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Health Education and
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Hywel Dda

University Health Board

Foundation Programme Year 2

Updated: September 2020





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Welcome to West Wales

West Wales provides a wonderful lifestyle opportunity, each of our major sites in Hywel Dda are in coastal areas with beautiful beaches and spectacular mountains within easy reach. Exciting leisure pursuits such as surfing, mountain biking, fishing, sailing, hiking and walking are all available in this locality, famous for its outstanding natural beauty.

The Health Board serves a total population of around 385,615 throughout the counties of Carmarthenshire, Ceredigion and Pembrokeshire.

Working at Hywel Dda University Health Board

The Health Board links with Aberystwyth, Swansea, Cardiff and Bangor Universities, as well as having a good working relationship with the National Library of Wales. Many of our Consultants are affiliated Lecturers, Senior Lecturers and Associate Professors.

Knowledge and Library Services

Hywel Dda University Health Board Library & Knowledge Services offer a wide range of resources, both print and online, and services to all Health Board Staff, Trainees and Students on placement.

Each Library is managed by a qualified Librarian and our friendly and knowledgeable staff are here to support your information needs for patient care, education, quality improvement and research.



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LIBRARY SERVICE



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Carmarthen



Carmarthen is an attractive town set on the banks of the River Towy with stunning landscapes and scenery, nestled between Pembrokeshire and the Gower Peninsula. Explore the idyllic coastline of Carmarthen Bay in the west, the beautiful Brechfa Forest at the centre, and the mountains of Brecon Beacons National Park in the east. Discover historic towns such as Laugharne, which inspired the work of Welsh poet, Dylan Thomas and explore the beautiful National Botanic Garden of Wales.





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Glangwili Hospital



Glangwili General Hospital, located in Carmarthen, is the largest of the four main hospitals in Hywel Dda University Health Board. The hospital provides emergency medicine, general surgery, trauma and orthopaedics and general medical services. Diagnostic and therapies, radiology, midwifery, woman and children's services are also available here.

Glangwili hospital also provides:

- A purpose-built Emergency Unit for emergency admissions.
- The Clinical Decisions Unit providing the highest standard of care for acutely sick patients
- A large modern Adult Critical Care Unit
- Stroke Unit with a dedicated stroke team
- Core cardiac services for the population of Carmarthenshire
- Gastrointestinal bleed services for the southern area of the University Health Board.

Transport Links

Carmarthen offers excellent transport links with close proximity to the M4. There are good road and rail links to Pembrokeshire in the west and Cardiff and England to the east.

Rotations – Master List

August 2021 to July 2022

The Programmes we have to offer are summarised below and detailed on the following pages. There are three vacancies per programme (A, B and C) which create the listed placements each in a different order.

F2 posts at Glangwili General Hospital (highlighted in blue)

(Posts based in Prince Philip Hospital are marked with *)

| Programme | Placement 1 | Placement 2 | Placement 3 |
|-----------|---|--|---|
| 69A | General Medicine/ Respiratory* | General Practice | General Medicine/Care of the Elderly* |
| 69B | General Medicine/Care of the Elderly* | General Medicine/ Respiratory* | General Practice |
| 69C | General Practice | General Medicine/Care of the Elderly* | General Medicine/ Respiratory* |
| 70A | Emergency Medicine | General Surgery | General Medicine/Care of the Elderly |
| 70B | General Medicine/Care of the Elderly | Emergency Medicine | General Surgery |
| 70C | General Surgery | General Medicine/Care of the Elderly | Emergency Medicine |
| 71A | General Medicine/Cardiology* | ENT | General Practice |
| 71B | General Practice | General Medicine/Cardiology* | ENT |
| 71C | ENT | General Practice | General Medicine/Cardiology* |
| 72A | General Medicine/ Gastroenterology* | Obstetrics & Gynaecology | ENT |
| 72B | ENT | General Medicine/ Gastroenterology* | Obstetrics & Gynaecology |
| 72C | Obstetrics & Gynaecology | ENT | General Medicine/ Gastroenterology* |



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|-----|--|--|--|
| 73A | General Medicine/Diabetes* | General Medicine/ Care of the Elderly | Emergency Medicine |
| 73B | Emergency Medicine | General Medicine/Diabetes* | General Medicine/ Care of the Elderly |
| 73C | General Medicine/ Care of the Elderly | Emergency Medicine | General Medicine/Diabetes* |
| 74A | ENT | General Medicine/Respiratory | Emergency Medicine |
| 74B | Emergency Medicine | ENT | General Medicine/Respiratory |
| 74C | General Medicine/Respiratory | Emergency Medicine | ENT |
| 75A | General Medicine/ Gastroenterology | Haematology | Paediatrics |
| 75B | Paediatrics | General Medicine/ Gastroenterology | Haematology |
| 75C | Haematology | Paediatrics | General Medicine/ Gastroenterology |
| 76A | Palliative Care/Haematology* | Trauma & Orthopaedics | Emergency Medicine |
| 76B | Emergency Medicine | Palliative Care/Haematology* | Trauma & Orthopaedics |
| 76C | Trauma & Orthopaedics | Emergency Medicine | Palliative Care/Haematology* |
| 77A | Trauma & Orthopaedics | General Medicine/Diabetes | Emergency Medicine |
| 77B | Emergency Medicine | Trauma & Orthopaedics | General Medicine/Diabetes |
| 77C | General Medicine/Diabetes | Emergency Medicine | Trauma & Orthopaedics |
| 78A | General Medicine/Cardiology | Urology | General Practice |
| 78B | General Practice | General Medicine/Cardiology | Urology |
| 78C | Urology | General Practice | General Medicine/Cardiology |

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.



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Placement Details

| | |
|--|--|
| Emergency Medicine | Glangwili General Hospital, Carmarthen |
| Programmes: | 70A |
| Band 1A – 50% | Rota is 1:5 |
| <p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p> | |
| Educational Meetings: | <p>Weekly F2 Core Curriculum teaching Emergency Department teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year</p> |
| Educational & Clinical Supervisors | Dr Nigel Waghorne |

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|--|---|
| General Medicine/Care of The Elderly | Glangwili General Hospital, Carmarthen |
| Programmes: | 70B |
| Band 1B – 40% | Rota is 1:22 |
| <p><i>The Team consists of two Consultants supervising this post:</i> Dr N Coles- COTE with interest in Frailty and rehabilitation Dr A Gupta- main supervisor- COTE with interest in Osteoporosis and Orthogeriatrics</p> <p>Trainees in this post are bale to learn and practice Evidence Based Medicine in an acute District hospital at Glangwili, Carmarthen. Most of the acute specialties are based here. We work in a friendly environment with easily approachable specialists. The consultant GI Bleed rota is based here out of all 4 hospitals in Hywel DDaUHB. The on- call General Medical rota for acute medical admissions to hospital includes all adult age groups plus elderly patients.</p> <p>On calls are always supervised with a Medical Registrar available on site 24 hours/day. Foundation doctors gain experience of working in the Clinical Decision Unit and Ambulatory care with other Acute Physicians when on call. Consultant is present onsite from 0800 to 2000 during weekdays. Trainees also gain experience of patient management in the Coronary Care Unit during on call.</p> | |



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Foundation trainees also take part in:

Completing ward rounds with mainly 20 beds per ward (Medicine and Frailty) during weekdays plus on occasion looking after patients on outlier wards and ITU (joint care).
Learning broad based acute and long term management of complex challenging / comorbidity/ complexity / polypharmacy / frailty / end of life care / DNAR issues / falls / consent / capacity issues / communication / team working / record keeping
Common bedside procedures
Discussions with families
Liaising with other specialities/professionals
Liaising and understanding Multidisciplinary working
Complicated discharge issues
Role of Day hospital and rehabilitation hospitals
Checking and acting on abnormal blood and scan results
Learning is based on Principles of GMC Good Medical Practice
Supervised by GP trainee, Foundation 2 doctor and Middle Grade doctor
Doing ward rounds is usually not alone and mostly supported by other team doctor(s)
Doing Assessments (DOPS/mini-CEX, CBD)
Participating in Quality Improvement program- encouraged to undertake a QI project/participate in monthly hospital Audit meeting/do mortality reviews of notes
Attend and present at educational activities at the hospital
Consultant is highly supportive for annual leave/study leave
Excellent secretary – arranges lunches on Thursday and Friday many times sponsored by Pharma co with educational opportunity about their products and related science

Educational Meetings:

Weekly F2 teaching and 1 F2 study day per rotation
Weekly postgraduate Monday lunchtime meeting with lunch
Consultant and Middle Grade teaching during Ward Round
Optional OPD clinic on General Medicine and osteoporosis
Encouraged to publish/do research activities.
(Consultant has several publications)
Teaching and coaching at Clinical skills lab at Postgraduate centre
Teaching and coaching towards MRCP examination

Educational & Clinical Supervisors:

Dr Abhaya Gupta



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| General Surgery/ Upper GI | Glangwili General Hospital, Carmarthen |
|--|--|
| Programmes: | 70C |
| Band 2B – 50% | Rota is 1:5 |
| <p>Elective and emergency management of surgical patients (general/upper GI/colorectal) in a typical district general hospital. Particular emphasis on minimal access surgery and endoscopic intervention. Management of critically ill surgical patients.</p> <p>This post offers rounded experience in General and Colorectal surgery across the breadth of speciality. The post also provides experience in assessment and management of emergency surgical and Critically Ill Surgical patients. Under clinical and educational supervision of experienced consultants, the doctor will have opportunities to achieve appropriate competencies and is encouraged to participate in Service Improvement Projects.</p> <p>Post-holder is part of 5 FY1 doctors supported by ANPs, F2/CTs and Registrars under close supervision of Consultants. The work pattern comprises a combination of normal day, Day and Night On-calls on a fully compliant rota.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p> | |
| Educational Meetings: | Weekly F2 Teaching and 1 F2 study day per rotation Lunchtime Surgical teaching. Surgical MDT Wednesday mornings and Friday afternoons |
| Educational & Clinical Supervisors: | Mr Ken Harries |

| General Medicine/Cardiology | | Prince Philip Hospital, Llanelli |
|---|--------------|----------------------------------|
| Programmes: | 71A | |
| Band 1B – 40% | Rota is 1:20 | |
| <p>The team is led by two consultants and consists of two Specialty doctors, 1 x IMT, 1 x Clinical Fellow an FY2 and FY1 trainee.</p> <p>Juniors are expected to attend 4 consultant-led ward rounds per week and one middle grade led ward round. The patient mix is predominantly cardiology and general internal medicine.</p> | | |



Our foundation doctors together with the team, will look after a total of 24 patients on the general cardiology ward but also be involved in the care of 4 patients on CCU. Foundation doctors currently attend a daily ward round in the new ACS treat and repatriate bay catering for acute cardiac patients across the Health board awaiting invasive management at the Morriston Cardiac Centre. This is a very valuable teaching opportunity within the setting of urgent cardiology.

Plans for a full-time ANP to support the foundation/ junior doctors are in place and imminent.

Foundation doctors will be carrying out daily tasks such as core bedside procedures, completing electronic medication take homes and discharge summaries. We have at least two teaching rounds per week where foundation doctors are encouraged to present and discuss cases. The on-call commitment is 1:20 with prospective cover, the foundation doctors will have a mix of on-call responsibilities between clerking patients through the acute medical admissions unit for a largely unselected medical take to providing general ward cover. The foundation doctors are always supervised by a middle grade and consultant during on-call. Trainees are encouraged to attend cardiology clinics, non-invasive and invasive cardiac investigation lists for their own interest and education

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| Educational Opportunities | Weekly F2 Teaching and 1 F2 study day per rotation. Weekly Grand Round, Weekly Departmental Meeting and Journal Club Twice weekly teaching ward rounds Juniors will present cases and a discussion will follow regarding the diagnosis and management Weekly cardiology team meetings where juniors can choose and present topics for discussion |
| Educational & Clinical Supervisors | Dr Lena Izzat |

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|--|-------------------------------|
| General Practice | Avenue Villa, Llanelli |
| Programmes: | 71B |
| Band 1B 40% | Rota is 1:7 |
| <p>Duties include primary care clinic based and procedure based where applicable such as patient assessment, review and management of both acute and long term conditions.</p> <p>Duties and activities suited to clinical sessions</p> <p>1. Supervised or supported consultations within the practice, with a minimum appointment length of 15 and most commonly of 20 minutes for face to face consultations. There will be adequate time provided for at the end of any consulting period to allow a trainee to debrief with the supervising GP.</p> <p>2. Supervised or supported home visits, nursing home visits, community hospital duties including time for debriefing, and travelling.</p> | |



3. Administrative work that directly and indirectly supports clinical care, which includes: reviewing investigations and results, writing referral letters, acting upon clinical letters, preparing reports, general administration.

4. Time spent with other members of the practice and healthcare team for the purposes of care and learning e.g. practice nurses, community nurses, nurses with a role in chronic disease management, receptionists, triage nurses, etc.

5. Time spent with other healthcare professionals who are encountered in primary care e.g. ambulance crews, school nurses, midwives, occupational therapists, physiotherapists, counsellors, to gain a necessary understanding of working relationships within primary care.

6. Time spent with dispensing and pharmacy professionals gaining experience in these areas, especially where a trainee might have duties that require training to be able to assist with dispensing duties, for example.

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| Educational Meetings: | Daily Surgery consultation Home Visits/Review Weekly FY2 Teaching MDT Meeting Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 1 per rotation |
| Educational & Clinical Supervisors: | Dr Bridget Gwynne |

| General Medicine/ENT | Glangwili General Hospital, Carmarthen |
|--|--|
| Programmes: | 71C |
| Band 2B – 50% | Rota is 1:5 |
| <p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> | |



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Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.

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|------------------------------------|---|
| Educational Meetings: | <p>Weekly F2 Core Curriculum teaching.</p> <p>F2 Study Days – 1 per rotation</p> <p>ENT Department teaching</p> <p>Teaching on ENT and urology emergencies at the start of placements to prepare for on-call commitments.</p> <p>On-going educational support for doctors in their daily work.</p> <p>Medical student teaching for students on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.</p> <p>We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p> |
| Educational & Clinical Supervisors | Mr Antony Howarth |

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|--|---|
| General Medicine/ Gastroenterology | Prince Philip Hospital, Llanelli |
| Programmes: | 72A |
| Band 1B – 40% | Rota is 1:5 |
| <p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to, and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as an in-patient in Prince Phillip Hospital including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek</p> | |



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out educational opportunities in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in PPH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. Alongside their usual ward duties the junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.

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|-------------------------------------|---|
| Educational Meetings: | Daily Consultant Ward Rounds Weekly Medical Journal Club FY2 Teaching Grand Rounds Department Teaching Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days (1 per rotation) |
| Educational & Clinical Supervisors: | Dr Ian Rees |

| General Medicine/ENT | Glangwili General Hospital, Carmarthen |
|---|--|
| Programmes: | 72B |
| Band 2B – 50% | Rota is 1:5 |
| <p>The ENT department in West Wales provides the full range of ENT services to a widely dispersed largely rural population. There are three FY2 doctors and 1 FY1 doctor working with a core surgical trainee and GPST at first on-call level. The junior tier is supported by six registrar level doctors including one higher surgical trainee in ENT, and six consultant ENT surgeons. We have a very strong team working ethos and all doctors work closely together and provide support for colleagues as needed. Duties consist of management of elective and emergency inpatients on the adult ENT and paediatric wards. The on-call rota for F2 doctors covers emergency ENT admissions until 8:30pm weekdays and weekends, with cross-cover for ENT and urology admissions overnight. The F1 doctor gains experience in managing general surgical admissions on-call.</p> <p>Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical</p> | |



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cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.

Educational Meetings:

Weekly F1 Core Curriculum teaching.

ENT Department teaching

Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments.

On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.

We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.

Educational & Clinical
Supervisors

Mr Antony Howarth



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| Obstetrics & Gynaecology | | Glangwili General Hospital, Carmarthen |
|---|---|--|
| Programmes: | 72C | |
| Band 2b – 50% | 1 in 11 European time directive compliant Rota. | |
| <p>Foundation trainees are able to join the busy team at the department of Obstetrics and Gynaecology where there are 3200 maternity delivery per annum and 6000-8000 gynae referrals. There are also plenty of opportunities to gain experience in both obstetric and gynae emergencies on the Labour Ward, Antenatal/ Post Natal Ward, Gynae Ward, elective caesarean list and elective gynae theatre. There is an opportunity to attend out-patient clinics of both obstetrics and gynae and to develop clinical skills in the Specialty such as obtaining history, clinical examinations, interpreting results and to formulate management plans. There is also the chance to attend special interest clinics such as hysteroscopy, colposcopy, urodynamics, early pregnancy and antenatal day assessment unit depending on the availability.</p> <p>Foundation Doctors on call during the night are supported by the night Nurse Practitioners as well as direct Registrar supervision. Foundation Doctors attend the Ward round which are supervised by Senior team members. In addition, they have an opportunity to attend the MDT meeting and Risk Management meetings.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p> | | |
| Educational Meetings: | <p>The department has an excellent teaching environment with regular departmental teaching every Wednesday afternoon. There is an opportunity to do presentations and at the same time, participate in audits and other educational activities. Weekly F2 teaching and F2s are regularly released for their foundation study days (1 per rotation).</p> <p>The department has Medical Students both from Cardiff and Swansea, and Foundation Doctors are encouraged to get involved with their teaching.</p> <p>There is monthly PROMPT training and Foundation Doctors are given the chance to attend these as well.</p> | |
| Educational & Clinical Supervisors: | Dr Islam Abdelrahman | |



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|---|--|
| General Medicine/Diabetes & Endocrinology | Prince Philip Hospital, Llanelli |
| Programmes: | 73A |
| Band 1B – 40% | Rota is 1:22 |
| <p>The Team consists of 2 x SPR, 2 x SHO, 1 x FY2, and 1FY1. Juniors are expected to turn up a little earlier in turns (8.45 am) to update the list for ward round. The doctor who comes in at 0845 can leave at 16.45. Ward round usually starts at 9 am. All members of the team attend the ward round and try to complete urgent jobs as they go around and keep the board up to date with jobs for the nurses. Trainees then continue with jobs, chase results and review patients as required until 5pm. It is important to handover any urgent test results or unwell patients to evening SHO/SPR between 4.30pm - 5pm.</p> <p>It is expected at the beginning of the rotation or if possible before starting, to express any planned annual or study leave with the team and rota co-ordinator. This will be granted as per staffing levels.</p> <p>Audit and service development ideas are welcomed in addition to the journal club participation.</p> <p>There will be an opportunity to attend diabetes and endocrine outpatient clinics if interested. On-calls as per rota with senior supervision</p> <p>On-calls as per rota with senior supervision.</p> | |
| Educational Meetings: | <p>Daily Consultant Ward Rounds / Junior Doctors Ward Rounds</p> <p>Weekly Med Meeting FY2 Teaching Grand Round Department Teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days (1 per rotation)</p> |
| Educational & Clinical Supervisors | Dr Akhila Mallipedhi |

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|--|---|
| Emergency Medicine | Glangwili General Hospital, Carmarthen |
| Programmes: | 73B |
| Band 1A – 50% | Rota is 1:5 |
| <p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p> | |
| Educational Meetings: | Weekly |



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| | F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year |
| Educational & Clinical Supervisors | Dr Nigel Waghorne |

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|---|---|
| Specialty/Care of the Elderly Stroke/Parkinson's disease/Rehabilitation | Glangwili General Hospital, Carmarthen |
| Programmes: | 73C |
| Band 1B - 40% | Rota is 1:22 |
| <p>This placement provides the trainee with an opportunity to learn the management of patients with acute stroke and their rehabilitation and it allows the opportunity to learn the management of Parkinson's disease, learn the principles of rehabilitation, and develop experience in the management of acutely ill patients presenting as an emergency. The department encourages active MDT working, which allows the trainee to develop interpersonal relationships and be an effective team player. The department will provide opportunities for diagnostic procedures and audit.</p> <p>Team consists of 1 middle grade, 3 SHO grade, 1XFY1 and 1XFY2. Foundation doctors are expected to attend ward rounds and complete jobs when the ward round finishes. They also attend MDT meetings in the stroke and rehabilitation wards. The doctors spend 2 months of their rotation in the stroke ward and other 2 months in the rehabilitation ward.</p> | |
| Educational Meetings: | Weekly F2 Core Curriculum teaching Medical Meeting – Monday lunchtimes These teaching sessions are in addition to teaching during ward rounds and during post take rounds. The juniors are also encouraged to attend clinics (PD, TIA, General Medical and post stroke follow up) as observers which provide further learning opportunities. The juniors have the opportunity to observe and undertake routine procedures under supervision. The trainee also has the opportunity to take part in the departmental audit activity. |
| Educational & Clinical Supervisors: | Dr Surendra K Gupta |

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|-----------------------------|---|
| General Medicine/ENT | Glangwili General Hospital, Carmarthen |
| Programmes: | 74A |
| Band 2B – 50% | Rota is 1:5 |



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Our department is well staffed with junior doctors which allows ample opportunity for foundation doctors to attend outpatient clinics and spend time in the operating theatre. In addition to gaining the generic competencies required of all doctors we encourage our trainees to improve their experience of outpatient management of common ENT conditions, and many Foundation doctors have been able to start a logbook of surgical cases they have been involved in. This time in theatre stands them in good stead when applying for further training jobs. A significant proportion of our patient group is aged less than 18 which provides paediatric exposure for those doctors considering a career in paediatric medicine or general practice.

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| Educational Meetings: | <p>Weekly F1 Core Curriculum teaching.</p> <p>ENT Department teaching</p> <p>Teaching on ENT and urology emergencies at the start of their placement to prepare for on-call commitments.</p> <p>On-going educational support for doctors in their daily work. We have medical students from Cardiff and Swansea medical schools on attachment and this provides an opportunity for foundation trainees to develop their own teaching skills.</p> <p>We fully support the attendance of our foundation doctors in the regional foundation training days and encourage them to complete ALS, ILS and, where relevant PSA courses. The ENT department also has developed close links with other departments and primary care for the purpose of arranging taster days in other specialties should this be required.</p> |
| Educational & Clinical Supervisors | Mr Antony Howarth |

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|---------------------------|---|
| Emergency Medicine | Glangwili General Hospital, Carmarthen |
| Programmes: | 74B |
| Band 1A – 50% | Rota is 1:5 |



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The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.

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| Educational Meetings: | Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year |
| Educational & Clinical Supervisors | Dr Nigel Waghorne |

| General Medicine/Respiratory | | Glangwili General Hospital, Carmarthen |
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| Programmes: | 74C | |
| Band 1B – 40% | Rota is 1:22 | |
| <p>Daily cover of 19 bedded Respiratory ward plus up to 5 patients in outlying buddy ward, working as part of a team of 1 F1, 1 F2, 1 IMT, 1 Clinical fellow , 1 Specialty Doc and 2 SpR's. 4 consultants. Attending and contributing to two consultant ward rounds per week, one Middle Grade ward round.</p> <p>Clerking and assessment of new patients coming to ward and daily review of patients on the ward. Mini-clerking and preparation of day cases attending the ward for pleural clinic, CT guided biopsies and thoracoscopy.</p> <p>Involvement in weekly thoracoscopy list in rotation with other junior staff on team.</p> <p>Participation on Acute unselected medical take rota for GGH</p> <p>Annual and Study leave is arranged with the wider team to ensure adequate cover, discussed as soon as possible after rotating into the post and once agreed notified to secretary who keeps a wall planner of all staff leave.</p> | | |
| Educational Meetings: | <p>Weekly F2 teaching and F2 study day x1 per rotation</p> <p>Medical dept meeting – lunch provided</p> <p>Resp Medicine teaching session – lunch provided</p> <p>On the Job learning from middle grades and consultants with opportunities for pleural aspiration, USS and Intercostal drain insertion.</p> <p>Opportunities to learn from specialist respiratory nurses, spirometry, NIV, Inhaler technique and selection.</p> <p>Opportunities to experience a wide range of respiratory medicine via ward and OPD and several sub-specialties such as TB, lung cancer, severe asthma, pleural disease, as well as exposure to bronchoscopy including endobronchial ultrasound and thoracoscopy. Pulmonary Rehabilitation is also available on site.</p> | |
| Educational & Clinical Supervisors: | Dr Carol Llewelyn Jones | |



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|---|--|
| General Medicine / Gastroenterology | Glangwili General Hospital, Carmarthen |
| Programmes: | 75A |
| Band 1B 40% | Rota is 1:22 |
| <p>This post offers the opportunity to be part of a friendly and dynamic team of gastroenterology consultants, Dieticians and specialist nurses. The trainee will have the opportunity to have exposure to and be involved in the active management of a wide range of luminal and hepatology related conditions that are seen as in-patients including complex inflammatory bowel disease, Decompensated liver disease, Gastrointestinal malignancies and advanced nutritional related pathologies. The trainee will benefit from regular consultant ward rounds and bed side teaching that will build knowledge and clinical reasoning. All members of the team are encouraged to seek out educational opportunities, in particular attending outpatients to both observe and see patients themselves. Specialist clinics run regularly in GGH including complex IBD, Liver disease comprising of viral hepatitis and post liver transplant follow up alongside general gastroenterology referrals. There will also be an opportunity to attend the endoscopy department to observe both Upper and lower Gastrointestinal endoscopy which will include therapeutics, and all trainees are expected to complete the attachment being competent in performing abdominal paracentesis. The junior doctor will also be part of the general medical rota and have the opportunity to see acutely unwell medical patients being admitted to the acute medical assessment unit while being a part of the Medical emergency Team (MET) and attending acute stroke thrombolysis calls.</p> | |
| Educational Meetings: | <p>Daily Consultant Ward Rounds</p> <p>Weekly</p> <p>F1 Teaching</p> <p>Medical Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly</p> |
| Educational & Clinical Supervisors: | Dr Dafydd Bowen |

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|--|---|
| Paediatrics | Glangwili General Hospital, Carmarthen |
| Programmes: | 75B |
| Band 1A – 50% | Rota is 1:12 |
| <p>This post provides ample opportunity for trainees to gain the competencies necessary to complete FY2. In addition, there is the opportunity to gain experience in the management of critically unwell and injured children and young people, both in the emergency and elective setting. The duty rota is based on normal days, long days and nights in. Trainees are encouraged to attend many other clinical activities including CAMHS, Specialist ENT, Ophthalmology and tertiary clinics. Clinical and educational support is provided by the consultant paediatricians.</p> | |



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There is a 1 in 12 rota covering the paediatric assessment unit, the inpatient ward, Post-natal ward, baby checks, deliveries, SCBU and OPD.

We have 8 consultant paediatricians each with a specialist interest. We provide Level1 + neonatal care and have 4 HDU neonatal beds. We provide care for children and young people from 0-16 years of age and have POSCU (paediatric oncology) services. We also have 3 Paediatric HDU beds. Separate community paediatric clinics are covered by 3 consultants. We also provide experience in safe-guarding children. We regularly hold MRCPCH/DCH clinical examination with 2 consultants being college examiners. Of note, every year 1-2 junior doctors have been successful in obtaining run-through paediatric training.

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| Educational Meetings: | F2 weekly teaching and F2 study day x 1 per rotation Paediatric Grand Round SHO teaching presentation/Evidence based medicine Weekly Open Forum teaching |
| Educational & Clinical Supervisors | Dr Saurabh Patwardhan |

| Haematology | Glangwili General Hospital, Carmarthen |
|--|--|
| Programmes: | 75C |
| Band 1b – 40% | Rota is 1:22 |
| The F2 doctor is part of a team which includes two consultant haematologist, associate specialist, staff grade doctor, an F1 doctor and a haematology specialist nurse. Consultant led ward rounds occur every Monday and Thursday. The team also has responsibility for day case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital. | |
| Educational Meetings: | There is protected teaching time to attend a weekly medical meeting and weekly F2 teaching. Audit meetings are held every 2 months. Audit and quality improvement projects are strongly encouraged and supported during this post. Procedures that can be learnt, other than the core competencies, include bone marrow biopsies, PICC and Hickman line removals. There are also opportunities to gain exposure to laboratory services including blood film and bone marrow reporting. |
| Educational & Clinical Supervisors: | Dr Saran Nicholas |



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| Palliative Care/Haematology | Prince Philip Hospital, Llanelli |
| Programmes: | 76A |
| Band 1B – 40% | Rota is 1:20 |
| <p>The F2 doctor is part of a team which includes a consultant haematologist, an F1 doctor and a haematology specialist nurse. Inpatients are seen daily on a consultant led ward round. The team also has responsibility for day case patients attending for chemotherapy, blood and blood product transfusions in the chemotherapy unit and day hospital.</p> <p>Palliative Care:</p> <p>The palliative care service includes a consultant, associate specialist, registrar and F1 and has a 7 bedded hospice on site. The team also do regular ward rounds providing advice on medical inpatients.</p> | |
| Educational Meetings: | <p>There is protected teaching time to attend a weekly medical journal club and designated F2 Core Curriculum weekly teaching. There is a weekly whole hospital grand round, Journal Club and audit meetings are held every 2 months.</p> <p>Audit and quality improvement projects are strongly encouraged and supported during this post.</p> |
| Educational & Clinical Supervisors: | Dr Rhian Fuge |

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|--|--|
| Emergency Medicine | Glangwili General Hospital, Carmarthen |
| Programmes: | 76B |
| Band 1A – 50% | Rota is 1:5 |
| <p>The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly.</p> | |
| Educational Meetings: | <p>Weekly</p> <p>F2 Core Curriculum teaching</p> <p>Emergency Department teaching</p> <p>Monthly</p> <p>Whole Hospital Audit Meetings held regularly</p> <p>F2 Study Days – 3 per year</p> |
| Educational & Clinical Supervisors | Dr Nigel Waghorne |

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|----------------------------------|---|
| Trauma & Orthopaedics | Glangwili General Hospital, Carmarthen |
| Programmes: | 76C |



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| Band 1B – 40% | Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties |
| GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for. | |
| Educational Meetings: | Weekly F2 Core Curriculum teaching (1 hour) Monthly Whole Hospital Audit Meetings held regularly T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year) |
| Educational & Clinical Supervisors | Mr Rob Yate |

| Trauma & Orthopaedics | Glangwili General Hospital, Carmarthen |
|--|---|
| Programmes: | 77A |
| Band 1B – 40% | Rota is 1:11 on call days and night shifts. T&O only, no cross cover with other specialties |
| GGH is a busy district general hospital which admits general and specialty trauma from across the entire health board. 350-400 hip fractures are admitted per year. We are the designated trauma unit for Hywel Dda within the South Wales Major Trauma Network. There are 2 F2 doctors, 8 Trust grade core trainees, and a surgical scrub practitioner on the SHO level rota. There are 10 middle grade doctors, including 2 higher surgical trainees and 11 consultants undertaking a 1:8 on call. We also have 3 specialist trauma nurses and a consultant physician with an interest in Peri-operative care. We have strong links with Swansea and Cardiff universities and encourage involvement in research and quality improvement activities. Our department ensures appropriate clinical and educational supervision for all junior medical staff and this post prepares all junior doctors well for whichever training programme they wish to apply for. | |
| Educational Meetings: | Weekly F2 Core Curriculum teaching (1 hour) Monthly Whole Hospital Audit Meetings held regularly |



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| | T&O Department meetings (4 hours) Department teaching (2 hours) F2 Study days (3 per year) |
| Educational & Clinical Supervisors | Mr Owain Ennis |

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|---|---|
| Emergency Medicine | Glangwili General Hospital, Carmarthen |
| Programmes: | 77B |
| Band 1A – 50% | Rota is 1:5 |
| The assessment and management of both minor and major presentations to the Emergency Unit under on-site Clinical Supervision. Trainees will be involved in RCEM audits, care of children and Cognitive Assessment in the Elderly. | |
| Educational Meetings: | Weekly F2 Core Curriculum teaching Emergency Department teaching Monthly Whole Hospital Audit Meetings held regularly F2 Study Days – 3 per year |
| Educational & Clinical Supervisors | Dr Nigel Waghorne |

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|--|---|
| General Medicine/Diabetes & Endocrinology | Glangwili General Hospital, Carmarthen |
| Programmes: | 77C |
| Band 1B – 40% | Rota is 1:11 |
| <p>The Department provides excellent training opportunities in General Medicine as well as Diabetes and Endocrinology.</p> <p>Team comprises of 3 Consultants, 1 SpR, 1 IMT, 1 F2, 1F1, 1 Clinical Fellow.</p> <p>4 Diabetes Specialist Nurses.</p> <p>The duties include management of inpatients, attendance at Consultant ward rounds (2-3 per week), completion of discharge summaries, teaching medical students as directed, attendance at clinical meetings and outpatient clinics.</p> <p>There will be clinical meetings in Diabetes and Endocrinology and in General Medicine. Foundation doctors are expected to present clinical cases and contribute to the journal club discussion. All team members are encouraged to undertake a Quality Improvement Project or audit during the attachment.</p> <p>The F2 will be trained in the management of acute presentations in Diabetes and Endocrinology during their ward experience. Experience in the management of diabetes and endocrine disorders will be gained in outpatient clinics. Experience in managing the acutely unwell patients will be gained when attending the daily consultant post-take ward rounds on the admission wards.</p> | |



The duties include supervision and assisting the F1 in the day-to-day management of inpatients, liaison between the F1 and seniors. There is a daily Board Round that the F2 needs to attend and a detailed list of the inpatients that has to be prepared before ward round. There will be exposure to a variety of outpatient clinics and if interested, to work with multidisciplinary members of the Diabetes and Endocrinology team including specialist nurses, dietitians, and podiatrists.

Educational Meetings:

Daily

Ward Rounds – Consultant Ward Round twice a week

Weekly

F2 Core Curriculum Teaching

F2 study days (1 per rotation)

Medical Meeting

Educational & Clinical Supervisors

Dr Stamiatos Zouras

General Medicine/Cardiology

Glangwili General Hospital, Carmarthen

Programmes:

78A

Band 1B- 40%

Rota is 1:11

The F2 is an integral part of the Cardiology team in GGH, working with an F1, Clinical Fellow/IMT/ANP (2 posts) an SPR and a specialty doctor. The team is led by 4 cardiologists who provide daily input to the wards and CCU. The team look after 6 patients in CCU, 6 in the cardiac step-down unit and 10 on Towy Ward (with occasional outlying patients). The junior doctors are given the opportunity to spend time gaining experience in ECG interpretation, basic echocardiography, basic pacing and angiography. More senior doctors are trained in some of the advanced techniques and the junior doctors are encouraged to develop a better understanding of these.

F2s take part in a 1:11 on-call rota where they will be on-call with either an F1 or F2 and a middle grade. A 'twilight' doctor helps in the evenings. There is also a night nurse practitioner on at night to support. There is a consultant presence from 8am-8pm Monday to Friday and for much of the weekend. There is always a consultant on-call from home who is available 24/7.

The F2s are supported to attend educational events in the postgraduate department and are given careers advice and support from the consultants. They are also supported to fulfil the curriculum requirements.

Educational Meetings:

Weekly

F2 Teaching

Medical Dept meeting

F2 study days (1 per rotation)

Educational & Clinical Supervisors

Dr Eiry Edmunds



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|---|---|
| General Practice/Llanelli | Llwynhendy, Llanelli |
| Programmes: | 78B |
| Band 1B 40% | rota is 1:7 |
| <p>Consulting with patients at the surgery site, home visiting and by telephone. Engaging with the practice meetings (business, MDT, palliative care, Child protection etc) Engaging with prescribing systems including repeat prescribing. Weekly Self-directed Learning session, led by trainee and agreed with Ed Sup- may involve on-site learning, attending in-house clinics, or hospital clinics or community services.</p> | |
| Educational Meetings: | <p>Daily Surgery consultation Home Visits/Review</p> <p>Weekly FY2 Teaching MDT Meeting</p> <p>Monthly Whole Hospital Audit Meetings held regularly FY2 Curriculum Teaching days</p> |
| Educational & Clinical Supervisors: | Dr Rachel Devonald |

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|--|--|
| Urology | Glangwili General Hospital, Carmarthen |
| Programmes: | 78C |
| Band 1B – 40% | Rota is 1:5 |
| <p>Daily ward rounds provide excellent opportunities to see acute urological admissions, present new cases to senior colleagues, review scans, ask questions and learn about investigations and treatment of urological cases. The F2 doctor is expected to perform male and female catheterisations on the ward and when attending Urology CNS led clinics, insert cannula, perform blood cultures and learn how to look after emergency admissions under supervision. F2 doctors are encouraged to attend theatre, day surgery units and MDT discussions to see the continuity of care. Foundation doctors have regular core clinical teaching mid-day.</p> <p><i>Due to Covid pathways, there may be the ongoing requirement for F1 doctors who are based at GGH to undertake duties at PPH as this is the elective site in Carmarthenshire. This will also mean that educational and training opportunities will be maximised.</i></p> | |
| Educational Meetings: | <p>Weekly F2 teaching Departmental teaching</p> <p>Monthly Whole Hospital Audit Meetings held regularly F2 Study days (1 per rotation)</p> |
| Educational & Clinical Supervisors | Mr Mahmoud Shafii |

