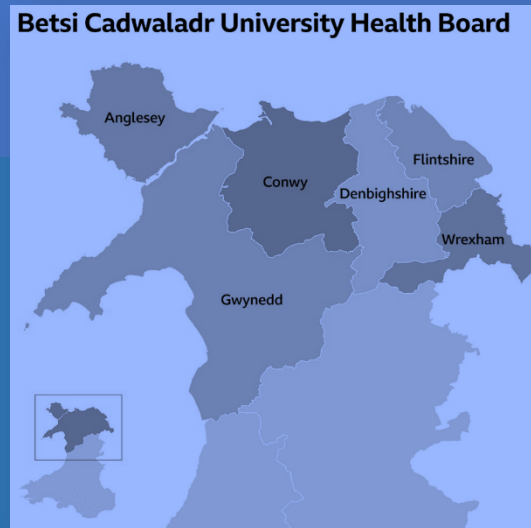


Glan Clwyd Hospital

Foundation Programme



Working at Betsi Cadwaladr University Local Health Board

Health Board is the largest health organisation in Wales, providing a full range of primary, community, mental health and acute hospital services for a population of around 676,000 people across the six counties of North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham) as well as some parts of mid Wales, Cheshire and Shropshire.

The Health Board employs around 16,500 staff and has a budget of around £1.2 billion. It is responsible for the operation of three district general hospitals (Ysbyty Gwynedd in Bangor, Ysbyty Glan Clwyd near Rhyl, and Wrexham Maelor Hospital) as well as 22 other acute and community hospitals, and a network of over 90 health centres, clinics, community health team bases and mental health units. It also coordinates the work of 107 GP practices and NHS services provided by North Wales dentists, opticians and pharmacies.

Glan Clwyd Hospital (Ysbyty Glan Clwyd)

Glan Clwyd Hospital is located in an area of recognised natural beauty with Snowdonia, stunning pristine beaches and enchanting castles all nearby. The local area offers a wide variety of lifestyle and family options, and for those keen to maintain ties further afield, the area has excellent transport links including fast direct trains to London. The cities of Chester, Manchester, and Liverpool are within In addition, the hospital and health board has excellent academic links with The University of Bangor, Glyndwr University, as well as close links with medical schools in Cardiff, Swansea, Liverpool and Manchester. There is a very active programme of Medical and Dental Education at both Undergraduate and Postgraduate levels. The hospital works closely with Health Education and Improvement Wales to provide high quality education and training, meeting the requirements of these regulatory bodies while maintaining the Health Board's high standards of patient care. There are excellent opportunities for the right candidate to support the further development of education and training

A multi-million pound development of all areas including wards, theatres and outpatient areas provides a new outlook and environment for doctors starting at the hospital. Recent additions have also included the Emergency Quadrant and North Wales Cardiac Centre.

The hospital offers a variety of specialist areas to further your career, being home also to the North Wales Cancer Centre. It recently introduced a clinical fellowship Programme for working in PHEMS, involving time spent in Critical Care here and also working with EMRTS on the Wales Air Ambulance at Caernarfon.

Postgraduate centre

The Postgraduate Department operates from the Education Centre located at the front of Glan Clwyd Hospital and strives to provide a central point of reference and support for all junior doctors at the different stages of their career. All members of the department contribute different aspects and aim to provide a rounded educational and pastoral service postgraduate centre.

Postgraduate centre contacts:

Dr Eve Blakemore – Foundation Programme Director - Eve.Blakemore1@wales.nhs.uk

Mrs Deryn Evans, Medical Education Manager: deryn.evans@wales.nhs.uk

Mr Steve Holman, Doctors Welfare Officer: stephen.holman@wales.nhs.uk

Mrs Elaine Hughes, Foundation/Postgrad Co-ordinator: elaine.hughes2@wales.nhs.uk

Mr Adam McKenna, Intrepid/Postgrad Co-Ordinator: adam.mckenna@wales.nhs.uk

Endorsement from Dr Eve Blakemore (Training programme Director)

The foundation programme at Glan Clwyd Hospital offers a broad variety of teaching and experience to UK and overseas graduates looking to lay the foundations of medical practice within a safe, structured learning environment. Our rotations offer general and sub-specialty medicine and surgery in a district general hospital as well as opportunities in primary care, emergency medicine and specialty areas such as dermatology, psychiatry, paediatrics and more. We have well-received academic posts and a friendly and experienced postgraduate team offering superlative pastoral care and support. Our trainees and trainers are valued, developed and supported. We offer a structured, protected teaching program mapped and tailored to the Foundation Curriculum. We proactively deliver portfolio support and offer advice and guidance on safe and effective reflection, developing an interest in teaching/management and applying for your next job.

At YGC, we understand that clinical service must be balanced with effective training and we take our responsibility for developing excellent doctors very seriously indeed. Our team has an excellent understanding of training standards and expectations and the use of formal and informal feedback to improve the quality of service and training environments. Your voice will be heard here!

e-bost/email: Elaine.hughes2@wales.nhs.uk

Ffon/Tel: 01745 448788 ext 2788

North Wales Clinical School

The North Wales Clinical School (NWCS) provides high quality educational facilities for Medical Students on placement in North Wales. The NWCS has grown both in stature and capacity over the last decade and welcomes approximately 250 medical students per year to Glan Clwyd Hospital.

Fantastic Doctors' Mess

A well stocked and comfortable mess is located on the ground floor of Glan Clwyd Hospital. It is a popular facility as somewhere to go and relax and grab a snack or drink.



Glan Clwyd Hospital Accommodation



- All our accommodation is on site and within a few minutes' walk from the main hospital itself
- Single/Family accommodation is provided, but please note that there is limited couples accommodation available
- Within our singles accommodation, we provide own furnished bedrooms within a flat that houses a maximum of three persons. Within the flat the three occupants would share facilities (kitchens/bathrooms). Please note we do not have en-suite facilities. Domestic service is provided weekdays but not weekend nor Bank Holiday periods. Couples accommodation is fully self-contained. Also within the residential complex is a laundrette with ample self-dosing washing machines and dryers
- Parking is available outside the accommodation buildings
- Contact Jenny Burns – Tel No 01745 583910 Ext 7342 or via email Jenny.Burns@wales.nhs.uk

Testimonial – Dr Jamie Lau

I have thoroughly enjoyed my time working at YGC. Friendly colleagues and a supportive working environment ensure that you will always have someone to turn to whenever you need help. There are always plenty of learning opportunities to expand your skillset which seniors are more than happy to supervise and teach. Teaching and research are something which you can get heavily involved in. My personal favourite is participating in the SEREN network, a project designed to help sixth form students apply to medical school.

Geographically, being in North Wales means Snowdonia is right at your doorstep whilst also being a short commute to Liverpool, Manchester, and Chester. Ensuring that there is always something to do in your spare time.

Overall working at YGC has provided me with an unforgettable experience and perfect skills for the foundation of my medical career.

Testimonial – Dr Abbey Rogers

Working at YGC provides a unique opportunity to become part of a tightly knit DGH community. The rural area not only provides an opportunity to explore The Great Outdoors, but also exposes you to a diverse patient population.

North Wales has so much to offer. From stunning beaches to the peaks of Snowdonia, there is so much on offer. A typical social might be a barbecue and bonfire on the beach, or a trek up Tryfan. However, if city life is more for you, Chester is on your doorstep and Liverpool not far away. And yes you can have dominoes delivered to the hospital. The key thing that differentiates YGC from other hospitals has to be the postgraduate department. For many of us, the continuous guidance and support from the postgrad family evolves into true friendship. I have had a brilliant kick start to my career in this hospital and the lifestyle that has accompanied the job has given me an incredible year of happy memories.

Discover North Wales

Glan Clwyd Hospital is situated in the centre of the North Wales countryside at the coast. Access by mainline train or road to Merseyside, Greater Manchester and the Midlands is straightforward, together with ferry to Dublin from the port of Holyhead.

The A55 North Wales expressway provides access between the main hospital sites and on to the national motorway network.

The historic city of Chester can be reached within 30 minutes and the cities of Manchester and Liverpool are one hour away. Both of these have international airports. Rhyl railway station is on the main London-Holyhead line with a direct journey to London of 3 hours.

North Wales is the Adrenaline Capital of the UK

Velocity



Velocity is the fastest zip line in the world. Soar over Penryn Quarry, where you can travel at speeds of up to and over 100 mph while taking in unbeatable views of Snowdonia



[Go North Wales - Official North Wales Tourist Information Site](http://www.gonorthwales.co.uk)

Mountains and Lakes



[Outdoor Activity Centre and Adventure Park | Zip World](#)



Beautiful Beaches



Historical Castles



Visit the Beautiful City of Chester

[Visit Chester](#) | [Places to Visit in Chester](#) | [Chester.com](#)



Chester has the most complete city walls, the oldest racecourse and the largest Roman Amphitheatre in Britain, plus a 1000 year old Cathedral with Europe's finest example of medieval carvings - and of course the one and only 700 year old Rows galleries where shopping is a double delight.

You'll find stores galore offering the hottest fashion in Chester all set against a background of unique treasures of antiquity and a vibrant cafe culture where outdoor dining and people watching go hand in hand.

From Glan Clwyd

Manchester International Airport - 60 Miles

Liverpool Airport – 51 Miles

Chester – 32 Miles

Direct trains from Rhyl – London - 2hrs 45 mins

