

## Highlights from Past GP Trainees

- ▶ "I'd definitely recommend GP Specialty Training in Wales"
- ▶ "the advice and information from the deanery meant that the whole process seemed to run smoothly"
- ▶ "all my questions were answered swiftly and effectively"
- ▶ "any training changes were effectively communicated through the e-portfolio"
- ▶ "there was always as much support as I needed from my Programme Directors"



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## Useful Contacts:

### Health Education and Improvement Wales (HEIW)

**Web:** <https://www.walesdeanery.org/specialty-training>  
and follow the links to GP  
**Email:** [HEIW.gptraining@wales.nhs.uk](mailto:HEIW.gptraining@wales.nhs.uk)

### The National Recruitment Office for General Practice Training

**Web:** <https://gprecruitment.hee.nhs.uk/>  
**Email:** [gpnro@hee.nhs.uk](mailto:gpnro@hee.nhs.uk)

### Royal College of General Practitioners (RCGP)

**Web:** [www.rcgp.org.uk](http://www.rcgp.org.uk)  
**Email:** [info@rcgp.org.uk](mailto:info@rcgp.org.uk)

### General Medical Council (GMC)

**Web:** [www.gmc-uk.org](http://www.gmc-uk.org)  
**Email:** [gmc@gmc-uk.org](mailto:gmc@gmc-uk.org)

### British Medical Association (BMA)

**Web:** [www.bma.org.uk](http://www.bma.org.uk)  
**Email:** [info.web@bma.org.uk](mailto:info.web@bma.org.uk)

 [https://twitter.com/HEIW\\_NHS](https://twitter.com/HEIW_NHS)

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## A CAREER IN:

## General Practice



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## The Specialty of General Practice (GP)

Working in general practice is very different to working in a hospital setting. GP days are hugely varied. No other specialty offers such a wide remit, dealing with everything from pregnant women and babies to sports medicine. The wide clinical mix and varied types of activity is one of its major attractions. The clinical challenges faced in general practice are substantial. General Practitioners must have the expertise to deal with problems involving both the initial and longer term management of patients with acute and chronic physical and mental illness, helping them to understand, accept and try to adapt positively to such conditions. GPs also have the opportunity to develop skills and focussed expertise in particular clinical specialty, educational, political or health service management matters.

## General Practice Training in Wales

The training programme for General Practice in Wales follows UK wide guidelines set out in the Gold Guide for Specialty Training and is fully accredited by the UK body which supervises training, the General Medical Council (GMC). Wales Deanery operates 12 Specialty Training Schemes in Wales.

Wales offers a large variety of environments in which to train. The large cities of Cardiff and Swansea are cosmopolitan centres with lots of culture and strong sporting traditions. District hospitals in Wales act as centres for local GP Specialty Training schemes. These hospitals range from smaller district hospitals in market towns such as those in Aberystwyth, Carmarthen and Haverfordwest to larger hospitals in Swansea and Cardiff.

Further information about the training requirements for general practice, is available from:

<http://gprecruitment.hee.nhs.uk/>

## The GP Specialty Training Programme

GP Specialty training in Wales consists of a mixture of approved hospital and general practice posts. All the Specialty Training Schemes in Wales offer the opportunity to undertake the complete training programme as a three-year scheme.

All GP trainees have outstanding support during their three year training programmes. This includes an Educational Supervisor who is a GP, and each of the 12 Training Schemes are managed by two Programme Directors who are available to provide advice and guidance to GP trainees.

## Single Lead Employer for GP Specialty Trainees

GP Trainees will have one employer for the duration of their training. They will be employed by NHS Wales Shared Service Partnership (NWSSP) hosted by Velindre Trust. The benefits of this for GP trainees include: one skilled source of information for trainees, health boards and GP practices; contracts issued to trainees for the whole of their GP training which will provide continuity of service and consistent treatment of, and advice to, GP trainees across Wales.

## Financial Incentives

Doctors who have started or are due to start their first post of their GP training in Wales in 2017, 2018, 2019 and in February 2020:

- will have their first AKT and CSA examination fees paid for by the Welsh Government,
- will be eligible for a targeted incentive if they choose to train in the following schemes: Aberystwyth, Bangor, Dyffryn Clwyd, Pembrokeshire and Wrexham. (GP trainees who commit to undertake their ST3 year in a training practice in Powys will also be eligible for this incentive).

## Less Than Full-Time Training

Wales Deanery welcomes applications from doctors who wish to train on a less than full-time basis. In both the hospital and GP component of the training programme, flexible trainees are required to work at least 50% of the whole time equivalent.

## Continuing Professional Development (CPD)

Wales Deanery is fully committed to GP CPD. This professional development is informed by well - organised appraisal and further facilitated by a comprehensive programme of training events. Fully qualified GPs are actively encouraged to develop their training skills and become part of the network of trainers and educational supervisors who provide education to the next generation of GP trainees across Wales.

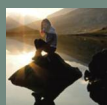
## Foundation Year two posts in General Practice

General Practice posts of four months duration are available as part of Foundation Year two rotations. There are 72 available GPF2 posts spread evenly throughout Wales in any calendar year. The GP placement is in a surgery with a trained GPF2 Educational Supervisor. Further details are available at:

[www.foundationprogramme.nhs.uk](http://www.foundationprogramme.nhs.uk)

## Workforce Information

Recent reforms to the NHS have included changing the GP contract. General practitioners are now not required to work unsociable hours, and get paid to some extent according to their performance, e.g. numbers of patients treated, what treatments were administered, and the health of their catchment area, through the Quality and Outcomes Framework. A full-time GMS or PMS practice partner can now expect to earn around £110,000 before tax, while a salaried GP earns on average £74,000.



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