunchtime. Medicine Teaching Wednesday 12:00 – 13:00. Quality and Safety Meetings.
General Surgery/Upper GI University Hospital of Wales Band 1B Educational Supervisor Mr D Scott-Coombes Clinical Supervisors Mr M Stechman & Mr R Chavez	This post combines elective endocrine (thyroid, parathyroid and adrenal) with emergency general surgery. Most elective surgery takes place in the Short Stay Surgery Unit in UHW and you are welcome to come to get involved in the operations. There are two outpatient clinics each week and your presence is encouraged when time permits. The post also involves working in the emergency on-call rota and you will get a huge experience in assessment of the acute abdomen and other common emergencies. Along with the F1 the team consists of a CT1 and SpR, however there is a huge collaboration between trainees in Upper GI and transplant surgery.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Monthly Clinical Governance meeting.
ENT University Hospital of Wales Band 2B Educational Supervisor Mr G Roblin Clinical Supervisor Mr G Roblin	The trainee will experience a wide range of paediatric and adult presentations to ENT, from minor complaints such as nasal foreign bodies to complex life-threatening airway presentations. The trainee will be based on A5N, which is the head and neck surgical ward at UHW. The team includes two foundation doctors, one GP trainee and a CT2. Trainees will run casualty clinics, attend theatre and be part of variable but often busy on-call. There are daily consultant ward rounds and plenty of appetite for teaching and quality improvement work.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Weekly postgraduate ENT teaching programme. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings.

FP/52		Educational Meetings
General Medicine/Diabetes & Endocrinology University Hospital Llandough Band 1B Educational Supervisor Dr L George Educational Supervisor Dr L George	This post is based on ward East 4 on UHL where you will be responsible for 15 inpatients with the rest of the team. There are daily board rounds and twice weekly consultant rounds. There is a wide mix of general medicine with cardiac telemetry monitoring and a relatively short stay patient case mix. There is a diabetes and endocrinology specialty which offers experience both on the ward and reviewing ward referrals with senior colleagues. On-call is supervised by acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine Teaching, Wednesday at 12:00 – 13:00 UHL Grand Round, monthly Friday lunchtimes.
General Surgery/Vascular University Hospital of Wales Band 1B Educational Supervisor Miss S Hill Clinical Supervisor Miss S Hill	The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors. There are ample opportunities to attend theatre and out-patient clinics. On-call is part of the general surgical intake.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. AAA and Vascular MDT weekly. Quality and Safety Meetings (monthly).
Trauma & Orthopaedics University Hospital of Wales Band 1B Educational Supervisor Mr F Brooks Clinical Supervisor Mr F Brooks	This post is based on A6N the Welsh Centre of Spinal Surgery and Trauma. It is one of the most challenging and subsequently rewarding F1 posts and it will prepare junior doctors for their future careers. A6N is a 19 bedded ward and the F1 is responsible for the day to day care of the patients supported by a CT, SpR and Senior Spinal Fellow all based at UHW. In addition, each of the eight Consultants undertake a weekly Ward Round of their patients. The main focus is on the pre- and post-operative assessment, optimisation and management of patients with spinal pathology. Almost all key clinical skills are covered within the 4-month post. The F1 takes part in the acute orthopaedic intake on a 1:6 basis (without nights). There are significant research opportunities available for those interested.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Daily teaching sessions (trauma, radiology, spine, paediatrics) and the F1 plays an active role in the Spinal Audit Meeting.

FP/53		Educational Meetings
General Medicine/Respiratory University Hospital Llandough Band 1B Educational Supervisor Dr R Sabit Educational Supervisor Dr R Sabit	The post is based in UHL; the role includes the inpatient care of a broad range of respiratory & general medicine cases. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance & potentially chest drain insertion and to attend a weekly dedicated pleural clinic and lung cancer and interstitial lung disease MDTs. On-calls are supervised by the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHL Grand Round monthly. Weekly X-ray Meetings, Wednesday Lunchtime. Weekly Educational Meeting, Friday morning.
General Surgery/Vascular University Hospital of Wales Band 1B Educational Supervisor Mr I Williams Clinical Supervisors Mr I Williams	The post is on Ward B2 Vascular with elective vascular patients and emergency vascular and general patients. The team comprises of three Consultants, two registrars, one CT1, one F2 and four F1 doctors. There are ample opportunities to attend theatre and out-patient clinics. On-call is part of the general surgical intake.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. AAA and Vascular MDT weekly. Quality and Safety Meetings (monthly).
Trauma & Orthopaedics University Hospital of Wales Band 1B Educational Supervisor Mr C Wilson Clinical Supervisors Mr C Wilson & Dr A Johansen	The F1 role includes the inpatient care of trauma patients ranging from children to the elderly in UHW. The post is mainly ward based with cover of outlying patients as part of a trauma team. The post does not include any elective orthopaedics. Ward-based F1 on a 19-bedded orthopaedic ward for patients in whom a fracture is just one component of medical/psychosocial frailty. There is a focus on pre-operative assessment, optimisation & management with daily multidisciplinary professional team "board rounds". Weekly consultant orthopaedic and twice weekly orthogeriatrician ward rounds. Presentation at post-take joint surgical-orthogeriatric-anaesthetist consultant meeting. Acute orthopaedic intake is on a 1:6 basis (without nights).	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Departmental M&M / Quality & Safety Meetings. Daily teaching sessions (trauma, radiology, spine, paediatrics).

FP/54		Educational Meetings
General Medicine/Respiratory University Hospital of Wales (On-calls in University Hospital Llandough) Band 1B Educational Supervisor Dr S Barry UHW Clinical Supervisors Prof B Hope-Gill, Dr S Barry, Dr K Pink, Dr A Buttress, Dr A Whittaker & Dr D Parry	The post is based on ward B7 at UHW with on-call in UHL. B7 includes the inpatient care of a broad range of respiratory and general medicine cases. Particular experience in managing non-invasive ventilation can be obtained in the ward-based acute NIV Unit in addition to ITU stepdown patients; including patients with tracheostomies. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance and also potentially chest drain insertion. The post would suit somebody who would thrive in a busy clinical environment with a high turnover of patients and is keen to gain experience of managing patients with high levels of acuity. On-calls are in UHL, supervision is by the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00, Monday. UHW Grand Round at 12:45, Wednesday. Respiratory radiology meeting Tuesday 12:45, weekly. Departmental teaching Friday 12:30, weekly.
General Surgery/Colorectal University Hospital of Wales Band 1B Educational Supervisor Prof J Torkington Clinical Supervisors Prof J Torkington	In UHW the F1 will be part of a busy colorectal unit, looking after elective admissions and acute general surgery patients. This post provides excellent clinical experience in general surgery and good exposure to acute admissions.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Monthly General Surgery Q & S meeting. Weekly teaching ward rounds.
Urology University Hospital of Wales Band 2B Educational Supervisor Prof H Kynaston Clinical Supervisors Prof H Kynaston	Tertiary referral uro-oncology, elective and emergency and general urology, based on ward A5S. Attendance in main and day case theatres is encouraged and this post would suit any doctor interested in an acute specialty, in particular a surgical career. On-call emergency cross cover is with the surgical H@N team.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Weekly urology teaching sessions/journal club, lunchtime.

FP/55		Educational Meetings
General Medicine/Geriatrics University Hospital of Wales Band 1B Educational Supervisor Dr G Menon Clinical Supervisors Dr G Menon & Dr J Butler	This post is on a 19 bedded acute medical ward (known as "FRaME") focused on providing care to older people with varied medical conditions and complex care needs and requiring MDT input. Team is composed of two consultants, SpR, IMT1 & F1s. We provide medical cover for patients on outlying wards (B2 North & Southoutliers). There are rotational periods on-call/ward-cover & on the acute assessment unit.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Gerontology at 13:00, Friday. Medicine at 13:00, Monday. UHW Grand Round at 12:45, Wednesday. Quality and Safety Meetings (bimonthly).
General Surgery ROYAL GLAM , CTMUHB Educational Supervisor Mr M Rocker		
General Psychiatry ROYAL GLAM, CTMUHB Educational Supervisor Dr A Alam		

FP/56		Educational Meetings
General Medicine/Respiratory University Hospital of Wales (On-calls in University Hospital Llandough) Band 1B Educational Supervisor Prof B Hope-Gill Clinical Supervisor Prof B Hope-Gill	The post is based on ward B7 at UHW with on-call in UHL. B7 includes the inpatient care of a broad range of respiratory and general medicine cases. Particular experience in managing non-invasive ventilation can be obtained in the ward-based acute NIV Unit in addition to ITU stepdown patients; including patients with tracheostomies. There is good opportunity to gain experience in undertaking pleural procedures such as pleural aspiration under USS guidance and also potentially chest drain insertion. The post would suit somebody who would thrive in a busy clinical environment with a high turnover pf patients and is keen to gain experience of managing patients with high levels of acuity. On-calls are in UHL, supervision is by the acute and on-call physicians.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Medicine at 13:00, Monday. UHW Grand Round at 12:45, Wednesday. Respiratory radiology meeting Tuesday 12:45, weekly. Departmental teaching Friday 12:30, weekly.
General Surgery/HPB University Hospital of Wales Band 1B Educational Supervisor Mr N Kumar Clinical Supervisor Mr N Kumar	This post is in the Cardiff Liver Unit which provides tertiary care to patients with liver surgical problems in South Wales. There are 3 consultant surgeons, clinical fellow, SpR, F2 and three F1s in this unit. There is a Clinical Nurse Specialist (CNS) for liver cancers. All the consultants do general surgical take and hence there will be a mixture of general and Hepatopancreatobiliary patients in the ward. This is a busy firm, there is at least a daily consultant ward round. This posting will provide an opportunity to learn management of complex problems in a systematic way. We have arrangements in the General surgery directorate to get additional help from other F1s as needed. On-call is part of the general surgical rota.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). Monthly General Surgery Q & S meeting. Weekly teaching ward rounds. UHW Grand Round at 12:45, Wednesday.
Emergency Medicine University Hospital of Wales Unbanded Educational Supervisor Dr S Allen Clinical Supervisors Dr S Allen & duty consultants	The Emergency Unit experience includes the whole breadth of adult and paediatric patients presenting from relatively minor injuries to critically unwell victims of major trauma. We also see the medically unwell and those suffering mental illness. The environment promotes judicious use of diagnostic acumen and investigations. Procedural skills such as joint reduction can be learnt and with direct consultant supervision, leadership of cardiac arrest and trauma teams can be practiced.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Daily teaching, 12:00 weekdays. Structured EU teaching every 2 weeks. Monthly Q&S Meeting, Wednesday morning, including M&M.

FP/98		Educational Meetings
General Medicine/Geriatrics ROYAL GLAM, CTMUHB Educational Supervisor Dr M Chebbi		
Urology University Hospital of Wales Band 2B Educational Supervisor Mr O Tatarov Clinical Supervisors Mr O Tatarov	Tertiary referral uro-oncology, elective and emergency and general urology, based on ward A5S. Attendance in main and day-case theatres is encouraged and this post would suit any doctor interested in an acute specialty, in particular a surgical career. On-call emergency cross cover is with the surgical H@N team.	Local Foundation Team F1 teaching sessions (Monthly, Thursday pm). UHW Grand Round at 12:45, Wednesday. Weekly Urology lunchtime teaching sessions/journal club.
General Surgery/Breast ROYAL GLAM, CTMUHB Educational Supervisor Mr G Osborn		

Important Information

The previous post descriptions and banding are based primarily on previous designations and are provided to help guide and inform applicants. It does not form part of an employment contract.

If we are aware of changes in advance we will endeavour to ensure this is reflected in the information provided.

Posts do change at short notice and banding may have been amended. We are therefore not able to guarantee the information.