



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board

**Withybush General Hospital**  
**Haverfordwest, SA61 2PZ**  
**Tel: Helen Francis 01437 773723**  
**[helen.francis@wales.nhs.uk](mailto:helen.francis@wales.nhs.uk)**

**Number of beds: 218**  
**Number of F1 posts : 12**

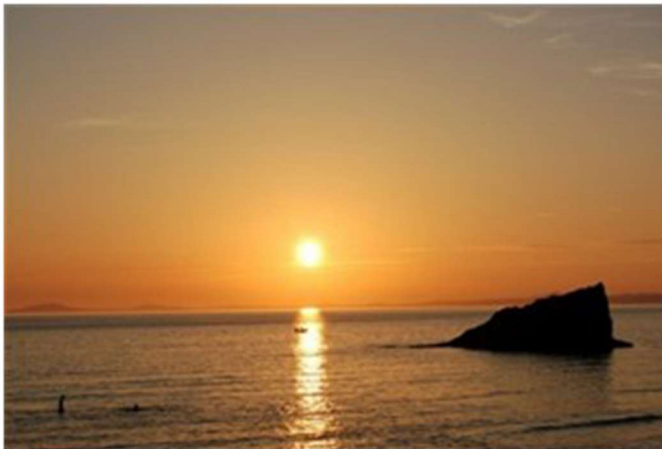
Withybush Hospital is a modern District General Hospital with approximately 218 beds and is the only hospital serving Pembrokeshire residents and holiday makers year round. We have 6 operating theatres including a Day Surgery Unit, Emergency and Urgent Care Centre and Adult Clinical Decision Unit (ACDU) and a Renal Unit. Our Endoscopy suite is the 3rd unit to receive JAG accreditation in Wales. A Haematology & Oncology unit opened in January 2017.

The medical department has a ward based model which provides an opportunity to work in a multi-disciplinary team with engaged physicians. We have recently appointed 2 Care of the Elderly Consultants and an Ortho-geriatric Consultant which has enhanced the department.

Withybush also contains 3 surgical wards, a

general surgical, orthopaedic, gynaecological ward as well as ITU and HDU facilities, Paediatric Ambulatory Care Unit (PACU) and a Midwifery Led Unit.

The F1s in the Emergency Medicine/surgery/Care of the elderly rotation, will have opportunity to join the Coastal Medicine programme, working with the RNL (Lifeboats and Lifeguards. F1s would learn medical, communication and educational skills, via a realistic, team-based approach to the pre-hospital management of casualties.



*View of Broad Haven Beach*

## Teaching and Training

<b>Teaching Programmes</b>	
Tuesday	F1 Core Curriculum, F2 Core Curriculum Paediatric,
Wednesday	Grand Round, A&E, O&G
Thursday	F2 Teaching, Medicine
Friday	T&O, Surgical, COTE

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*Life boat training*

The Medical Education department consists of 6 members of staff who have created an educational environment that nurtures and develops doctors for the future. We deliver quality training standards by harmonising service and teaching to maximise all the educational opportunities within the clinical setting. We have a culture at Withybush of educators supporting and developing doctors as trainers and provide continual professional development opportunities to all of our doctors and dentists.

Withybush Hospital has a robust teaching and training programme providing the Foundation curriculum and departmental teaching on a weekly basis along with ward-based teaching.

As winners of the Paul Bradley Prize for Excellence in Clinical Skills Training, we pride ourselves in providing a safe environment for undergraduate, postgraduate, team and inter-professional simulation and skills training.

Our Clinical Skills tutor facilitates various skills teaching using our wide range of manikins with assistance of senior doctors and simulation training with our Leardal Simman in the skills lab as well as in-situ in A&E and on the wards.

The Withybush Library offers support and advice with multi-disciplinary resources and aim to provide an equitable service to all employees and students on placement. The library, IT room and clinical skills lab have 24hr access and the whole site has The Cloud as its Wi-Fi provider.

There are 2 Doctor Mess rooms, one located in the hospital and the other in an accommodation block. Every year a Mess committee is assembled to provide a voice for the junior doctor in training at a Health Board level as well as organise social meetings and functions to support new doctor in Withybush.

We have medical students from both Cardiff and Swansea University whom of which are all eager to learn from both foundation and senior doctors.

## **F1 Posts**

FP89a/b/c	Diabetes & Endocrine	General Surgery	Cardiology
FP90a/b/c	Care of the Elderly	General Surgery	Cardiology
FP91a/b/c	Emergency Medicine	Care of the Elderly	General Surgery
FP92a/b/c	General Surgery	General Medicine/Haematology	Care of the Elderly

For more detailed information on these posts  
contact Helen Francis Foundation Programme  
Coordinator,01437773723

[helen.francis@wales.nhs.uk](mailto:helen.francis@wales.nhs.uk)



*RNLI Training*

## **Testimonials**

"Lots of support. All of the seniors were very approachable and very keen to teach" – Surgical F1

"Good experience in care of the elderly. Broad range of topics to learn from" - Medicine F1

"Being supernumerary in this post gives a lot more freedom to see patients without pressure. This means being able to give every patient your whole attention and make appropriate and safe clinical decisions. Every patient you feel can probably go home has to be discussed with a senior first which ensures safe practice" – Emergency Medicine F1

"I am satisfied with this first rotation, I feel it contributed massively to my learning experience. I felt as part of the team, I was well supported, I had no difficulty in getting my TABS, and the other tickets done, I had good support and I would definitely recommend this rotation!" – Surgical F1

"For a medical specialty, I found the environment to be quite relaxed. It was a friendly working environment and my seniors were easily accessible and approachable. I had lots of opportunities to practice and improve my clinical skills." – Medicine F1

"Excellently run geriatric ward with passionate members of staff across all fields. In particular excellent team approach to discharge. Senior staff extremely supportive and great to learn from." – Medicine F1.