



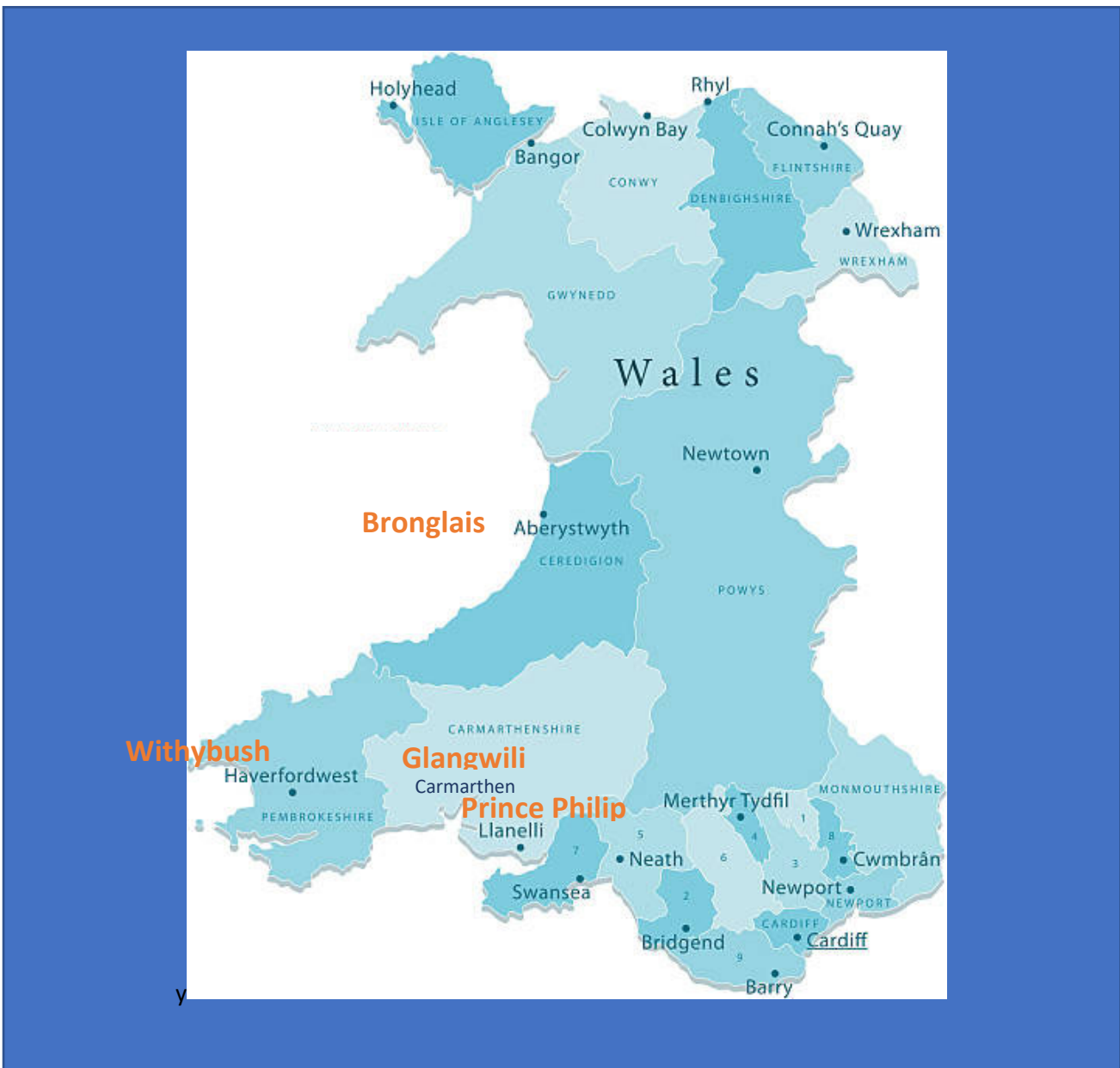
GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Hywel Dda

University Health Board

Foundation Programme Year 2



Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total population of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

Working at Hywel Dda University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.





GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Llanelli

Prince Philip Hospital

Llanelli is approx 10 miles West of Swansea and 12 miles South East of Carmarthen and has a population of around 35,000.

Rugby fans will adore residing in a town which has a proud rugby tradition, and have Parc y Scarlets on their doorstep. Outdoor enthusiasts will enjoy the Millennium Coastal Path and the WWT Llanelli Wetland Centre. Historic houses and castles are also within a short drive. There is a world class Nicklaus designed golf resort on the edge of town.



Trostre Retail Park provides a modern shopping experience, comprising a wide range of high street stores and eating outlets. Llanelli town centre is also well served by a variety of high street stores and many independent shops and cafes.



For your entertainment, there is the five screen Odeon cinema and Theatre-Elli-Llanelli Entertainment Centre, which hosts a wide variety of shows. Good public transport links put events elsewhere in South Wales within easy reach.



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Prince Philip Hospital



Prince Philip Hospital is located on the outskirts of Llanelli, in easy reach of the M4 motorway and coastal relief road. The hospital is on bus routes, including a link from the railway station.

Benefiting for a new 'front of house' investment, the

hospital has an Acute Medical Assessment Unit and Minor Injuries Unit. The hospital provides comprehensive General Medicine services, Elective General Surgery, Urology and Orthopaedic services.

Trainees and Medical Students have access to a fully functioning Clinical Skills Lab. There is also a programme of simulated patient scenarios.

Prince Philip Hospital / Llanelli area has achieved excellence in:-

- The Wellness and Life Science Village at Delta Lakes, Llanelli, is part of ARCH (A Regional Collaboration for Health) in partnership with Swansea Bay University Health Board. The initiative covers the whole of South West Wales and will benefit a million people.
- A Rapid Access Lung Cancer clinic
- State of the art Breast Unit

All trainees are encouraged to participate in the Quality and Safety Agenda by undertaking Clinical Audits and Quality Improvement Projects.

Rotations – Master List

August 2021 to July 2022

The Programmes we have to offer are summarised below and detailed on the following pages.

There are three vacancies per Programme (a, b and c) that will undertake the listed placements each in a different order.

F2 posts at Prince Philip Hospital

Programme	Placement 1	Placement 2	Placement 3
FP69A	General Medicine / Respiratory	GP: Llandeilo	General Medicine / Care of the Elderly
B	General Medicine / Care of the Elderly	General Medicine / Respiratory	GP: Llandeilo
C	GP: Llandeilo	General Medicine / Care of the Elderly	General Medicine / Respiratory
FP71A	General Medicine / Cardiology	ENT	GP: Avenue Villa Surgery
B	GP: Avenue Villa Surgery	General Medicine / Cardiology	ENT
C	ENT	GP: Avenue Villa Surgery	General Medicine / Cardiology
FP72A	General Medicine / Gastroenterology	Obstetrics & Gynaecology	ENT
B	ENT	General Medicine / Gastroenterology	Obstetrics & Gynaecology
C	Obstetrics & Gynaecology	ENT	General Medicine / Gastroenterology
FP73A	General Medicine / Diabetes	General Medicine / Care of the Elderly	Emergency Medicine
B	Emergency Medicine	General Medicine / Diabetes	General Medicine / Care of the Elderly
C	General Medicine / Care of the Elderly	Emergency Medicine	General Medicine / Diabetes
FP76 A	Palliative Care / Haematology	Trauma & Orthopaedics	Emergency Medicine
B	Emergency Medicine	Palliative Care / Haematology	Trauma & Orthopaedics
C	Trauma & Orthopaedics	Emergency Medicine	Palliative Care / Haematology



FP78 A	General Medicine / Cardiology	Urology	GP: Llwynhendy
B	GP: Llwynhendy	General Medicine / Cardiology	Urology
C	Urology	GP: Llwynhendy	General Medicine / Cardiology
FP124 A	Psychiatry	General Medicine/Care of the Elderly	Emergency Medicine/Minor Injuries
B	Emergency Medicine/Minor Injuries	Psychiatry	General Medicine/Care of the Elderly
C	General Medicine/Care of the Elderly	Emergency Medicine/Minor Injuries	Psychiatry

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

The following posts are located at Prince Philip Hospital, Llanelli.
Some rotations are at Glangwili Hospital, Carmarthen as indicated.

Placement Details

General Medicine / Respiratory	Prince Philip Hospital, Llanelli
Programmes:	FP69A
Band 1B 40%	Rota is 1:20
<p>The Ward 3 patients are split between the three Respiratory Consultants, taking into account the sub specialty interests, but the team is shared and looks after the whole ward. Within the role you will be involved in managing patients with respiratory failure, including non-invasive ventilation on the ward. You will also be managing patients with pleural disease including a variety of chest drains. Competency training in NIV is led by our senior respiratory nurse specialist. Pleural procedures should be learned in the skills lab in postgraduate department, and training is led by our registrars and teaching fellows. When time permits junior doctors are encouraged to attend pleural clinics to have the opportunity to learn pleural aspiration and chest drain insertion skills.</p>	
Educational Meetings:	Daily Ward Rounds Weekly Med Meeting FY2 Teaching Grand Round Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Mark Andrews



Placement Details

General Medicine/Care of the Elderly	Prince Philip Hospital, Carmarthen
Programmes:	FP69B
Band 1B – 40%	Rota is 1:20
<p>4-month placement in Geriatric & General Medicine, in a busy DGH. Trainee will be a part of (maximum) 4-member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.</p> <p>GIM/COTE Foundation post allowing development of necessary basic skills including history taking, examination, bedside practical procedures, management of complexity, frailty, stroke and attending special interest clinics (when possible). Trainees will work closely with members of multidisciplinary team with focus on communication and team working.</p> <p>There will be opportunities to get involved in QI projects, student teaching and educational activities.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Medical Meeting/ Journal club FY2 Teaching Grand Round COTE departmental meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Senthil Kumar



Placement Details

General Practice	Meddygfa Teilo, Llandeilo
Programme:	FP69c
Band 1B 40%	Rota is 1:7
<p>Consulting with patients at the surgery site, home visiting and by telephone. Engaging with the practice meetings (business, MDT, palliative care, Child protection etc) Engaging with prescribing systems including repeat prescribing. No rota'd on-call duties expected in GP.</p> <p>We are a rural training medical practice situated in the market town of Llandeilo, serving 9500 patients. We usually have 2 or 3 ST2 or 3 Trainees in practice in addition to the 6 GP partners, who are all also Educational and Clinical Supervisors. In addition we often welcome Cardiff and Swansea Medical Students. We provide a supportive learning environment, and strive to integrate the FP2 Doctor into the primary care team even though they are only with us for 4 months. Having a car is necessary as public transport links from the larger towns and cities nearby are limited. We have an induction programme and consultation times are gradually reduced depending on experience and progress. Please contact us should you require any further information or should you want an informal discussion</p>	
<p>Educational Meetings: Weekly tutorial session, typically with Educational Supervisor, but tailored to need/expertise. Tutorial topics suggested by trainee and agreed with Ed Sup. Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup- may involve on-site learning, attending in-house clinics, or hospital clinics or community services.</p> <p>Any other educational activities as organised by the foundation programme.</p> <p>Working week: Monday am: 2.5hr Surgery and HV Monday pm: 2 hr surgery Tues am: MDT meeting (8.30-10.00am) + Tutorial (10-12) Tues pm: 2 hr surgery Weds am: 2.5 hr Surgery + HV Weds pm: 2 hr surgery Thurs am: 2.5hr Surgery + HV Thurs pm: 2 hr surgery Fri am: 2.5hr Surgery + HV Fri pm: SDL session</p>	
Educational & Clinical Supervisors:	Dr Aled Williams



Placement Details

General Medicine/Cardiology	Prince Philip Hospital, Llanelli
Programme:	FP71A
Band 1B 40%	Rota is 1:20
<p>The team is led by two consultants and one part-time consultant, and consists of two Specialty doctors, 1 x IMT, 1 x Clinical Fellow an FY2 and FY1 trainee. Juniors are expected to attend 4 consultant-led ward rounds per week and one middle grade led ward round. The patient mix is predominantly cardiology and general internal medicine.</p> <p>Our foundation doctors together with the team, will look after a total of 26 patients on the general cardiology ward but also be involved in the care of 4 patients on CCU. Foundation doctors currently attend a daily ward round in the new ACS treat and repatriate bay catering for acute cardiac patients across the Health board awaiting invasive management at the Morrision Cardiac Centre. This is a very valuable teaching opportunity within the setting of urgent cardiology. Foundation doctors will be carrying out daily tasks such as core bedside procedures, completing electronic medication take homes and discharge summaries. We have at least two teaching rounds per week where foundation doctors are encouraged to present and discuss cases.</p> <p>The on-call commitment is 1:20 with prospective cover, the foundation doctors will have a mix of on-call responsibilities between clerking patients through the acute medical admissions unit for a largely unselected medical take to providing general ward cover. The foundation doctors are always supervised by a middle grade and consultant during on-call. Trainees are encouraged to attend cardiology clinics, non-invasive and invasive cardiac investigation lists for their own interest and education. At least two of our ward rounds per week are teaching ward rounds as described. Juniors will present cases themselves and a discussion will follow regarding the diagnosis and management. We have weekly cardiology team meetings where juniors will choose and present topics for discussion.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Med Meeting FY2 Teaching Grand Round Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Lena Izzat



Placement Details

General Practice/Llanelli	Avenue Villa, Llanelli				
Programme:	FP71B				
Band 1B 40%	Rota is 1:7				
<p>Duties include primary care clinic based and procedure based where applicable such as patient assessment, review and management of both acute and long-term conditions.</p> <p>Duties and activities suited to clinical sessions</p> <ol style="list-style-type: none"> 1. Supervised or supported consultations within the practice, with a minimum appointment length of 15 and most commonly of 20 minutes for face-to-face consultations. There will be adequate time provided for at the end of any consulting period to allow a trainee to debrief with the supervising GP. 2. Supervised or supported home visits, nursing home visits, community hospital duties including time for debriefing, and travelling. 3. Administrative work that directly and indirectly supports clinical care, which includes reviewing investigations and results, writing referral letters, acting upon clinical letters, preparing reports, general administration. 4. Time spent with other members of the practice and healthcare team for the purposes of care and learning e.g. practice nurses, community nurses, nurses with a role in chronic disease management, receptionists, triage nurses, etc. 5. Time spent with other healthcare professionals who are encountered in primary care e.g. ambulance crews, school nurses, midwives, occupational therapists, physiotherapists, counsellors, to gain a necessary understanding of working relationships within primary care. 6. Time spent with dispensing and pharmacy professionals gaining experience in these areas, especially where a trainee might have duties that require training to be able to assist with dispensing duties, for example. 					
	Mon	Tues	Weds	Thurs	Fri
AM	SDL	Surgery	Surgery	Surgery	Surgery
Lunchtime		½ hour	½ hour	½ hour	½ hour
Lunchtime	MDT Meeting	House-calls / Review	House-calls / Review	Teaching PPH House-calls / Review	House-calls / Review
PM		Surgery	Surgery	Surgery	Surgery
	09.00 – 1.00	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30	09.00 – 6.30
Clinical activities that may be considered educational					



1. Time spent in activities relating to work-placed based assessment and supervised learning events.
2. Time spent analysing video recordings of consultations, such as Mini-CEX exercises, where time is set aside for this purpose.
3. Time spent in specialist clinics; especially where these are arranged to gain exposure to patient groups and illnesses not covered elsewhere in a trainee's programme, e.g. family planning clinics, joint injection clinics.
4. Participation in clinics run by other GPs – such as minor surgery lists, especially where direct supervision is required in the process to get formal verification of procedural competences.

Non-clinical activities suited to educational sessions

1. Locally organised educational events, e.g. foundation-specific educational programme run by the deanery or trust, including "half-day release" or "day-release" sessions.
2. Structured and planned educational activities, such as tutorials delivered in the GP practice.
3. Primary care team meetings.
4. Educational supervisor meetings and other educational reviews.
5. Audit/QIP and research in general practice.
6. Independent study.
7. Case Based Discussions (CBDs) selected from outside the debrief time.
8. Commissioning services.
9. Time spent with other professionals who deliver services that are not considered part of general medical services, such as alternative and complementary therapists.
10. Time spent with other professionals who have expertise in other matters that relate to aspect of healthcare and death administration, social workers and undertakers. Getting to know local healthcare professionals and helping the practice maintain links with the local community

Educational & Clinical Supervisors:	Dr Bridget Gwynne
--	-------------------



Placement Details

General Medicine/ENT	Glangwili General Hospital, Carmarthen
Programme:	71C
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
Educational Meetings:	<p>Weekly F2 Core Curriculum teaching. F2 Study Days – 1 per rotation ENT Department teaching Teaching on ENT and urology emergencies at the start of placements to prepare for on-call commitments. On-going educational support for doctors in their daily work. Medical student teaching for students on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills. We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
Educational & Clinical Supervisors	Mr Antony Howarth



Placement Details

General Medicine /Gastroenterology	Prince Philip Hospital, Llanelli
Programme:	FP72A
Band 1B 40%	Rota is 1:20
<p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Philip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds</p> <p>Weekly Medical Journal Club FY2 Teaching Grand Rounds Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Ian Rees



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Placement Details

General Medicine/ENT	Glangwili General Hospital, Carmarthen
Programme:	72B
Band 2B – 50%	Rota is 1:5
<p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged under 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.</p>	
Educational Meetings:	<p>Weekly F1 Core Curriculum teaching. ENT Department teaching Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments. On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills. We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p>
Educational & Clinical Supervisors	Mr Antony Howarth



Placement Details

Obstetrics & Gynaecology	Glangwili General Hospital, Carmarthen
Programme:	72C
Band 2b – 50%	1 in 11 European time directive compliant Rota.
<p>Foundation trainees are able to join the busy team at the department of Obstetrics and Gynaecology where there are 3200 maternity delivery per annum and 6000-8000 gynae referrals. There are also plenty of opportunities to gain experience in both obstetric and gynae emergencies on the Labour Ward, Antenatal/ Post Natal Ward, Gynae Ward, elective caesarean list and elective gynae theatre. There is an opportunity to attend out-patient clinics of both obstetrics and gynae and to develop clinical skills in the Specialty such as obtaining history, clinical examinations, interpreting results and to formulate management plans. There is also the chance to attend special interest clinics such as hysteroscopy, colposcopy, urodynamics, early pregnancy and antenatal day assessment unit depending on the availability.</p> <p>Foundation Doctors on call during the night are supported by the night Nurse Practitioners as well as direct Registrar supervision. Foundation Doctors attend the Ward round which are supervised by Senior team members. In addition, they have an opportunity to attend the MDT meeting and Risk Management meetings.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	<p>The department has an excellent teaching environment with regular departmental teaching every Wednesday afternoon. There is an opportunity to do presentations and at the same time, participate in audits and other educational activities.</p> <p>Weekly F2 teaching and F2s are regularly released for their foundation study days (1 per rotation). The department has Medical Students both from Cardiff and Swansea, and Foundation Doctors are encouraged to get involved with their teaching. There is monthly PROMPT training and Foundation Doctors are given the chance to attend these as well.</p>
Educational & Clinical Supervisors:	Dr Islam Abdelrahman



Placement Details

General Medicine / Diabetes & Endocrine	Prince Philip Hospital, Llanelli
Programme:	FP73A
Band 1B 40%	Rota is 1:20
<p>Team consists of 2 x SPR, 2 x SHO, 1 x FY2, 1FY1. Juniors are expected to turn up a little earlier in turns (8.45 am) to update the list for ward round. The doctor who comes in at 0845 can leave at 16.45. Ward round usually starts at 9 am. All members of the team attend the ward round and try to complete urgent jobs as they go around. Keep board up to date with jobs for nurses. Complete jobs after ward rounds. Continue with jobs, chase results and review patients as required until 5pm. Handover any urgent test results or unwell patients to evening SHO/SPR between 4.30pm - 5pm.</p> <p>It is expected at the beginning of the rotation or if possible before starting to express any planned annual or study leave with the team and rota co-ordinator. This will be granted as per staffing levels.</p> <p>Audit and service development ideas are welcomed in addition to the journal club participation. There is also opportunity to undertake ward-based or clinical skills lab teaching to junior staff and medical students.</p> <p>There will be an opportunity to attend diabetes and endocrine outpatient clinics if interested. On-calls as per rota with senior supervision</p> <p>On-calls as per rota with senior supervision.</p>	
Educational Meetings:	<p>Daily Consultant Ward Rounds / Junior Doctors Ward Rounds</p> <p>Weekly Med Meeting FY2 Teaching Grand Round Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Akhila Mallipedhi



Placement Details

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programme:	73B
Band 1A – 50%	Rota is 1:5
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne



Placement Details

Specialty/Care of the Elderly Stroke/Parkinson's disease/Rehabilitation	Glangwili General Hospital, Carmarthen
Programme:	73C
Band 1B - 40%	Rota is 1:22
<p>This placement provides the trainee with an opportunity to learn the management of patients with acute stroke and their rehabilitation and it allows the opportunity to learn the management of Parkinson's disease, learn the principles of rehabilitation, and develop experience in the management of acutely ill patients presenting as an emergency. The department encourages active MDT working, which allows the trainee to develop interpersonal relationships and be an effective team player. The department will provide opportunities for diagnostic procedures and audit.</p> <p>Team consists of 1 middle grade, 3 SHO grade, 1XFY1 and 1XFY2. Foundation doctors are expected to attend ward rounds and complete jobs when the ward round finishes. They also attend MDT meetings in the stroke and rehabilitation wards. The doctors spend 2 months of their rotation in the stroke ward and other 2 months in the rehabilitation ward.</p>	
Educational Meetings:	<p>Weekly</p> <p>F2 Core Curriculum teaching</p> <p>Medical Meeting – Monday lunchtimes</p> <p>These teaching sessions are in addition to teaching during ward rounds and during post take rounds.</p> <p>The juniors are also encouraged to attend clinics (PD, TIA, General Medical and post stroke follow up) as observers which provide further learning opportunities.</p> <p>The juniors have the opportunity to observe and undertake routine procedures under supervision.</p> <p>The trainee also has the opportunity to take part in the departmental audit activity.</p>
Educational & Clinical Supervisors:	Dr Surendra K Gupta



Placement Details

Palliative Care/Haematology	Prince Philip Hospital, Llanelli
Programme:	FP76A
Band 1B 40%	Rota is 1:7
<p>The F2 doctor is part of a team which includes a consultant haematologist, an F1 doctor and a haematology specialist nurse. Inpatients are seen daily on a consultant led ward round. The team also has responsibility for day-case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital.</p> <p>Palliative Care: The palliative care service includes a consultant, associate specialist, registrar and F1 and has a 7 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients.</p> <p>There are excellent learning opportunities to gain the competencies necessary for the FY2 year. Procedures that can be learnt, other than the core competencies include bone marrow biopsies, PICC and Hickman line removals. There is also the opportunity to gain exposure to laboratory services including blood film and bone marrow reporting.</p>	
Educational Meetings:	Daily Ward Rounds Weekly Med Meeting FY2 Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days
Educational & Clinical Supervisors:	Dr Helen Fielding



GIG
CYMRU
NHS
WALES

Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Placement Details

Emergency Medicine	Glangwili General Hospital, Carmarthen
Programme:	76B
Band 1A – 50%	Rota is 1:5
The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.	
Educational Meetings:	Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year
Educational & Clinical Supervisors	Dr Nigel Waghorne



Placement Details

Trauma & Orthopaedics	Glangwili General Hospital, Carmarthen
Programme:	76C
Band 1B – 40%	Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties
GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for.	
Educational Meetings:	Weekly F2 Core Curriculum teaching (1 hour) Monthly Whole Hospital Audit Meetings held regularly T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year)
Educational & Clinical Supervisors	Mr Rob Yate



Placement Details

General Medicine/Cardiology	Glangwili General Hospital, Carmarthen
Programme:	78A
Band 1B- 40%	Rota is 1:11
<p>The F2 is an integral part of the Cardiology team in GGH, working with an F1, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.</p> <p>F2s take part in a 1:11 on-call rota where they will be on-call with either an F1 or F2 and a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.</p> <p>The F2s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.</p>	
Educational Meetings:	Weekly F2Teaching Medical Dept meeting F2 study days (1 per rotation)
Educational & Clinical Supervisors	Dr Eiry Edmunds



Placement Details

General Practice/Llanelli	Llwynhendy, Llanelli
Programme:	FP78B
Band 1B 40%	rota is 1:7
<ul style="list-style-type: none"> • Consulting with patients at the surgery site, home visiting and by telephone. • Working with other members of the team including GP Registrars and Pharmacist Trainees. • Engaging with the practice meetings (business, MDT, palliative care, Child protection etc). • Engaging with prescribing systems including repeat prescribing and working with the Practice Pharmacist. • Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup, with ample facilities for on-site learning and a dedicated training room with IT support. • May involve on-site learning, attending in-house clinics, or hospital clinics or community services. • It would be advantageous for applicants who apply to be able to drive and have a car. 	
Educational Meetings:	<p>Daily Surgery consultation Home Visits/Review</p> <p>Weekly FY2 Teaching MDT Meeting & Case Discussions</p> <p>Monthly Easy Access to Prince Phillip Hospital for dedicated teaching and training. FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Rachel Devonald Dr Mark Darbyshire / Dr Helen Sykes - GP Trainers



Placement Details

Urology	Glangwili General Hospital, Carmarthen
Programme:	78C
Band 1B – 40%	Rota is 1:5
<p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision.</p> <p>F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p>	
Educational Meetings:	Weekly F2 teaching Departmental teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)
Educational & Clinical Supervisors	Mr Mahmoud Shafii



Placement Details

Specialty: Old age Psychiatry	Prince Philip Hospital, Llanelli
Programme: FP124	
Unbanded	
<p>The post is based in the South Carmarthenshire Old Age Mental Health Services which covers a population of 21,000 within the catchment area. We provide intervention for those who present with mental illness over the age of 70 years. The Unit is called Caebryn in PPH and the inpatient Ward is called Bryngolau Ward.</p> <p>The post holder will work closely with the Consultant covering the South Carmarthenshire Old Age Mental Health Services and you will be provided with a vast experience in inpatient old age ward, community and liaison old age services.</p> <p>You will be supervised daily by the Consultant/Senior colleague and will be well supported throughout your post.</p> <p>There are regular post graduate meetings on a Tuesday morning, including Balint Group and there are ample opportunities to learn about how the MDT works, opportunities for audit and case presentations and clinical governance activities. There are plenty opportunities for research working alongside your Consultant.</p> <p>You will have protected time to attend your Foundation Teaching Programmes.</p> <p>There is no on-call for this post as this is a 9-5 post, however there are opportunities to shadow the on-call Drs if so wished.</p>	
Educational Meetings:	Regular Post graduate meetings. Weekly Postgraduate Academic Programme. Fortnightly On-Call Supervision Sessions/interesting cases.
Educational & Clinical Supervisors:	Dr P.S Gopinath.



Placement Details

General Medicine/Care of the Elderly	Prince Philip Hospital, Llanelli
Programmes: FP124	
Banded TBC	Rota is 1:20
<p>4 month placement in Geriatric& General Medicine, in a busy DGH. Trainee will be a part of 3 - 5 (typically) member team but also working closely within the department of Geriatrics.</p> <p>Trainees will treat mainly unselected emergency Medical intake with continuing care of the majority of patients seen. Daily continuing care of acute Medical, acute Stroke and rehabilitation inpatients. 1:3 care of emergency Stroke patients cover (on rota) in acute stroke unit/ rehabilitation ward.</p> <p>GIM/COTE Foundation post allowing development of necessary core skills including history taking, examination, bedside practical procedures, management of complexity, frailty, stroke. This includes exposure to Movement Disorders Clinic, Neurovascular Clinic, Frailty Clinics and potentially Community Geriatrics. Trainees will work closely with members of multidisciplinary team with focus on communication and team working.</p> <p>There will be opportunities to get involved in QI projects, student teaching and educational activities.</p>	
Educational Meetings:	<p>Daily Ward Rounds</p> <p>Weekly Medical Meeting/ Journal club FY2 Teaching Grand Round COTE departmental meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p>
Educational & Clinical Supervisors:	Dr Mark Sheehan



Placement Details

Emergency Medicine/Minor Injuries Unit	Prince Philip Hospital, Llanelli
Programmes: FP124	
Banding TBC	Rota is 1:20
<p>Working hours will be a mix of 0830-1630 and 1030-1830 shifts.</p> <p>There are no weekend or night shifts in MIU but the doctor would be part of the medical on-call rota.</p> <p>MIU involves working closely with GPs, Advanced Nurse Practitioners, Emergency Nurse Practitioners and other allied health professionals in an unscheduled care setting. You will be well supported and link closely with the Same Day Emergency Care Unit and acute medical on call team in PPH.</p>	
Educational Meetings:	<p>There are regular educational meetings run locally covering minor injuries and remotely in Glangwili covering emergency department topics. There will be opportunities to teach via clinical skills and simulation and to partake in Quality Improvement projects and present at meetings.</p> <p>Weekly F2 Teaching takes place in the Medical Education centre</p>
Educational & Clinical Supervisors:	Dr Sanchia Osborn