



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Addysg a Gwella Iechyd Cymru (AaGIC)
Health Education and Improvement Wales (HEIW)

Tŷ Dysgu, Cefn Coed,
Nantgarw CF15 7QQ

Ffôn | Tel: 03300 585 005

Ebost | Email: heiw@wales.nhs.uk

Gwefan | Web: aagic.gig.cymru / heiw.nhs.wales

Our Ref: DLIB/FOI/19-01-26

Thank you for your request for information under the Freedom of Information Act, received on 19 January 2026, reference number FOI 19/01/26. I can confirm that Health Education and Improvement Wales (HEIW) has completed a search of its records and has established that it does hold information falling within the confines of your request which relates to additional time in training for residents in GP training.

The need for additional time is determined at Annual Review of Competency Progression with the award of an Outcome 3 in accordance with the Reference Guide for Postgraduate Specialty Training in the UK (the 'Gold Guide'). This enables residents to access additional time and support to acquire competencies where further development needs have been identified. Your request was as follows:

Provide following anonymised information for GP Specialty Trainees (GPSTs) in Wales in the past 5 years or so:

- 1. The number of GPSTs who had an extension in their training (by training year (e.g., ST1, ST2, ST3, latest 5–10 years, if possible)).**
- 2. A breakdown of those extended training episodes (if possible) by:**
 - a. Sex**
 - b. School (e.g., UKMG / IMG)**
 - c. Nationality**
 - d. Ethnicity**
 - e. Training level at time of extension**
 - f. Region or training scheme (if available)**

Please see Appendix 1 which provides the data requested for questions 1 and 2 above.

In accordance with the anonymisation managing data protection risk code of practice [Anonymisation: managing data protection risk code of practice \(ico.org.uk\)](https://ico.org.uk/for-organisations/guide-to-data-protection/guide-to-the-general-data-protection-regulation-gdpr/11-anonymisation), please note that once the number of individuals drops below a certain level, data may become identifiable. For this reason, data contained within appendix 1 has been suppressed where the number of individuals is less than 5.



Information relating to all GP trainees that received an ARCP outcome 3 from 2016 onwards

ST Year	No. of trainees
1	15
2	37
3	262
Total	314

Sex	No. of trainees
Female	102
Male	211
Data not recorded	<5
Total	314

GP training scheme	No. of trainees
Aberystwyth	9
Bangor	5
Bridgend	27
Cardiff	26
Carmarthen	37
Dyffryn Clwyd	23
Glamorgan Valleys	32
Gwent & South Powys	46
Pembrokeshire	13
Swansea Bay	73
Wrexham & North Powys	23
Total	314

Country of Qualification	Count of GMC Number
Bangladesh	8
China	<5
Czech Republic	6
Egypt	37
England	36
Germany	<5
Ghana	<5
Grenada	<5
India	25
Iraq	11
Ireland	<5
Kyrgyzstan	<5
Lebanon	<5
Libya	<5
Libyan Arab Jamahiriya	<5
Lithuania	<5
Malta	<5
Myanmar	8
Nepal	<5
Nigeria	28
North Macedonia	<5
Pakistan	39
Philippines	<5
Poland	<5
Romania	11
Russia	12
Saudi Arabia	<5
Sudan	15
Ukraine	13
Wales	33
Yemen	<5
Zambia	<5
#N/A	<5
Total	314

Nationality	No. of trainees
Bangladeshi	8
British	121
Canadian	7
Egyptian	36
French	<5
German	<5
Greek	<5
Indian	13
Iraqi	<5
Irish	<5
Kyrgyzstani	<5
Lebanese	<5
Libyan	<5
Malaysian	7
Myanmar	8
Nepalese	<5
Nigerian	31
NULL	8
Pakistani	26
Polish	<5
Romanian	<5
Russian	5
Saudi	<5
Sudanese	12
Syrian	<5
Trinidadian & Tobagan	<5
Zimbabwean	<5
Grand Total	314

Ethnicity	No. of trainees
Any other Asian background	5
Any other ethnic group	11
Any other mixed background	5
Any other white background	<5
Asian or Asian British - Bangladeshi	9
Asian or Asian British - Indian	35
Asian or Asian British - Pakistani	50
Black or Black British - African	49
Black or Black British - Caribbean	<5
Mixed White and Black African	<5
Not stated	103
White - British	37
White - Irish	<5
Total	314

Medical School	No. of trainees
Aden University	<5
Ahfad University for Women	<5
Ain Shams University	<5
Al-Azhar University	<5
Alexandria University	18
Al-Nahrain University	5
Ambrose Alli University	<5
Amrita Vishwa Vidyapeetham University	<5
Annamalai University	<5
Assiut University	<5
Bahauddin Zakariya University	<5
Bangladesh Medical College	<5
Baqai Medical University	<5
Benghazi University	<5
Beni Suef University Faculty of Medicine	<5
Bharati Vidyapeeth Deemed University - Bharati Vidyapeeth Medical College	<5
Bombay University	<5
Cairo University	5
Cardiff University	27
Charles University	<5
Charles University Prague	<5
Dalian Medical University	<5
Danylo Haytsky Lviv National Medical University	<5
Dhaka University	<5
Dow University of Health Sciences	<5
Dow University of Health Sciences - Sindh Medical College	<5
Dr NTR University of Health Sciences - Guntur Medical College	<5
Foundation University - Foundation University Medical College	<5
Hamdard College of Medicine & Dentistry	<5
Horbachevsky Ternopil State Medical Academy	<5
Ibn Sina National College for Medical Studies	<5
Institute of Medicine and Pharmacy in Targu Mures	<5
Irkutsk State Medical University	5
Karachi Medical College	<5
Karnatak University	<5
Kashmir University	<5
Kathmandu University	<5
keele	<5
Keele University	5
Khartoum University	<5
King Edward Medical University	<5
King Saud University Riyadh College of Medicine	<5
Kings College London	<5
Kings College London (KCL)	<5
Kwame Nkrumah University of Science and Technology	<5
Kyrgyz State Medical Academy	<5
Ladoke Akintola University of Technology	6
Lithuanian University of Health Sciences	<5
Ludwig-maximilian University	<5
Lugansk State Medical University	<5
Manipal Academy of Higher Education Deemed University - Kasturba Medical College Mangalore	<5
Mansoura University Faculty of Medicine	<5
Masaryk University	<5
Menoufia University	<5
National Medical University	<5
National Progov Memorial Medical University	<5
National University of Ireland - University College of Dublin	<5
Nnamdi Azikiwe University	<5
Novosibirsk State Medical Institute	<5
NTR University of Health Sciences	<5
Obafemi Awolowo University	<5
Olabisi Onabanjo University	<5
Omdurman Islamic University	<5

People's Friendship University of Russia	<5
Peshawar Medical College	<5
Queen Mary University of London	<5
Rajiv Gandhi University of Health Sciences	<5
Rajiv Gandhi University of Health Sciences - JSS Medical College	<5
Ranchi University	<5
Russian State Medical University	<5
Salahadin University	<5
Shah Jalal University of Science and Technology - Sylhet MAG Osmani Medical College	<5
Shifa Tameer-e-Millat University - Shifa College of Medicine	<5
St George's Hospital Medical School	<5
St George's University	<5
Swansea University	6
Tamil Nadu Dr MGR Medical University - Madurai Medical College	<5
Tamil Nadu DR. MGR Medical University	<5
Tanta University	<5
The National Ribat University	<5
The University of Brighton and the University of Sussex	<5
The University Of Hull and the University of York	<5
Tribhuvan University - Institute of Medicine	<5
Tula State University Medical Institute	<5
Universitatea de Medicina si Farmacie Grigore T Popa	<5
Universitatea de Medicina si Farmacie Iuliu Hatieganu	<5
Universitatea Ovidius	5
Universities of Exeter and Plymouth	<5
University College London	<5
University of Al Fateh	<5
University of Baghdad	<5
University of Bahri College of Medicine and Health Science	<5
University of Batamand	<5
University of Benin	<5
University of Bristol	<5
University of Dhaka - Holy Family Red Crescent Medical College	<5
University of Dhaka Faridpur Medical College	<5
University of East Anglia	<5
University of Health Sciences - Allama Iqbal Medical College	<5
University of Health Sciences - Guntur Medical College	<5
University of Health Sciences Lahore	<5
University of Health Sciences Lahore - Lahore Medical and Dental College	<5
University of Health Sciences Lahore - Nishtar Medical College Multan	<5
University of Health Sciences Lahore Rawalpindi Medical University	<5
University of Health Sciences, Lahore	<5
University of Ibadan	<5
University of Ilorin	<5
University of Jos	<5
University of Karachi	<5
University of Khartoum	<5
University of Lagos	5
University of Lagos College of Medicine	<5
University of Lahore College of Medicine and Dentistry	<5
University of Leeds	<5
University of Leicester	<5
University of Limerick	<5
University of Liverpool	<5
University of London	<5
University of Malta	<5
University of Manchester	<5
University of Medical Sciences & Technology	<5
University of Medicine 1	<5
University of Medicine 1 Yangon	5
University of Medicine Mandatay	<5
University of Minia	<5
University of Newcastle upon Tyne	<5
University of Peshawar Women Medical College Abbottabad	<5
University of Port Harcourt	<5
University of Punjab - Fatima Jinnah Medical College for Women	<5
University of Punjab (Pakistan)	<5

University of Sheffield	<5
University of Southampton	<5
University of Ss Cyril and Methodius	<5
University of the Philippines	<5
University of Tripoli Faculty of Medicine	<5
Uniwersytet Medyczny im Karola Marcinkowskiego W Poznaniu III	<5
Vinnitsa National Pirogov Memorial Medical University	<5
Xian Jiaotong University	<5
Zambia University	<5
#N/A	<5
Total	314