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Glan Clwyd Hospital

Foundation Programme Year 1

Updated: August 2020





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Welcome to North Wales

Discover....

Snowdonia



Beautiful beaches



North Wales is the Adrenaline Capital of the UK

Famous zip wires



Surf Snowdonia





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Glan Clwyd hospital is a 5 minute drive from Grwyth Castle, location for 2020 I'm a **Celebrity Get Me Out of Here**.



35 minute drive to the historical city of Chester – fantastic for shopping and eating out



One hour drive to Manchester Airport

Working at Betsi Cadwaladr University Local Health Board

Betsi Cadwaladr University Health Board is the largest health organisation in Wales, providing a full range of primary, community, mental health and acute hospital services for a population of around 676,000 people across the six counties of North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham) as well as some parts of mid Wales, Cheshire and Shropshire.

The Health Board employs around 16,500 staff and has a budget of around £1.2billion. It is responsible for the operation of three district general hospitals (Ysbyty Gwynedd in Bangor, Ysbyty Glan Clwyd near Rhyl, and Wrexham Maelor Hospital) as well as 22 other acute and community hospitals, and a network of over 90 health centres, clinics, community health team bases and mental health units. It also coordinates the work of 107 GP practices and NHS services provided by North Wales dentists, opticians and pharmacies.



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Glan Clwyd Hospital (Ysbyty Glan Clwyd)

Glan Clwyd Hospital is located in an area of recognised natural beauty with Snowdonia, stunning pristine beaches and enchanting castles all nearby. The local area offers a wide variety of lifestyle and family options, and for those keen to maintain ties further afield, the area has excellent transport links including fast direct trains to London. The cities of Chester, Manchester, and Liverpool are within In addition, the hospital and health board has excellent academic links with The University of Bangor, Glyndwr University, as well as close links with medical schools in Cardiff, Swansea, Liverpool and Manchester. There is a very active programme of Medical and Dental Education at both Undergraduate and Postgraduate levels. The hospital works closely with Health Education and Improvement Wales to provide high quality education and training, meeting the requirements of these regulatory bodies while maintaining the Health Board's high standards of patient care. There are excellent opportunities for the right candidate to support the further development of education and training

Glan Clwyd Hospital provides a new outlook and environment for doctors starting work at the site thanks to a multi-million pound development of all areas including wards, theatres and outpatient areas. Recent additions have also included the Emergency Quadrant and North Wales Cardiac Centre.

The hospital offers a variety of specialist areas to further your career, being home also to the North Wales Cancer Centre. It recently introduced a clinical fellowship Programme for working in PHEMS, involving time spent in Critical Care here and also working with EMRTS on the Wales Air Ambulance at Caernarfon.

Postgraduate centre

The Postgraduate Department operates from the Education Centre located at the front of Glan Clwyd Hospital and strives to provide a central point of reference and support for all junior doctors at the different stages of their career. All members of the department contribute different aspects and aim to provide a rounded educational and pastoral service postgraduate centre.

North Wales Clinical School

The North Wales Clinical School (NWCS) provides high quality educational facilities for Medical Students on placement in North Wales. The NWCS has grown both in stature and capacity over the last decade and welcomes approximately 250 medical students per year to Glan Clwyd Hospital.



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Fantastic Doctors' Mess



Hospital Accommodation

All Foundation Doctors in Wales are offered free hospital accommodation for the duration of their Foundation Year 1.

In the unlikely event that there is not available accommodation available, you will be able to claim expenses for this period instead.

Glan Clwyd Hospital Accommodation



- All our accommodation is on site and within a few minutes' walk from the main hospital itself
- Single/Family accommodation is provided, but please note that there is limited couples accommodation available
- Within our singles accommodation, we provide own furnished bedrooms within a flat that houses a maximum of three persons. Within the flat the three occupants would share facilities (kitchens/bathrooms). Please note we do not have en-suite facilities. Domestic service is provided weekdays but not weekend nor Bank Holiday periods. Couples accommodation is fully self-contained. Also within the residential complex is a laundrette with ample self-dosing washing machines and dryers
- Parking is available outside the accommodation buildings
- Contact Derek Blythin Accommodation Manager – Tel No 01745 583910 Ext 7342 or via email derek.blythin@wales.nhs.uk



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Testimonial – Dr Abbey Rogers

Working at YGC provides a unique opportunity to become part of a tightly knit DGH community. The rural area not only provides an opportunity to explore The Great Outdoors, but also exposes you to a diverse patient population.

I have had such positive experiences in both respiratory medicine and breast surgery. In both teams I was valued and supported from both a clinical and educational perspective. The respiratory consultants promote a very strong team ethos and encourage teaching and training opportunities. In breast surgery my seniors not only encouraged me to attend theatre several times per week (a unique opportunity for an FY1) but took time and care to teach me skills for no other reason but for my own educational development. I was lucky enough to be guided through a mastectomy, which I am so proud of and grateful for. Beyond the day job, North Wales has so much to offer. From stunning beaches to the peaks of Snowdonia, there is so much on offer. A typical social might be a barbecue and bonfire on the beach, or a trek up Tryfan. However, if city life is more for you, Chester is on your doorstep and Liverpool not far away. And yes you can have dominoes delivered to the hospital.

The key thing that differentiates YGC from other hospitals has to be the postgraduate department. For many of us, the continuous guidance and support from the postgrad family evolves into true friendship. I have had a brilliant kick start to my career in this hospital and the lifestyle that has accompanied the job has given me an incredible year of happy memories.





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Rotations – Master List

August 2021 to July 2022

The Programmes we have to offer are summarised below and detailed on the following pages.

There are three vacancies per Programme (a, b and c) that will undertake the listed placements each in a different order.

Programme	Placement 1	Placement 2	Placement 3
FP/25	Renal Medicine	Geriatric Medicine	General Surgery/Upper Gastrointestinal Surgery
FP/26	Respiratory Medicine	Emergency Medicine	General Surgery/Breast Surgery
FP/27	Endocrinology and Diabetes Mellitus	Urology	General Surgery
FP/28	Respiratory Medicine	Geriatric Medicine.	General Surgery
FP/29	Cardiology/Dermatology	Paediatrics/Neonatal Medicine	General Surgery
FP/30	Gastroenterology	Paediatrics/Neonatal Medicine	General Surgery/Colorectal Surgery
FP/31	Acute Internal Medicine	Anaesthetics	General Surgery/Vascular Surgery

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.



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Placement Details

Specialty	Geriatric Medicine
Programmes:	FP/025
Band	1B
<p>Description of placement</p> <p>The FY1 along with other members of the team will help to provide medical care to patients (and a variable number of outliers under the care the consultants on the team). They will also participate in the day on call rota (unselected medical intake) helping to clerk in patients referred in and participating in consultant ward rounds.</p> <p>*There is a wealth of clinical experience available that would help to develop following generic skills:</p> <ul style="list-style-type: none"> • Take a history, do a clinical examination & formulate a management plan • Review and act on results of investigations (including making appropriate referrals) • Communicating with patients (and significant others), other members of the multi-disciplinary team & colleagues from other disciplines • Safe prescribing <p>*Specialty specific experience in Geriatric medicine:</p> <ul style="list-style-type: none"> # Assessment of older patients admitted with falls, confusion, stroke # Comprehensive geriatric assessment (& role of multi-disciplinary assessment) # Discharge planning # Tilt table testing in assessment of falls & syncope <p>*Educational opportunities</p> <p>~Access to a robust educational programme</p> <p>~ Opportunities to participate in audits</p>	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p>



	Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr Adhiyaman

Specialty	General Surgery/Upper GI
Programmes:	FP/025
Band	1A
<p>Description of placement The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research.</p> <p>Main duties of the placement</p> <p>Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.</p>	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr R Morgan

Specialty	Renal Medicine
Programmes:	FP/025
Band	1B
Description of Placement	



The renal department consists of 3 consultants, working a separate renal and general medicine on-call. All consultants cover the Haemodialysis unit, and look after peritoneal dialysis and renal transplant patients.

The renal team consists of 3 Consultants, Specialty Dr, 1 x SpRs, 1 x IMT, FY1, Physician Associate and are supported by specialist nurses in chronic kidney disease, Renal anaemia, transplantation, peritoneal dialysis, as well as dedicated consultant psychologist, renal pharmacist, renal dietician and Renal social worker.

Ward work is based on ward 9, which is shared with the endocrine team, and on average we have 16 inpatients at a time.

There will be a varied inpatient workload consisting of general medical problems admitted via A+E/Acute medical unit, patients admitted with renal diseases or acute kidney injury, dialysis patients directly admitted from the unit, or unwell transplant recipients. Patients are also admitted for renal biopsies, or for radiological procedures.

Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>
Educational & Clinical Supervisors:	Dr S Shrikanth

Speciality	Emergency Medicine
Programmes:	FP/026
Band	1A
<p>Description of placement</p> <p>The department is staffed with a mixture of Consultants, SAS Doctors (24/7 middle grade rota in operation) and juniors. In addition, there is a strong nursing team including ENPs, extended scope physiotherapists and an evolving team of Advanced Nurse Practitioners. Our department is part of a new build Emergency Quadrant, completed just over 5 years ago, future proofed to deal with an annual attendance of 70,000. The Emergency Quadrant includes an acute medical unit, surgical assessment unit, and a co-located GP OOH unit. We last year enhanced our model of care through the development of a Same Day Emergency Care (SDEC) unit for ambulatory cases, which is now supported by a full-time acute physician. This joint medical and surgical unit was the first of its kind in Wales, and helped attract national attention for the</p>	



innovative way in which we had joined these teams, and developed new pathways from ED. We are planning to augment our service with the addition of a frailty unit and a GP admissions area

Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly E M teaching
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Educational & Clinical Supervisors:	Dr Tom O’Driscoll & Dr Paul Spambo
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Specialty	Breast Surgery
Programmes:	FP/026
Band	1A
<p>Description of placement</p> <p>The doctor will provide care for Breast and Oncoplastic patients, they will be part of the general surgical on call rota where they will look after acutely and chronically ill general surgical patients.</p> <p>They will have the opportunity to attend outpatient clinics, Theatre sessions and ward rounds.</p> <p>In addition to that they will have an opportunity to learn basic surgical skills and to get involved in audit and research.</p>	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr. Walid Abou Samra (educational supervisor) Prof. Mandana Pennick (Clinical Supervisor)

Specialty	Respiratory Medicine
Programmes:	FP/026



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Band	1B
Description of placement <u><i>Respiratory (Ward 11)</i></u> <ul style="list-style-type: none"> - MDT board round at 8:45 each morning - Two speciality registrars, one CMT/LAT SHO, two FY2s, one academic F2 & two FY1 doctors. - The consultants cover the ward on a rotating pattern for 1 month each. - The team is supported by a ward NIV nurse, smoking cessation practitioner, and a PA - The medical rota co-ordinator will not have your name down on their rota as technically you are supernumerary. You will not have any on-call commitments but can choose to work locum shifts. - Resp teaching/meeting Monday lunchtimes (go even if you're not on the ward that day) 	
Educational Meetings:	Weekly F1 teaching – Thursdays – 1 – 2pm Weekly Clinical Conference – Wednesday 1 – 2pm Weekly Physicians' Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly Respiratory teaching – Mondays 12.30 – 1.30
Educational & Clinical Supervisors:	Dr Robin Poyner

Specialty	Urology
Programmes:	FP/027
Band	1A
Description of placement	



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The doctor will provide care for elective and emergency patients in a busy Urology Department. The Department performs 555 elective inpatient cases, 2000 day case procedures and admits 620 emergency patients a year. There is ample opportunity to gain experience and knowledge in the management of patients presenting with common Urological complaints. The rotation also provides exposure to non-acute and urgent suspected cancer clinics, day-case lists and theatre.

Three days a week and an additional fourth day bi-weekly, are dedicated to Teaching. There is also Weekly Consultant Teaching Ward Rounds and MDT for direct supervision and feedback.

The Department is engaged in multiple Audits and Research projects which the doctor is encouraged to be a part of.

Educational Meetings:	Weekly F1 teaching, Thursday, 1 – 2pm Weekly Clinical Conference, Wednesdays 1 – 2pm Weekly Surgical Teaching Friday 8-9am Bi-Weekly Urology Teaching Wednesday 1230-130pm Weekly Consultant Teaching Ward Rounds Weekly MDT Wednesday 9-10am
Educational & Clinical Supervisors:	Professor Kingsley Ekwueme (Clinical Lead) Ms Carnjini Yogeswaran (Educational & Clinical Supervisor) Mr Vaikuntam Srinivasan (Educational & Clinical Supervisor)

Specialty	Endocrinology and Diabetes Mellitus
Programmes:	FP/027
Band	1B
<p>Description of Placement</p> <p>Ward work and general management of medical patients.</p> <p>Routine care of patients on diabetes and endocrinology ward.</p> <p>Management of patients on OHAs/ insulins and GLP-1.</p> <p>Management of Hypoglycemia, Hyperglycemia, DKA, Diabetic foot ulcers, liaise with DSNs, vascular and Orthopaedic teams.</p> <p>Management of general medical patients.</p> <p>Accompany the on call consultants for the post take ward rounds, do the jobs generated from the post take ward rounds ((which includes booking scans, sending referrals to other</p>	



specialties, adding on blood tests, cannulas, bloods and blood cultures), clerk new admission patients and managing them accordingly
If on ward cover, then ensuring that all the handover jobs are done (chasing bloods, prescribing fluids/warfarin, cannulas, taking bloods) and reviewing unwell patients
Taking part in FY1 on call rota.
Medical students teaching.

Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1 – 2pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Ward Teaching</p>
Educational & Clinical Supervisors:	Dr Aye Nyunt

Specialty	General Surgery
Programmes:	FP/027
Band	1A
<p>Description of Placement</p> <p>The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research.</p> <p>Main duties of the placement</p> <p>Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00– 2:00</p> <p>Weekly Clinical Conference, Wednesdays, 1:00 – 2:00</p>



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	Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr M Haider

Specialty	Geriatric Medicine
Programmes:	FP/028
Band	1B
<p>Description of Placement</p> <p>The FY1 along with other members of the team will help to provide medical care to patients (and a variable number of outliers under the care the consultants on the team). They will also participate in the day on call rota (unselected medical intake) helping to clerk in patients referred in and participating in consultant ward rounds.</p> <p>*There is a wealth of clinical experience available that would help to develop following generic skills:</p> <ul style="list-style-type: none"> • Take a history, do a clinical examination & formulate a management plan • Review and act on results of investigations (including making appropriate referrals) • Communicating with patients (and significant others), other members of the multi-disciplinary team & colleagues from other disciplines • Safe prescribing <p>*Specialty specific experience in Geriatric medicine:</p> <ul style="list-style-type: none"> # Assessment of older patients admitted with falls, confusion, stroke # Comprehensive geriatric assessment (& role of multi-disciplinary assessment) # Discharge planning # Tilt table testing in assessment of falls & syncope <p>*Educational opportunities</p> <ul style="list-style-type: none"> ~Access to a robust educational programme ~ Opportunities to participate in audits 	
Educational Meetings:	<p>Weekly F1 teaching – Thursdays – 1– 2pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p>



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	Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr Owen/Dr Chakrabarti

Specialty	General Surgery
Programmes:	FP/028
Band	1A
Description of Placement Consultant and Registrar ward rounds every morning Cannulation, bloods, organizing investigations, updating list. Taking history and examining patients, Prescribing fluids and medication safely. Writing on medical records accurately with plans of management. Communicating with patients, family of patient and colleagues. Learning how to prioritize and being organized. Educate patients effectively and teach medical students. Pre-op clerking Manage post-op complications with senior help and support Up to date record keeping. Team work with nurses, dieticians and others Request investigations Manage ward patients day to day Communication and delegation Theatre and out-patient clinics attendance Undertake audit projects supervised by the consultant	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00 Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr M Al-Rawi



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Specialty	Respiratory Medicine
Programmes:	FP/029
Band	1B
Description of Placement <u><i>Respiratory (Ward 11)</i></u> <ul style="list-style-type: none"> - MDT board round at 8:45 each morning - Two speciality registrars, one CMT/LAT SHO, two FY2s, One academic F2 & two FY1 doctors. - The consultants cover the ward on a rotating pattern for 1 month each. - The team is supported by a ward NIV nurse, smoking cessation practitioner, and a PA - The medical rota co-ordinator will not have your name down on their rota as technically you are supernumerary. You will not have any on-call commitments but can choose to work locum shifts. - Resp teaching/meeting Monday lunchtimes (go even if you're not on the ward that day) 	
Educational Meetings:	Weekly F1 teaching – Thursdays – 1 – 2pm Weekly Clinical Conference – Wednesday 1 – 2pm Weekly Physicians' Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly Respiratory teaching – Mondays – 12.30 – 1.30
Educational & Clinical Supervisors:	Dr Robyn Poyner

Specialty	Cardiology/Dermatology
Programmes:	FP/029
Band	1B
Description of Placement The doctor will provide daily care to patients admitted to ward 4 (cardiology and General Internal Medicine). There is good exposure to a variety of cardiology and general medical	



cases. This is supervised by a well experienced consultant and nursing staff and supported by medical trainees and specialist registrars.

The placement also involves on calls between 09:00 to 21:00 in Acute Medical Unit with good exposure to acute medical patients.

Educational Meetings:	<ul style="list-style-type: none"> • Weekly F1 teaching, Thursday, 1:00 – 2:00 • Weekly Clinical Conference, Wednesdays 1:00 – 2:00 • Weekly Departmental educational meeting, Wednesday 15:30 – 17:30
Educational & Clinical Supervisors:	Dr Wisam Khider (Educational lead) consultant cardiologist YGC

Specialty	General Surgery
Programmes:	FP/029
Band	1A
<p>Description of Placement</p> <p>The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of SHOs, registrars and consultants. Assessing patients presenting as emergencies, and contributing to their resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research.</p> <p>Main duties of the placement</p> <p>Ward rounds in a clinical team; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students; audit projects.</p> <p>Occasionally assisting in theatres and attending clinics for gaining experience.</p> <p>Weekdays and weekend on calls as per rota</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00– 2:00</p> <p>Weekly Clinical Conference, Wednesdays 1:00 – 2:00</p> <p>Weekly Surgical teaching – Fridays, 8:00 – 9:00</p>



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Educational & Clinical Supervisors:	Mr. C Chatzidimitriou
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Specialty	Paediatrics/Neonatal Medicine
Programmes:	FP/029
Band	1B
<p>Description of Placement</p> <p>FY1s are supernumerary in Gen Paediatrics- however, an important part of the team. They will join a 1:5 rota (only Sat & Sunday) with no night on calls. They will also be on a long day shift (alongside the on call SHO) once every week.</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00 – 2:00</p> <p>Weekly Clinical Conference, Wednesdays 1 :00– 2:00</p> <p>Daily teaching after handover/ during ward rounds</p>
Educational & Clinical Supervisors:	Dr Aradhana Ingley

Specialty	Gastroenterology
Programmes:	FP/030
Band	1B
<p>Description of placement</p> <p>This is a ward-based post with on call commitments. There are excellent educational facilities and opportunities with regular general medical regular meetings (three a week). The post delivers on general medical foundation learning opportunities including exposure to a wide variety of medical conditions on call, enabling taking a history and examination, developing a plan of investigation and management, excellent exposure to perform practical procedures. Up to date is available. Specialty education offers a weekly gastroenterology education meeting which the post holder will contribute to, demonstrating knowledge acquisition and presentation skills, as well as understanding the importance of clinical governance with regular governance and case based audits of team members. This is a busy post and the trainee develops skills in time management, good team working and communication, on a background of learning hepatobiliary and luminal gastrointestinal disorders, and develop competency at performing abdominal paracentesis. .</p>	



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Ward based duties predominantly, working closely with ward staff. Provide cross cover and ensure all leave is arranged in a timely fashion with due notice and appropriate cover. On call commitment to be part of the unselected medical take. Ensure electronic discharge summaries completed. Attend and contribute to educational meetings

Educational Meetings:

Weekly F1 teaching – Thursdays – 1:00 – 2:00

Weekly Clinical Conference – Wednesday 1:00
2:00

Weekly Physicians’ Round – Fridays 11:30-12:30

Monthly Medical Governance meeting – 2nd
Tuesday of the Month at 13:00

**Educational & Clinical
Supervisors:**

Dr A Baghomian

Specialty	Paediatrics/Neonatal Medicine
Programmes:	FP/030
Band	1B
<p>Description of Placement Assessment and management of acutely unwell children presenting to children's ward / CAU. Including initiation of management. Attendance at clinic sessions, including sub-specialties. Regular attendance at departmental and hospital /foundation teaching sessions. Time spent on neonatal unit, including baby checks.</p> <p>During the placement, the foundation doctor would be expected to: Develop skills in recognising and treating a sick child. This will be demonstrated by increasing independence in initiation of appropriate early management, and can be further shown through completion of SLEs - specifically Mini-CEX and CBD.</p> <p>Build on already established practical skills, learning to apply these skills to children and young people. Specific practical skills will include: Airway care including simple adjuncts, Blood culture (peripheral), IV Cannulation, IV infusion including prescription of fluids, Perform and interpret an ECG, Perform and interpret peak flow, Urethral catheterisation (male), Venepuncture. This will be demonstrated through the use of DOPS. Develop an understanding of common infective conditions such as bronchitis, URTI, LRTI, gastroenteritis and sepsis. Demonstrate through reflective accounts progress made in treating these conditions and application to future patients.</p> <p>Attendance on ward rounds, admission / assessment of acute referrals, review of ward attendance patients, attendance as observer in clinics, taking blood in morning phlebotomy sessions, review and follow-up of results, effective delivery of handover.</p>	



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Educational Meetings:	Weekly F1 teaching, Thursday, 1:00 – 2:00 Weekly Clinical Conference, Wednesdays 1:00 – 2:00 Daily teaching after handover/ during ward rounds
Educational & Clinical Supervisors:	Dr Matthew Sandman

Specialty	General Surgery/ Colorectal Surgery
Programmes:	FP/030
Band	1A
<p>Description of Placement</p> <p>Colorectal and general surgery</p> <p>This post gives exposure to all types of elective and emergency general surgery and ample opportunity for exposure in theatres for those who desire it. Colorectal and general surgery are with Mr Maw and emergency general surgery with others consultants in the department. All common surgical emergencies are frequently admitted to the department. There is some cross cover for vascular surgery emergencies when on call.</p> <p>Main duties of the placement</p> <p>Daily ward care for Mr Maw's patients and other consultants patients. Discharge summaries. Preparing patients for theatre.</p> <p>Clerking in and sorting out emergency surgical patients</p> <p>Typical working week</p> <p>Mon: Ward rounds and Theatre all day alternate weeks</p> <p>Tues: Ward rounds and Theatre all day weekly</p> <p>Wed: Ward round / admin duties</p> <p>Thurs: Clinic am / pm Bowel screening colonoscopy list</p> <p>Fri: Teaching am / ward rounds/ Colonoscopy list am admin duties pm</p> <p><u>Ward round cover, cover for other consultants patient and on call as per weekly duties rota</u></p>	
Educational Meetings:	Weekly F1 teaching, Thursday, 1:00– 2:00 Weekly Clinical Conference, Wednesdays, 1:00 – 2:00



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	Weekly Surgical teaching – Friday, 8:00 – 9:00
Educational & Clinical Supervisors:	Mr Andrew Maw

Specialty	Anaesthetics
Programmes:	FP/031
Band	1A
Description of placement <ol style="list-style-type: none"> 1. In theatres: opportunities to practice airway skills like Bag-Mask ventilation, airway maneuvers, insertion of airway adjuncts, LMA's, ETT's, NG tubes, peripheral iv access (cannulas, mid lines, PICC lines), arterial lines and central lines. Opportunity to use the standard laryngoscope or the video laryngoscope. Opportunity to observe advance airway techniques like awake or asleep fiber-optic intubation and the use of ultrasound for different techniques. Opportunity to familiarize with the perioperative management of a patient coming for elective or emergency surgical procedures (pre-operative assessment and optimization, intra operative management, postoperative management of pain, nausea and vomiting and other immediate complications. 2. In ITU: daily handover, daily review of ITU patients including new admissions with senior and MDT support. Opportunity to perform skills like NG tube insertion, USS guided CVC, vacate and PICC line insertion, arterial line insertion, airway skills in sick patients. Observation of tracheostomy, bronchoscopy and assisting with the transfer of ITU patients for imaging. 3. Team work, quality improvement, teaching, prescribing medication, attending medical emergencies 	
Educational Meetings:	Weekly F1 teaching – Thursdays – 1:00 – 2:00 Weekly Clinical Conference – Wednesday 1:00 – 2:00pm
Educational & Clinical Supervisors:	Dr Claudia Variu



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Specialty	Vascular Surgery
Programmes:	FP/031
Band	1A
<p>Description of placement The doctor will provide care for vascular inpatients in YGC and the vascular ward. YGC is the vascular hub for NW and the doctor will be exposed to a great variety of acute medical and vascular surgical pathologies. There is a daily consultant ward round along with a team of vascular middle grades and juniors including registrar/ fellow and SHOs. The doctor will do on calls for the general surgery team as per general surgery rota.</p>	
Educational Meetings:	<p>Weekly F1 teaching, Thursday, 1:00– 2:00</p> <p>Weekly Clinical Conference, Wednesdays 1:00 – 2:00</p> <p>Weekly Surgical teaching – Fridays, 8:00 – 9:00</p> <p>Weekly Vascular teaching</p>
Educational & Clinical Supervisors:	<p>AES Mr S. Sohrabi</p> <p>CS on call vascular consultants</p>

Specialty	Acute Medical Unit
Programmes:	FP/031
Band	1B
<p>Description of placement The Dept of Acute Medicine comprises 4 Consultant Physicians of whom 2 do acute medicine and diabetes/ Endo and one does acute medicine and renal medicine. There is an associated specialist who covers review patients three days a week. There is ambulatory care area, DVT service and ADTT service attached to the unit. The department serves Central North Wales with a catchments population of 250,000.</p> <p>There are F1 and F2 attached to the unit. They will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit till they transferred to the other medical wards.</p>	



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The overall educational objectives of the F1 /F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to

- Take a history and examine a patient
- Identify and synthesize problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively

Become life-long learners and teachers

Educational Meetings:

Weekly F1 teaching – Thursdays – 1 :00– 2:00

Weekly Clinical Conference – Wednesday 1:00 – 2:00

Weekly Physicians’ Round – Fridays 11:30-12:30

Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00

Educational & Clinical Supervisors:

Dr G Sreemantula