

Dental Postgraduate Department

Post Registration Course in **Oral Health Promotion**

This course is designed for qualified, registered dental nurses, who wish to expand their knowledge on Oral Health Promotion.

Course Aim:

To provide the knowledge and skills required to deliver practical oral health promotion to patients, the public, and other health professionals, with a view to achieving favourable changes in behaviour with regards to oral health.

Learning outcomes:

- Develop an understanding of oral health education and oral health promotion and the impact of general health upon oral health.
- Demonstrate skills in the planning and delivery of oral health promotion to targeted groups and individuals via a variety of methods.
- Understand the role of effective communication in health promotion and demonstrate the ability to communicate effectively to a variety of individuals and groups.
- Identify barriers to oral health promotion and methods of overcoming these barriers.
- Understand the concept of planning oral health promotion interventions using a theoretical framework.
- Understand the strategies for effective lesson planning.
- Reflect on your development throughout the course to reinforce the learning gained.

As well as attending compulsory study days, students will need to complete an Oral Health Promotion Portfolio which will include the following:

- A reflective journal of every study session and Oral Health Promotion intervention which will identify professional development.
- A 2-minute peer assessed micro teach session.
- A 10-minute peer and tutor assessed teaching session.
- One supervised oral health group teaching session, observed by a course tutor.
- Seven 1:1 (or small family) oral health teaching sessions, 2 of which must be observed by a qualified clinician, who will provide feedback.
- Two written assignments of between 1500 – 2000 words, one from the group teaching session and one of the individual teaching sessions.
- Written plan for a display board at an exhibition with an evaluation.
- A 10-minute presentation of one of your assignments to your course tutors and peers.
- Your attendance will be submitted as part of the portfolio.

The Dental Postgraduate Department cannot provide the practical experience to complete the Portfolio; this is achieved in your clinic or practice.

Student will be responsible for feeding back progress on the course to their employer.

The course cost of the course is to be confirmed.

An application form is required before candidates can be placed on our list for the next course.