

Key locations

There are 3 regions in Wales where training is offered:

South East

Cardiff (UHW), Newport Royal Gwent, Abergavenney Nevill Hall Hospital, Merthyr Tydfil Prince Charles Hospital and Llantrisant Royal Glamorgan Hospital.

South West

Swansea Singleton Hospital and further District General Hospitals in Bridgend Princess of Wales and Carmarthen West Wales.

North

Wrexham Maelor Hospital and Bangor Ysbyty Gwynedd.

Wales offers an excellent work-life balance, reasonably priced housing, family-friendly environments and good schools. You will be assured of a warm welcome, dedicated and supportive educational supervision and the opportunity to be the best trainee you can be.

For further information see www.walesdeanery.org



Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Useful Contacts:

Health Education and Improvement Wales

heiw@wales.nhs.uk

Trainees in Wales Obstetrics and Gynaecology Society

www.wales.nhs.uk/twogs

Royal College of Obstetricians and Gynaecologists

www.rcog.org.uk

 https://twitter.com/HEIW_NHS

 <https://www.facebook.com/HEIW.NHS>



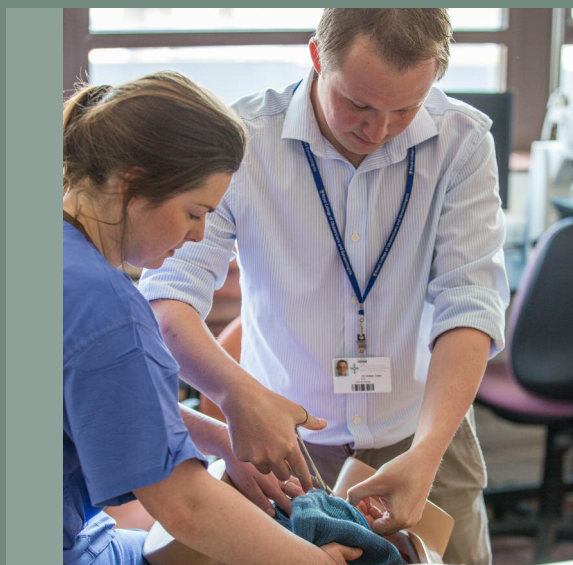
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A CAREER IN:

Obstetrics and Gynaecology



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Specialty Training in Obstetrics and Gynaecology

Obstetrics and Gynaecology (O&G) is an exciting speciality which encompasses both medical and surgical aspects of medicine.

The School of Obstetrics and Gynaecology in Wales is focused on delivering the curriculum and meeting the GMC Generic Standards for medical education and training. Our mission is to help trainees achieve their maximum potential whilst maintaining patient safety. We provide meaningful appraisal and assessment to allow our trainees to develop the practical, intellectual and empathetic qualities essential for a successful career.

Training usually lasts for seven years and there are three distinct stages.

Stage 1 – ST1 and 2

Trainees learn the basics of emergency and elective management of obstetric and gynaecological problems. They develop essential practical skills, such as the management of labour, instrumental deliveries and caesarean sections, as well as minor gynaecological procedures and ultrasound.

Training is undertaken with close supervision from more senior colleagues. Completion of basic skills documented in the e-portfolio log book and these skills and Part 1 MRCOG are required to allow the transition from first to second on call. The transition from first to second on-call is a major way point of training. To facilitate this, we aim to place trainees in the same unit for ST2 and ST3 to allow them to acquire the necessary skills and confidence in an environment where they can develop a close rapport with the multidisciplinary team.

Stage 2 – ST3 to 5

General skills are consolidated; in particular labour ward management and intermediate gynaecological operating skills. Trainees must pass Part 2 of the MRCOG, complete basic ultrasound training and the intermediate levels of their log book. They also start planning for their future career as a consultant by applying for the appropriate Advanced Training Skill Modules (ATSM).



Stage 3 – ST6 to 7

Training is directed towards the individual's special interest and needs.

At least two ATSMs must be completed which will shape the type of consultant the trainee hopes to become. The Wales Deanery provides the widest range of such modules in the UK and has an excellent track record of completion of the modules. The University Hospital of Wales offers the advanced laparoscopic surgery for benign disease ATSM.

Sub-Speciality Training

There are two Sub-Speciality Training in Gynae-oncology based in Cardiff. There are 2 Sexual and Reproductive Health Sub-Speciality Training posts which encompass 18 months of O&G at ST1/2 level.

Notable Achievements

In Wales, In Wales, we are committed to supporting and advancing training in O&G. We have four ultrasound simulators to aid training of obstetric and gynaecology trainees as well as laparoscopic simulators in many units. There is an active simulation group in the Medicentre in Cardiff where surgical training (Welsh Institute of Minimal Access Therapy) and ultrasound courses (Welsh Institute for Women's Health) are regularly run. This is reflected in our high rating on the GMC trainees survey for procedural skills. There is an active trainees group TWOOGs (Trainees in Wales in Obstetrics and Gynaecology) with representation on the Specialist Training Committee. This allows us to respond to trainees' feedback and make positive changes to the programme.

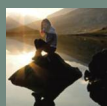
Wales Deanery has previously been voted "most family-friendly Deanery" and in the 2016 GMC Trainee Survey, was ranked top Deanery for overall satisfaction.

Workforce Information

There are approximately 120 consultants in Wales, with 10 units providing training. Currently there are 95 trainees on the programme. We also liaise with the School of General Practice to deliver training to approximately 40 General Practice Trainees.

Future of the Specialty and Developments in Wales

In August 2016, an Educational Contract was introduced for trainees. This agreement ensures that trainees receive a minimum number of antenatal and gynaecological clinics, theatre, dedicated labour ward and ultrasound sessions, supervised ward rounds etc., according to the trainee's level in training. Junior doctors in Wales will be the first in the UK to get ring-fenced time for learning written into their working week. There is ongoing reconfiguration of services across Wales with amalgamation of some smaller units, leading to larger hospitals providing a consultant-led service, with close supervision of trainees even out of hours.



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