



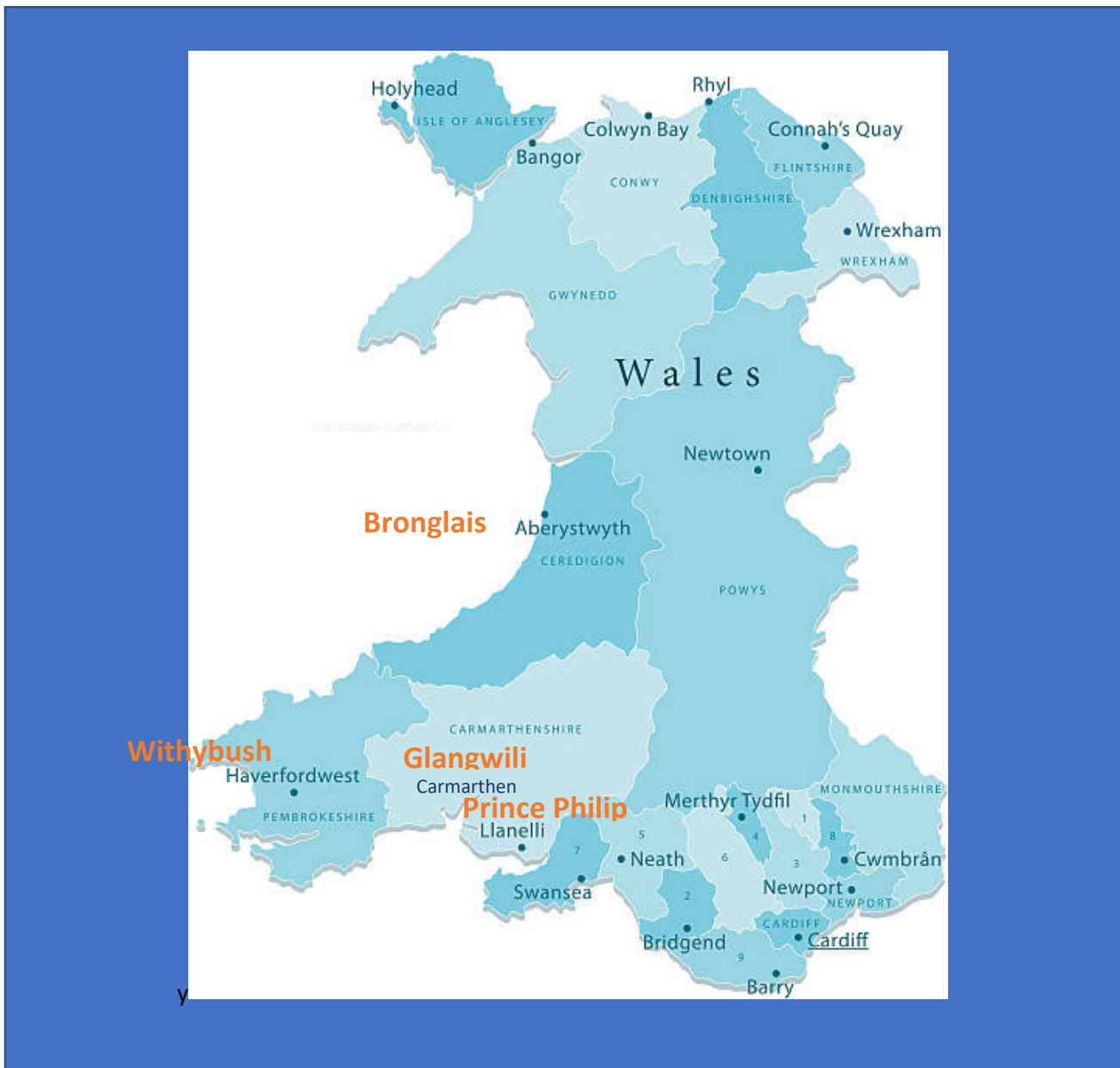
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Hywel Dda

University Health Board

Foundation Programme Year 1



Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total population of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

Working at Hywel Dda University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.





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Llanelli

Prince Philip Hospital

Llanelli is approx 10 miles West of Swansea and 12 miles South East of Carmarthen and has a population of around 35,000.

Rugby fans will adore residing in a town which has a proud rugby tradition, and have 'Parc y Scarlets' on their doorstep. Outdoor enthusiasts will enjoy the Millennium Coastal Path and the WWT Llanelli Wetland Centre. Historic houses and castles are also within a short drive. There is a world class Nicklaus-designed golf resort on the edge of town.



Trostre Retail Park provides a modern shopping experience, comprising a wide range of high street stores and eating outlets. Llanelli town centre is also well served by a variety of high street stores and many independent shops and cafes.



For your entertainment, there is the five screen Odeon cinema and Theatre-Elli-Llanelli Entertainment Centre, which hosts a wide variety of shows. Good public transport links put events elsewhere in South Wales within easy reach.



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Prince Philip Hospital



Prince Philip Hospital is located on the outskirts of Llanelli, in easy reach of the M4 motorway and coastal relief road. The hospital is on bus routes, including a link from the railway station.

Benefiting from a new 'front of house' investment,

the hospital has an Acute Medical Assessment Unit and Minor Injuries Unit. The hospital provides comprehensive General Medicine services, Elective General Surgery, Urology and Orthopaedic services.

Trainees and Medical Students have access to a fully functioning Clinical Skills Lab. There is also a programme of simulated patient scenarios.

Prince Philip Hospital / Llanelli area has achieved excellence in:-

- The Wellness and Life Science Village at Delta Lakes, Llanelli, is part of ARCH (A Regional Collaboration for Health) in partnership with Swansea Bay University Health Board. The initiative covers the whole of South West Wales and will benefit a million people.
- A Rapid Access Lung Cancer clinic
- State of the art Breast Unit

All trainees are encouraged to participate in the Quality and Safety Agenda by undertaking Clinical Audits and Quality Improvement Projects.

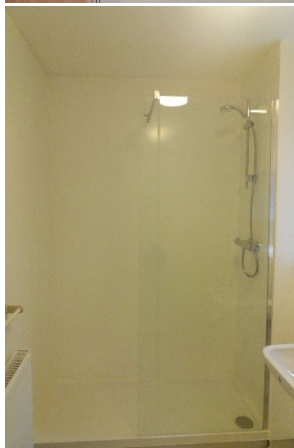
Hospital Provided Accommodation

All Foundation Doctors in Wales are offered free hospital accommodation for the duration of their Foundation Year 1.

In the unlikely event that there is no accommodation available, there is a possibility of you being able to claim expenses.

Below we have briefly outlined the accommodation that is available within this Health Board:-

- The accommodation for Foundation doctors is sited in the designated residential blocks which are in close proximity to the hospital and Medical Education Centre.
- Single rooms are provided, but there are some flats for married accommodation may be available to rent, subject to availability.
- Each block has flats with four bedrooms sharing a kitchen and bathroom. Some rooms have en-suite wc and showers.
- There is a carpark for residents' use on the hospital site.
- The Doctors Mess has Sky TV, Wifi and a kitchen area. There is a monthly charge to cover the facilities.
 - The Accommodation Officers are Susan Davies – email: Susan.Davies16af2e@wales.nhs.uk
 - James Whitehead – email: James.d.Whitehead@wales.nhs.uk





Rotations – Master List

August 2022 to July 2023

The Programmes we have to offer are summarised below and detailed on the following pages.

There are three vacancies per Programme (A, B and C). Each will be undertaken in a different order.

F1 posts at Prince Philip Hospital

Programme	Placement 1	Placement 2	Placement 3
FP15 A	General Medicine / Gastroenterology	Emergency Medicine	Rheumatology
B	Emergency Medicine	Rheumatology	General Medicine / Gastroenterology
C	Rheumatology	General Medicine / Gastroenterology	Emergency Medicine
FP16 A	General Medicine / Diabetes	Breast Surgery	General Medicine / Care of the Elderly
B	General Medicine / Care of the Elderly	General Medicine / Diabetes	Breast Surgery
C	Breast Surgery	General Medicine / Diabetes	General Medicine / Diabetes
FP17 A	General Medicine / Cardiology	General Medicine / Respiratory	Anaesthetics (with on-call at Glangwili)
B	Anaesthetics (with on-call at Glangwili)	General Medicine / Cardiology	General Medicine / Respiratory
C	General Medicine / Respiratory	Anaesthetics (with on-call at Glangwili)	General Medicine / Cardiology
FP18 A	General Medicine / Care of the Elderly	Haematology	Emergency Medicine
B	Emergency Medicine	General Medicine / Care of the Elderly	Haematology
C	Haematology	Emergency Medicine	General Medicine / Care of the Elderly



FP23 A	General Medicine / Respiratory	General Surgery	Palliative Care / Haematology
B	Palliative Care / Haematology	General Medicine / Respiratory	General Surgery
C	General Surgery	Palliative Care / Haematology	General Medicine / Respiratory
FP06 A	Urology	General Medicine / Care of the Elderly	General Medicine / Gastroenterology
B	General Medicine / Gastroenterology	Urology	General Medicine / Care of the Elderly
C	General Medicine / Care of the Elderly	General Medicine / Gastroenterology	Urology
FP123 A LIFT programme	Minor Injuries Unit/Emergency Medicine <i>(*LIFT element with Simulation teaching 1 day/week)</i>	General Medicine/ Gastroenterology <i>(*LIFT element with SDEC 1 day/week)</i>	General Medicine/Care of the Elderly <i>(*LIFT element with SDEC 1 day/week)</i>
B LIFT programme	General Medicine/Care of the Elderly <i>(*LIFT element with SDEC 1 day/week)</i>	Minor Injuries Unit/Emergency Medicine <i>(*LIFT element with Simulation teaching 1 day/week)</i>	General Medicine/ Gastroenterology <i>(*LIFT element with SDEC 1 day/week)</i>
C LIFT programme	General Medicine/ Gastroenterology <i>(*LIFT element with SDEC 1 day/week)</i>	General Medicine/Care of the Elderly <i>(*LIFT element with SDEC 1 day/week)</i>	Minor Injuries Unit/Emergency Medicine <i>(*LIFT element with Simulation teaching 1 day/week)</i>
FP132 A LIFT programme	Breast Surgery	General Medicine / Diabetes	General Medicine / Cardiology
<i>(*LIFT element with SDEC/ General Practice 1 day/week)</i>			
B LIFT programme	General Medicine / Cardiology	Breast Surgery	General Medicine / Diabetes
<i>(*LIFT element with SDEC/ General Practice 1 day/week)</i>			
C LIFT programme	General Medicine / Diabetes	General Medicine / Cardiology	Breast Surgery
<i>(*LIFT element with SDEC/ General Practice 1 day/week)</i>			



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Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.



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The following posts are located at Prince Philip Hospital, Llanelli or in General Practice surgeries in Carmarthenshire.

Some rotations are at Glangwili Hospital, Carmarthen as indicated.

Placement Details

General Medicine / Gastroenterology	Prince Philip Hospital, Llanelli
Programmes:	FP15A
Band 2B 50%	Rota is 1:26
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Philip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>	
Educational Meetings:	Daily Consultant Ward Rounds Weekly F1 Teaching Med Meeting Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Ian Rees



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Placement Details

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP15B
Band 1A	Rota is 1:3
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F1 teaching Emergency Department teaching – 3 hours Three hours bleep free teaching every Wednesday afternoon, 2pm – 5pm which usually consists of three one hour sessions covering the Emergency Medicine curriculum. Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors	Dr Lakshman Nangalia



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Rheumatology	Prince Philip Hospital, Llanelli
Programmes:	FP15C
Band 2B 50%	Rota is 1:26
<p>This post will introduce the doctor to the full range of rheumatological disorders through attending 4 outpatient clinics per week, the rheumatology day unit and seeing ward referrals with one of the 3 rheumatology consultants. There will be the opportunity to develop specialty specific procedural skills such as therapeutic intramuscular, intra-articular injections, and soft tissue injections depending on the preference of the doctor. Blood results from clinics will be the responsibility of the doctor to check daily and any unexpected abnormal results can be discussed with the clinician who last saw the patient in clinic. There will be time to become familiar with drug counselling and monitoring, pre-screening investigations for DMARDs and biologic therapies and to develop knowledge about chronic disease management. IT skills can be developed through the use of our electronic patient record and communication skills, by the doctor seeing patients in clinic and then presenting their findings to the consultant who will then see the patient with the doctor. There will be time during the week for a quality improvement activity, or case study to be done. There is an on call medical rota commitment and engagement with weekly junior doctor teaching, journal club and grand rounds will be encouraged.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds Clinics</p> <p>Weekly FY1 Teaching Med Meeting Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Jayne Evans



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Placement Details

General Medicine / Diabetes and Endocrinology	Prince Philip Hospital, Llanelli
Programmes:	FP16A
Band 2B 50%	Rota is 1:26
The working day starts at 8.45 am with a Ward Round, comprising all team members and ward work / chasing results and reviewing patients. Urgent test results to be handed over to the evening team. There is opportunity to undertake Audit and Quality Improvement Projects in addition to Journal Club participation. Trainees have opportunity to attend Diabetes and Endocrine clinics. There is also opportunity to help with clinical skills training of junior staff members, nursing and medical students.	
Educational Meetings:	Daily Consultant/ Registrar Ward Rounds Weekly Med Meeting F1 Teaching Grand Round Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi



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Placement Details

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP16B
Band 2B 50%	Rota is 1:26
<p>Our team has 2 Consultants covering patients on 2 wards. These 2 wards cover general medicine, Geriatrics and Stroke care. They are shared with 2 other Consultant teams. The team consists of 2 F1 doctors, a CT level doctor and a registrar. There are a variety of learning opportunities in both the in-patient and outpatient setting. The 2 Consultants have interests in frailty, stroke and Movement disorders. There are excellent links with Swansea Medical School as Dr Haden is one of the Assessment Leads and teaching opportunities with medical students are frequent.</p>	
Educational Meetings:	Daily Ward round – Twice weekly Consultant WR Weekly Med Meeting FY1 Teaching Grand round Department Meeting Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Andrew Haden



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Placement Details

Breast Surgery	Prince Philip Hospital, Llanelli
Programmes:	FP16C
Band 1B 40%	Rota is 1:6 Surgical on call commitment at Glangwili General Hospital, Carmarthen
<p>The FY1 will be working in the breast unit in Prince Philip Hospital. This will comprise of patients being admitted for elective breast surgery. Most of the procedures will be for diagnosed Breast Cancer patients with a minority being related to cosmesis and benign conditions. The Junior Doctor will be expected to be in the ward by 8am and be part of the Ward Round. They will be involved in pre-assessing patients prior to the surgical procedure. They will also be expected to attend theatre to assist in the basic resection breast surgical procedures. They will attend clinics in which new patients with a breast problem are assessed.</p> <p>They will present in at least 2 journal clubs on a Thursday afternoon and complete one audit. There will be no on-call commitments related to breast surgery. The usual working day ends at 4:30pm.</p>	
Educational Meetings:	Daily Consultant Ward Round Clinic Weekly Med Meeting FY1 Teaching Grand round Academic meeting Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Mrs Saira Khawaja



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Placement Details

General Medicine / Cardiology	Prince Philip Hospital, Llanelli
Programmes:	FP17A
Band 2B 50%	Rota is 1:26
<p>The team is led by two consultants and consists of two Specialty doctors, 1 x IMT, 1 x Clinical Fellow an FY2 and FY1 trainee.</p> <p>Juniors are expected to attend 4 consultant-led ward rounds per week and one middle grade led ward round. The patient mix is predominantly cardiology and general internal medicine.</p> <p>Our foundation doctors together with the team, will look after a total of 24 patients on the general cardiology ward but also be involved in the care of 4 patients on CCU. Foundation doctors currently attend a daily ward round in the new ACS treat and repatriate bay catering for acute cardiac patients across the Health board awaiting invasive management at the Morryston Cardiac Centre. This is a very valuable teaching opportunity within the setting of urgent cardiology.</p> <p>Foundation doctors will be carrying out daily tasks such as core bedside procedures, completing electronic medication take homes and discharge summaries. We have at least two teaching rounds per week where foundation doctors are encouraged to present and discuss cases.</p> <p>The on-call commitment is 1:20 with prospective cover, the foundation doctors will have a mix of on-call responsibilities between clerking patients through the acute medical admissions unit for a largely unselected medical take to providing general ward cover. The foundation doctors are always supervised by a middle grade and consultant during on-call. Trainees are encouraged to attend cardiology clinics, non-invasive and invasive cardiac investigation lists for their own interest and education.</p> <p>At least two of our ward rounds per week are teaching ward rounds as described. Juniors will present cases themselves and a discussion will follow regarding the diagnosis and management. We have weekly cardiology team meetings where juniors will choose and present topics for discussion.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Med Meeting FY1 Teaching Grand Round Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Lena Izzat



Placement Details

Anaesthetics	Prince Philip Hospital, Llanelli
Programmes:	FP17B
Band 1B 40%	Rota is 1:6 Surgical on call commitment at Glangwili General Hospital, Carmarthen
<p>Trainees participate in on call at Glangwili Hospital, Carmarthen. A 4 month placement in ITU and Anaesthetics. The post is completely supernumerary and will be directly supervised throughout their stay with us by a Consultant Anaesthetist and/or a Middle Grade. The candidate will be exposed to day-to-day services in ITU, including admission, management of critically ill patients, exposed to various types of ventilation and invasive monitors. Also will be rotating through main theatres to be exposed to Anaesthetic Management of elective patients of various specialties in Orthopaedics, General Surgery and Breast Surgery. The candidate will be exposed to learning the airway management, induction and emergence of anaesthesia and will also be exposed to different types of pain management in recovery.</p>	
Educational Meetings:	<p>Daily Theatre ITU</p> <p>Weekly Med Meeting FY1 Teaching Grand Round</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Mohammed Esmail



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Placement Details

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP17C
Band 2B 50%	Rota is 1:26
<p>The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills</p>	
Educational Meetings:	Daily Consultant Ward Rounds Weekly Med Meeting FY1 Teaching Grand Round Respiratory Department Teaching Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Mark Andrews



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Placement Details

General Medicine / Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP18A
Band 2B 50%	Rota is 1:26
<p>This post will provide excellent experience of a wide range of secondary care Trainees will treat mainly unselected emergency Medical problems in patients of all ages. Much of the work is in acute medicine, with a mainly unselected intake and continuity of care of many of these patients leading to a good understanding of the management of acute illness and complexity.</p> <p>Special interests include movement disorders and shared care at an acute and rehabilitation stroke unit. Basic bedside practical procedures, pharmacology and general medical ethical decision-making will all improve steadily in this post.</p>	
Educational Meetings:	Daily Consultant Ward Rounds / Junior Doctors Ward Rounds Weekly Med Meeting FY1 Teaching Grand Round Department Teaching Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Granville Morris



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Placement Details

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programmes:	FP18B
Band 1A	Rota is 1:3
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F1 teaching Emergency Department teaching – 3 hours Three hours bleep free teaching every Wednesday afternoon, 2pm – 5pm which usually consists of three one hour sessions covering the Emergency Medicine curriculum. Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors	Dr Lakshman Nangalia



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Placement Details

Haematology	Glangwili General Hospital, Carmarthen
Programmes:	FP18C
Band 1B 40%	Rota is 1:22
<p>The F1 doctor is part of a team which includes two consultant haematologist, an associate specialist, staff grade doctor, an F2 doctor and a haematology specialist nurse. Consultant led ward rounds occur every Monday and Thursday. The team also has responsibility for day care patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital. Procedures that can be learnt, other than the core competencies, include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	<p>Weekly Medical meeting F1 teaching. Haematology teaching</p> <p>Every 2 months Audit meetings Audit and quality improvement projects are strongly encouraged and supported during this post.</p>
Educational & Clinical Supervisors:	Dr Saran Nicholas



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Placement Details

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP23A
Band 2B 50%	Rota is 1:26
<p>The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills</p>	
Educational Meetings:	Daily Consultant Ward Rounds Weekly Med Meeting FY1 Teaching Grand Round Respiratory Department Teaching Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Mark Andrews



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Placement Details

Haematology and Palliative Care	Prince Philip Hospital, Llanelli
Programmes:	FP23B
Band 2B 50%	Rota is 1:26
<p>Haematology: The FY1 Doctor is part of a team which includes a Consultant, Associate Specialist and FY2 Doctor. Inpatients are seen daily on a Consultant led ward round. The team also has responsibility for day case patients attending for chemotherapy, blood transfusions and blood product infusions in the chemotherapy unit and Gerontology day hospital.</p> <p>Palliative Care: The Palliative Care service includes a Consultant, Associate Specialist, Registrar and FY2 and has a 6 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients.</p> <p>There are excellent learning opportunities to gain the competencies necessary for the FY1 year. Procedures include venesections and bone marrow biopsies. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Medical Journal Club FY1 Teaching Grand Rounds Haematology teaching</p> <p>Monthly Whole Hospital Audit Meetings</p>
Educational & Clinical Supervisors:	Dr Rhian Fuge



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Placement Details

General Surgery/ Colo Rectal	Glangwili General Hospital, Carmarthen
Programmes:	FP23C
Band 2B – 50%	Rota is 1:10
<p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>Weekly Lunchtime surgical teaching. MDT Wednesday mornings and Friday afternoons Mandatory F1 teaching programme Departmental teaching – The holder will be given topics to prepare and present at these meetings.</p> <p>Monthly Departmental M+M</p>
Educational & Clinical Supervisors:	Mr Pawan Rao



Placement Details

Urology	Glangwili Hospital, Carmarthen
Programmes:	FP06A
Band 1B – 40%	1 in 6
<p>Description of placement:</p> <ul style="list-style-type: none">• Ward rounds and presentation of new admissions• Clerking of acute and elective cases• Discharge summary letters• Attendance for catheterisation clinics <p>Daily ward rounds provide F1s with excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F1 is expected to perform male and female catheterisations, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.</p> <p>F1 doctors are also encouraged to attend theatre, day surgery units and MDT discussions to experience continuity of care.</p> <p>Foundation doctors have regular core clinical teaching mid-day. Clinical skills teaching and simulation.</p> <p>Ward work <i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	Daily: Ward rounds Weekly: F1 teaching Regular core clinical teaching
Educational & Clinical Supervisors:	Mr Mahmood Shafi



Placement Details

General Medicine / Gastroenterology		Glangwili General Hospital, Llanelli
Programmes:	FP06B	
Band 1B 40%	Rota 1:22	
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>		
Educational Meetings:	Daily Ward Rounds Weekly Medical Meeting FY1 Teaching Monthly Whole Hospital Audit Meetings held regularly	
Educational & Clinical Supervisors:	Dr Dafydd Bowen	



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Placement Details

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes:	FP06C
Band 2B 50%	Rota is 1:26
<p>Our team has 2 Consultants covering patients on 2 wards. These 2 wards cover general medicine, Geriatrics and Stroke care. They are shared with 2 other Consultant teams. The team consists of 2 F1 doctors, a CT level doctor and a registrar. There are a variety of learning opportunities in both the in-patient and outpatient setting. The 2 Consultants have interests in frailty, stroke and Movement disorders. There are excellent links with Swansea Medical School as Dr Haden is one of the Assessment Leads and teaching opportunities with medical students are frequent.</p>	
Educational Meetings:	Daily Ward round – Twice weekly Consultant WR Weekly Med Meeting FY1 Teaching Grand round Department Meeting Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Andrew Haden



Placement Details

Emergency Medicine/Minor Injuries Unit (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP123 A
Unbanded	
<p>Description of placement: In MIU the working hours run from Monday to Friday: 0830 – 1630. The F1 doctor will work as part of the twilight medical rota.</p> <p>One day (2 sessions), a week, during the Minor Injury unit rotation, will be dedicated to clinical skills and simulation training. The F1 will receive an induction to teaching before facilitating clinical skills and simulation teaching for medical students on placement in PPH.</p> <p>LIFT Element: The F1 will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.</p> <p>.</p>	
Educational Meetings:	<p>Daily Ward round – Twice weekly Consultant WR</p> <p>Weekly FY1 Weekly Teaching Grand round Teaching once weekly as part of LIFT component, plus Teams teaching linked with A&E Glangwili</p>
Educational & Clinical Supervisor:	Dr Sanchia Osborn



Placement Details

Medicine: Gastroenterology (*LIFT Rotation)	Prince Philip Hospital
Programmes: FP/123b	F1 LIFT
Unbanded	Unbanded
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to be involved in the active management of a wide range of luminal and hepatology related conditions including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies.</p> <p>The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities, in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow-up, alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both upper and lower Gastrointestinal endoscopy which will include therapeutics. All trainees are expected to become competent in performing abdominal paracentesis.</p> <p>Alongside their usual ward duties, the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients when admitted to the acute medical assessment unit (AMAU) while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p> <p>LIFT Element: Doctor will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly F1 Teaching Med Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Paul Rastall



Placement Details

Medicine: Care of the Elderly (*LIFT Rotation)	Prince Philip Hospital
Programmes: FP/123c	LIFT F1
Unbanded	Unbanded
<p>Description of placement</p> <p>This is a 4 month placement in Geriatric& General Medicine, in a busy DGH. Trainee will be a part of (maximum) 4-member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.</p> <p>GIM/COTE Foundation post allowing development of necessary basic skills including history taking, examination, bedside practical procedures, management of complexity, frailty and special interest of Stroke. Trainees will work closely with members of multidisciplinary team with focus on communication and team working.</p> <p>There will be opportunities to get involved in QI projects, student teaching and educational activities.</p> <p>LIFT Element: Trainees will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Med Meeting F1 Teaching Grand Round COTE departmental meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Dr Senthil Kumar



Placement Details

Breast Surgery (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP132
Unbanded	
<p>The FY1 will be working in the breast unit in Prince Philip Hospital. This will comprise of patients being admitted for elective breast surgery. Most of the procedures will be for diagnosed Breast Cancer patients with a minority being related to cosmesis and benign conditions. The Junior Doctor will be expected to be in the ward by 8am and be part of the Ward Round. They will be involved in pre-assessing patients prior to the surgical procedure. They will also be expected to attend theatre to assist in the basic resection breast surgical procedures. They will attend clinics in which new patients with a breast problem are assessed.</p> <p>They will present in at least 2 journal clubs on a Thursday afternoon and complete one audit. There will be no on-call commitments related to breast surgery. The usual working day ends at 4:30pm.</p>	
Educational Meetings:	<p>Daily Consultant Ward Round Clinic</p> <p>Weekly Med Meeting FY1 Teaching Grand round Academic meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p>
Educational & Clinical Supervisors:	Mrs Saira Khawaja

Placement Details



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WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

General Medicine / Diabetes and Endocrinology (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP132
Unbanded	
<p>The working day starts at 8.45 am with a Ward Round, comprising all team members and ward work / chasing results and reviewing patients. Urgent test results to be handed over to the evening team. There is opportunity to undertake Audit and Quality Improvement Projects in addition to Journal Club participation. Trainees have opportunity to attend Diabetes and Endocrine clinics. There is also opportunity to help with clinical skills training of junior staff members, nursing and medical students.</p>	
Educational Meetings:	Daily Consultant/ Registrar Ward Rounds Weekly Med Meeting F1 Teaching Grand Round Monthly Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi

Placement Details



General Medicine / Cardiology (*LIFT Rotation)	Prince Philip Hospital, Llanelli
Programmes:	FP132
Unbanded	
<p>The team is led by two consultants and one part-time consultant, and consists of two Specialty doctors, 1 x IMT, 1 x Clinical Fellow an FY2 and FY1 trainee. Juniors are expected to attend 4 consultant-led ward rounds per week and one middle grade led ward round. The patient mix is predominantly cardiology and general internal medicine.</p> <p>Our foundation doctors together with the team, will look after a total of 26 patients on the general cardiology ward but also be involved in the care of 4 patients on CCU. Foundation doctors currently attend a daily ward round in the new ACS treat and repatriate bay catering for acute cardiac patients across the Health board awaiting invasive management at the Morrision Cardiac Centre. This is a very valuable teaching opportunity within the setting of urgent cardiology. Foundation doctors will be carrying out daily tasks such as core bedside procedures, completing electronic medication take homes and discharge summaries. We have at least two teaching rounds per week where foundation doctors are encouraged to present and discuss cases.</p> <p>The on-call commitment is 1:20 with prospective cover, the foundation doctors will have a mix of on-call responsibilities between clerking patients through the acute medical admissions unit for a largely unselected medical take to providing general ward cover. The foundation doctors are always supervised by a middle grade and consultant during on-call. Trainees are encouraged to attend cardiology clinics, non-invasive and invasive cardiac investigation lists for their own interest and education.</p> <p>At least two of our ward rounds per week are teaching ward rounds as described. Juniors will present cases themselves and a discussion will follow regarding the diagnosis and management. We have weekly cardiology team meetings where juniors will choose and present topics for discussion.</p>	
Educational Meetings:	Daily: CCU Consultant Ward Round Consultant Ward Rounds 4 x week Weekly - Med Meeting FY1 Teaching Grand Round Department Teaching Whole Hospital Audit Meetings held regularly
Educational & Clinical Supervisor:	Dr Jitka Housova



Placement Details

General Practice for F1 LIFT posts
Programmes: FP132
Unbanded
<p>LIFT Element: The concept behind the LIFT programme for Foundation 1 trainees is to</p> <ul style="list-style-type: none">• Be part of a primary care team for 1 day a week for the whole of their foundation Year 1. The remainder of the week will be spent in a secondary care setting• Have opportunities to see a wide range of acute and chronic conditions which occur in the community and occasionally need referral to secondary care• Experience undifferentiated clinical conditions• Learn to deal with uncertainty in a supportive clinical environment• Have a GP educational supervisor for the whole year, with regular weekly teaching via Teams or in Prince Philip Hospital.• Appreciate the complexity of primary care <p>LIFT training is NOT to train or produce General Practitioners, but to give support and encouragement of the LIFT trainee to develop generic skills and provide the confidence to competently deal with common clinical conditions.</p> <p>Foundation Year 1 trainees will have the opportunity to integrate their medical school learning within a primary and secondary care setting, with an educational supervisor (as a critical friend) encouraging the trainee with their professional development in a structured manner.</p>
<p>Educational Meetings:</p> <p>Clinical activities that may be considered educational</p> <ul style="list-style-type: none">• Time spent in activities relating to work-placed based assessment and supervised learning events.• Participation in clinics run by other GPs when possible – such as minor surgery lists, joint injections, chronic disease clinics <p>Non-clinical activities suited to educational sessions</p> <ul style="list-style-type: none">• Structured and planned educational activities, such as tutorials delivered in the GP practice.• Primary care team meetings.• Educational supervisor meetings and other educational reviews.• Audit/QIP and research in general practice.• Independent study.• Case Based Discussions (CBDs) selected from outside the debrief time.• Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community.
Educational & Clinical Supervisors:



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Dr Helen Sykes (Llwynhendy General Practice) & Dr Sioned Jenkins (Burry Port General Practice)

Placement Details

Same Day Emergency Care 1 X LIFT post

Programme: FP132

Unbanded

LIFT Element: The F1 will spend one day a week of this F1 LIFT rotation in Same Day Emergency Care (SDEC). Duties would involve clerking of patients, routine clinical procedures and working with supervising consultant formulating management plans and follow-up for patients in SDEC.

Educational & Clinical Supervisors:

Dr Louisa Morris